

Lake Minnetonka Triathlon / Summary Results / 2018



Excelsior, MN  
6/16/2018

Results by:



LAKE MINNETONKA TRIATHLON  
Excelsior Commons - Excelsior, MN - June 16, 2018  
1/2 Mile Swim - 15 Mile Bike - 3 Mile Run

2018 STORM SHORTENED RESULTS

Bib	Name	City	St	Age	Sex	Rank	SWIM	100yd	Trn.1	Rank	BIKE	MPH	Trn.2	Rank	RUN	Pace	FINISH
3	Chris Abbott	Excelsior	MN	30	M	107	17:05	1:57									
4	Dillon Abbott	Wayzata	MN	28	M	109	17:11	1:58									
518	Kristy Abbott	Wayzata	MN	57	F	203	25:12	2:52									
7	Mike Abel	Sartell	MN	50	M	140	18:53	2:09									
9	Joe Adriaens	Elk River	MN	30	M	34	14:23	1:38	4:12								
11	Cody Ahmann	Prior Lake	MN	33	M	120	17:32	2:00									
12	Scott Albrecht	Mound	MN	37	M	70	15:50	1:48									
13	Greg Alexander	Plymouth	MN	40	M	40	14:41	1:41									
15	Jeff Anderegg	Rice Lake	WI	44	M	88	16:29	1:53									
19	Jeremy Anderson	Minnetonka	MN	30	M	51	15:09	1:44									
1	Nathan Ansbaugh	Minneapolis	MN	31	M	7	12:26	1:25	1:01								
24	David Baker	Austin	MN	30	M	198	24:12	2:45									
26	Joe Balster	Prior Lake	MN	39	M	139	18:49	2:09									
28	Matt Bartell	Waconia	MN	51	M	105	17:04	1:57									
32	Amir Berenjian	Minneapolis	MN	34	M	132	18:26	2:06									
37	Mike Blair	Prior Lake	MN	48	M	100	16:55	1:56									
39	Jake Braam	Elysian	MN	27	M	52	15:11	1:44									
44	David Brooks	Brooklyn Park	MN	49	M	128	18:00	2:03									
528	Derek Bye	Burnsville	MN	36	M	157	20:08	2:18									
52	James Carlen	St. Paul	MN	50	M	165	20:53	2:23									
56	Jack Cavanaugh	Saint Louis Park	MN	27	M	202	25:09	2:52									
57	Nathan Cerra	St Louis Park	MN	40	M	172	21:39	2:28									
61	John Chapman	Eagan	MN	45	M	44	14:46	1:41									
63	Chris Chinander	Carver	MN	57	M	216	47:14	54:14									
65	Matthew Colaizy	Minneapolis	MN	42	M	204	25:18	2:53									
68	Ryan Collins	St. Louis Park	MN	42	M	114	17:23	1:59									
69	Jim Conlin	Minneapolis	MN	32	M	75	15:58	1:49									
70	Robert Cooley	Saint Paul	MN	49	M	67	15:41	1:47									
522	Jennifer Coolong	Minnetonka	MN	37	F	29	14:01	1:36									
71	Bill Copenhagen	Minnetonka	MN	42	M	106	17:05	1:57									
527	Jeff Corrigan	Copperas Cove	TX	63	M	167	21:12	2:25									
74	Dalton Crum	Minneapolis	MN	23	M	169	21:22	2:26									
76	John Darda	Minneapolis	MN	41	M	174	21:40	2:28									
80	Carter Deichman	Mankato	MN	17	M	24	13:36	1:33									
82	Stephen Dennison	Maple Grove	MN	23	M	8	12:28	1:25	1:11								
84	Tyler Deutsch	Chanhassen	MN	31	M	123	17:41	2:01									
87	Max Dow	Edina	MN	14	M	11	12:47	1:28									
91	Christophe Ducuns	Excelsior	MN	50	M	160	20:36	2:21									
94	Greg Dummer	Minneapolis	MN	47	M	33	14:12	1:37									
97	Peter Elsham	Plymouth	MN	30	M	126	17:50	2:02									
98	Jake Engelen	Minneapolis	MN	28	M	145	19:38	2:14									
100	James Ericson	Columbia Heights	MN	25	M	82	16:11	1:51									
101	Michael Ervin	Richfield	MN	31	M	179	21:51	2:29									
103	Phillip Falkner	Minneapolis	MN	48	M	32	14:10	1:37									
107	Eduardo Fernandes	Chanhassen	MN	63	M	213	47:24	53:41									
111	Ben Fisher	Minneapolis	MN	23	M	18	13:24	1:32	4:47								
113	Sean Fisher	Maple Grove	MN	41	M	101	16:59	1:56									
115	Greg Fletcher	Chanhassen	MN	63	M	215	47:31	53:47									
117	Suzie Fox	Chaska	MN	34	F	38	14:35	1:40									
118	Brett Frayseth	Minneapolis	MN	43	M	206	26:23	3:00									
128	Jeff Gallenberger	Eden Prairie	MN	35	M	205	25:50	2:57									
129	Cole Garlock	Minnetonka	MN	15	M	184	22:27	2:34									
130	Jim Gaubert	Eagan	MN	52	M	103	17:02	1:57									
131	Robert Gavanda	Minnetonka	MN	29	M	81	16:09	1:51									
137	Peter Goldberg	Minneapolis	MN	29	M	136	18:43	2:08									
138	Mark Goldman	Edina	MN	45	M	137	18:43	2:08									
140	Ross Golla	Minnetonka	MN	39	M	78	16:02	1:50									
142	Tim Goodyear	Minnetonka	MN	51	M	93	16:41	1:54									
144	Jeff Grehner	Bloomington	MN	51	M	22	13:30	1:33									
146	Cloid Green	Richfield	MN	32	M	86	16:25	1:52									
147	Conor Green	Edina	MN	38	M	43	14:44	1:41									
148	Brooks Grossinger	Mayer	MN	41	M	36	14:32	1:39									
149	Adam Grovender	Maple Grove	MN	39	M	13	12:54	1:28									
152	Bob Guenin	Shakopee	MN	46	M	154	20:03	2:17	10:29								
158	Jeff Gustafson	Chanhassen	MN	32	M	57	15:21	1:45									
160	Dan Hackenberg	Eden Prairie	MN	45	M	83	16:17	1:51									
163	Chad Hansen	Rogers	MN	29	M	178	21:49	2:29									
166	Ben Harding	Eden Prairie	MN	43	M	58	15:21	1:45									
169	Stefan Hartung	Minneapolis	MN	52	M	142	18:57	2:10									
170	Alan Haskins	Hugo	MN	42	M	96	16:48	1:55									
171	Samuel Hauck	Rochester	MN	34	M	6	12:22	1:25	1:26								
177	Seth Hilgert	Victoria	MN	40	M	190	22:54	2:37									
178	Colin Hill	Minneapolis	MN	36	M	196	23:50	2:43									
183	David Hoebelheinrich	St. Louis Park	MN	26	M	48	15:04	1:43									
185	Trevor Hohertz	Minnetonka	MN	29	M	77	16:02	1:50									

188	Michael Honnoll	Rogers	MN	45	M	121	17:32	2:00	
193	Hans Hummel	Minnetrista	MN	38	M	124	17:42	2:01	
195	Daniel Hurka	Eagan	MN	37	M	54	15:18	1:45	
199	Brad Jacobson	Delano	MN	33	M	186	22:36	2:35	
202	Frederick Jarvis	Woodbury	MN	36	M	159	20:22	2:19	
203	Tyler Jensch	Minnetonka	MN	33	M	133	18:32	2:07	
532	Anjanette Johnson	Minnetonka	MN	44	F	192	23:10	2:38	1:57
207	Christopher Johnston	Orono	MN	18	M	194	23:21	2:40	
208	David Jones	Edina	MN	48	M	130	18:08	2:04	
542	Andrew Kershaw	Minneapolis	MN	24	M	72	15:54	1:49	
214	Drew Kersten	Minneapolis	MN	39	M	195	23:23	2:40	
217	Chris Khuel	New Market	MN	48	M	63	15:37	1:47	
219	Brian Kirkvold	Excelsior	MN	40	M	3	11:44	1:20	2:50
220	Jason Klema	Maple Grove	MN	43	M	115	17:24	1:59	
223	Alex Kocher	Minneapolis	MN	24	M	113	17:20	1:59	
225	Scott Koke	New Brighton	MN	44	M	16	13:13	1:31	
226	Ben Korrer	Plymouth	MN	31	M	125	17:44	2:01	
228	Phil Kramer	Minneapolis	MN	28	M	207	27:02	3:05	
229	Brent Krause	Maple Grove	MN	36	M	89	16:33	1:53	
234	Craig Laing	Minnetonka	MN	48	M	143	19:04	2:10	
236	Paul Lamers	Apple Valley	MN	36	M	156	20:07	2:18	
239	Denise Lanzelotte	Eden Prairie	MN	59	F	214	47:25	53:41	
242	Hayden Larson	Little Canada	MN	24	M	173	21:40	2:28	
245	David Leard	Rosemount	MN	54	M	65	15:39	1:47	
246	Lisa Lendway	Saint Paul	MN	37	F	39	14:38	1:40	
530	Jim Lester	Minneapolis	MN	34	M	31	14:05	1:36	
247	Jason Lien	St. Paul	MN	46	M	171	21:30	2:27	
249	Jacob Liston	Minneapolis	MN	41	M	85	16:22	1:52	
251	Jason Lorfing	Minneapolis	MN	39	M	211	29:34	3:22	
253	Breckyn Lovaas	Minnetonka	MN	14	M	112	17:18	1:58	7:45
254	Brett Lovaas	Minnetonka	MN	43	M	4	12:16	1:24	1:06
256	Anthony Lutovsky	Eagan	MN	26	M	152	19:50	2:16	
257	Dave MacDougal	Minnetonka	MN	54	M	66	15:40	1:47	4:15
258	James Maercklein	New Brighton	MN	29	M	92	16:37	1:54	
260	Laszlo Magyar	Minnetonka	MN	44	M	182	22:22	2:33	
261	Marcell Magyar	Minnetonka	MN	17	M	146	19:38	2:14	
264	Scott Maloney	Savage	MN	41	M	53	15:17	1:45	
266	Christopher Marshall	Plymouth	MN	47	M	187	22:47	2:36	
269	Alfredo Martel	Minneapolis	PR	52	M	91	16:35	1:53	6:40
271	Travis Mattson	Minneapolis	MN	27	M	170	21:29	2:27	
517	Genevieve McJilton	Deephaven	MN	51	F	201	25:08	2:52	
277	Matthew McKeever	Golden Valley	MN	28	M	27	13:56	1:35	23:28
278	Olivia Mehlhorn	Edina	MN	27	F	15	13:06	1:30	1:09
279	Stephen Meyer	Minneapolis	MN	26	M	20	13:27	1:32	
285	Tyson Molitor	Belgrade	MN	29	M	62	15:35	1:47	
286	Bennett Molitor-Kirsch	Leawood	KS	12	M	98	16:52	1:55	
293	Benjamin Mullin	Lindstrom	MN	38	M	122	17:37	2:01	
297	Andrea Myers	Plymouth	MN	42	F	21	13:27	1:32	0:58
298	Scott Myers	Plymouth	MN	42	M	10	12:39	1:27	1:16
301	James Neal	St Bonifacius	MN	46	M	147	19:39	2:14	
303	Lawrence Nemecek	Minnetrista	MN	51	M	129	18:06	2:04	
304	Tim Nordberg	Chanhassen	MN	37	M	61	15:26	1:46	
305	Daniel Nordlund	St. Louis Park	MN	33	M	208	27:34	3:08	
306	Rick Nordvold	Chaska	MN	47	M	76	16:00	1:49	
307	Riant Northway	Lake Shore	MN	36	M	99	16:54	1:56	
308	Alex Nowak	Minneapolis	MN	26	M	183	22:25	2:33	
311	Bryan Olson	Victoria	MN	51	M	151	19:47	2:15	
315	Nathan Orf	Woodbury	MN	22	M	110	17:14	1:58	
316	Storm Otis	Bloomington	MN	27	M	212	30:00	3:25	
320	Dmitri Pankratov	Bloomington	MN	40	M	90	16:33	1:53	
321	Patrick Parish	Minneapolis	MN	33	M	28	13:58	1:36	0:50
523	Amit Parnerkar	Eagan	MN	41	M	188	22:48	2:36	
325	Paul Pasko	Minnetonka	MN	53	M	2	8:51	1:01	
329	Moshe Peri	Minnetonka	MN	41	M	25	13:38	1:33	
331	Jake Peterson	Grand Forks	ND	33	M	193	23:16	2:39	
336	Chris Putnam	Shorewood	MN	50	M	189	22:50	2:36	
339	John Quant	Las Vegas	NV	35	M	209	27:41	3:09	
340	Sean Quinn	Minneapolis	MN	26	M	87	16:25	1:52	
347	Dan Reitsma	Carver	MN	40	M	164	20:45	2:22	
350	Steven Reutiman	Minnetonka	MN	35	M	69	15:49	1:48	
352	Caius Rickard	Minneapolis	MN	27	M	19	13:25	1:32	
353	John Ridler	Chaska	MN	50	M	168	21:15	2:25	
2	Christina Roberts	Saint Louis Park	MN	32	F	5	12:17	1:24	0:59
356	Jordan Roby	St. Louis Park	MN	28	M	17	13:23	1:32	0:54
357	Eric Roesner	Minnetonka	MN	43	M	64	15:39	1:47	5:01
359	Michael Rogers	Minnetonka	MN	53	M	163	20:44	2:22	
362	Anthony Roman	Minneapolis	MN	34	M	49	15:04	1:43	
363	Kyle Rooney	Minnetonka	MN	41	M	55	15:19	1:45	
364	Brian Ropers-Huilman	Saint Paul	MN	49	M	45	14:48	1:41	
367	Michael Rosow	Minneapolis	MN	42	M	144	19:37	2:14	
369	Coleen Rowley	Apple Valley	MN	63	F	218	48:36	54:44	
516	Jeb Rowley	Apple Valley	MN	22	M	134	18:32	2:07	6:53
524	Meg Rowley	Apple Valley	MN	25	F	161	20:42	2:22	
371	Ken Saddler	Wayzata	MN	53	M	118	17:29	2:00	
372	Seth Salenger	Minneapolis	MN	35	M	97	16:50	1:55	
374	Pablo Sanchez	Saint Louis Park	MN	33	M	80	16:04	1:50	
379	Brian Schallhammer	St. Paul	MN	46	M	56	15:19	1:45	
380	Mark Schimke	Chanhassen	MN	43	M	108	17:08	1:57	
381	John Schmidt	Maple Grove	MN	28	M	111	17:16	1:58	
382	Nick Schmitz	Minnetonka	MN	30	M	176	21:47	2:29	
537	Brian Schroepfer	Green Bay	WI	40	M	35	14:30	1:39	
387	Andy Schwandt	Prior Lake	MN	42	M	197	24:11	2:45	
388	Phil Sconzert	Minneapolis	MN	30	M	30	14:03	1:36	3:55
391	Jason Sedlak	Bloomington	MN	43	M	155	20:04	2:17	
394	Kole Seiler	Minneapolis	MN	28	M	73	15:55	1:49	
397	Jacob Selseth	Long Lake	MN	44	M	162	20:43	2:22	
398	Owen Sessions	Minneapolis	MN	28	M	191	22:57	2:37	
399	Brad Severson	Minnetonka	MN	51	M	94	16:45	1:55	
401	Aaron Sieben	Richfield	MN	32	M	199	24:18	2:46	
403	Michael G. Simon	Stillwater	MN	48	M	153	19:59	2:17	
540	Robert Simson	Minnetonka	MN	26	M	23	13:33	1:33	
405	Francis Slaughter	Minneapolis	MN	25	M	185	22:34	2:34	
410	Marc Sontowski	Chanhassen	MN	35	M	60	15:24	1:45	
412	Phan Spencer	Apple Valley	MN	38	M	95	16:46	1:55	

414	Don Steenson	Plymouth	MN	47	M	12	12:50	1:28	
415	Isaiah Steinbart	Hartland	WI	29	M	71	15:51	1:49	
419	Charleen Stoeckel	Plymouth	MN	37	F	217	479:19	54:28	
420	Kristian Stoeckel	Plymouth	MN	45	M	74	15:56	1:49	
422	Mark Stuhlmüller	Excelsior	MN	51	M	149	19:44	2:15	
423	Daniel Sullivan	Carver	MN	44	M	131	18:26	2:06	
424	Ryan Sullivan	Chanhassen	MN	40	M	166	20:59	2:24	
427	Erik Swensen	Corcoran	MN	25	M	138	18:46	2:08	
428	Greg Swenson	Rogers	MN	49	M	47	15:01	1:43	
429	Kyle Swenson	Rogers	MN	16	M	14	12:55	1:28	
439	Billy Thureson	Maple Grove	MN	24	M	42	14:43	1:41	4:10
442	Daniel Trajano	Savage	MN	51	M	68	15:47	1:48	
444	Henry Trajano	Savage	MN	17	M	141	18:57	2:10	
445	Jason Tran	Farmington	MN	38	M	210	29:31	3:22	
446	Daniel Traverzo	Bloomington	MN	24	M	26	13:52	1:35	6:30
448	Joe Traxler	Victoria	MN	24	M	175	21:44	2:29	
454	Adam Valen	Glencoe	MN	26	M	181	22:20	2:33	
455	Andrew Valen	St. Paul	MN	29	M	150	19:45	2:15	
525	Joan Van Camp	Excelsior	MN	54	F	127	17:58	2:03	
526	John Vanderpoel	Edina	MN	55	M	59	15:22	1:45	
463	Jason Wagner	Minneapolis	MN	39	M	177	21:49	2:29	
465	Brandon Walts	Minneapolis	MN	43	M	37	14:34	1:40	
468	Dustin Warner	Eden Prairie	MN	51	M	116	17:26	1:59	
470	Ryan Watts	Minneapolis	MN	41	M	135	18:42	2:08	
471	Mike Wayman	Coon Rapids	MN	44	M	41	14:42	1:41	
472	Tom Webb	Chaska	MN	27	M	102	17:00	1:56	
481	Darren Whipp	Victoria	MN	44	M	180	22:09	2:31	
487	Peter Wikman	Minneapolis	MN	24	M	84	16:21	1:52	
488	Chris Wilhoit	Saint Louis Park	MN	48	M	1	8:33	0:59	
489	Spencer Williams	Mound	MN	24	M	79	16:03	1:50	2:59
490	Troy Williams	Savage	MN	35	M	50	15:06	1:43	
492	Benjamin Wilson	Minneapolis	MN	29	M	158	20:16	2:19	
493	Garrett Wilson	Edina	MN	47	M	104	17:02	1:57	
494	James Wilson	Rosemount	MN	41	M	119	17:30	2:00	
497	Bradley Woodford	Minneapolis	MN	23	M	9	12:31	1:26	1:20
500	Rob Yanda	Chanhassen	MN	38	M	200	24:54	2:50	
501	Andrew Zabel	Sartell	MN	38	M	46	15:01	1:43	1:58
502	Andrew Zetocha	Fargo	ND	28	M	148	19:43	2:15	