

LAKE MINNETONKA TRIATHLON
 Long Lake Regional Park - Excelsior, MN - June 16, 2012
 1/2 Mile Swim - 14.5 Mile Bike - 3 Mile Run

Place	Div/Tot	Bib Name	City	St	Age	Sex	Rank	SWIM	100yd	Trn.1	Rank	BIKE	MPH	Trn.2	Rank	RUN	Pace	FINISH
1	1/11	187 Brooks Grossinger	Mayer	MN	35	M	16	10:44	2:09	1:00	3	35:53	24.2	0:52	1	16:28	5:30	1:04:56
2	2/11	329 Brett Lovaas	Minnetonka	MN	37	M	2	9:51	1:59	0:49	9	36:36	23.8	0:44	4	17:41	5:54	1:05:39
3	3/11	237 Sam Janicki	Vadnais Heights	MN	26	M	19	11:02	2:13	0:59	2	35:46	24.3	0:33	6	17:59	6:00	1:06:17
4	4/11	462 Tony Schiller	Eden Prairie	MN	53	M	17	10:47	2:10	1:17	1	35:28	24.5	0:40	8	18:33	6:11	1:06:43
5	5/11	460 John Schelp	Maple Grove	MN	40	M	6	10:23	2:05	1:00	7	36:14	24.0	0:57	16	19:04	6:22	1:07:35
6	6/11	182 Jeff Grebner	Saint Paul	MN	45	M	7	10:24	2:05	1:13	4	36:08	24.1	1:02	14	19:00	6:20	1:07:45
7	7/11	68 Mike Buenting	Chanhassen	MN	37	M	62	12:47	2:34	1:37	5	36:09	24.1	0:33	2	16:57	5:39	1:08:01
8	1/25	46 Josh Bertelson	Minnetonka	MN	32	M	13	10:34	2:07	0:57	11	37:04	23.5	1:02	11	18:42	6:14	1:08:16
9	2/25	586 Andy Wiberg	Eden Prairie	MN	33	M	60	12:42	2:33	1:11	8	36:22	23.9	1:09	3	17:11	5:44	1:08:34
10	1/1	612 Preston Youngdahl	Wayzata	MN	22	M	9	10:26	2:06	1:51	10	36:53	23.6	0:49	26	19:41	6:34	1:09:39
11	1/44	66 Robert Brown	Hopkins	MN	37	M	36	11:37	2:20	1:09	23	38:04	22.9	0:41	7	18:18	6:06	1:09:46
12	8/11	133 Andrew Eichelman	Greenwood	MN	43	M	12	10:33	2:07	1:59	19	37:51	23.0	1:09	9	18:33	6:11	1:10:02
13	1/7	610 Cathy Yndestad	Rosemont	MN	33	F	5	10:22	2:05	1:11	31	38:47	22.4	0:33	20	19:21	6:27	1:10:11
14	9/11	107 Michael Danielson	Tonka Bay	MN	48	M	21	11:09	2:14	1:35	29	38:42	22.5	1:08	5	17:47	5:56	1:10:18
15	1/47	37 Kurt Becker	Afton	MN	45	M	3	10:10	2:02	1:17	25	38:06	22.8	0:42	40	20:21	6:47	1:10:35
16	2/44	592 Aaron Wilson	Eden Prairie	MN	38	M	45	12:05	2:25	1:10	18	37:44	23.1	0:39	19	19:20	6:27	1:10:57
17	10/11	162 Chris Frykman	Minneapolis	MN	35	M	69	13:00	2:36	1:27	6	36:11	24.0	0:38	31	19:56	6:39	1:11:10
18	3/44	371 Thomas Morgan	Minneapolis	MN	37	M	97	13:29	2:42	0:57	14	37:23	23.3	0:54	10	18:36	6:12	1:11:18
19	1/19	10 Jack Alexander	San Antonio	TX	57	M	46	12:10	2:26	1:00	26	38:09	22.8	0:50	24	19:41	6:34	1:11:48
20	3/25	396 Christian Oestreich	Minnetonka	MN	33	M	33	11:26	2:18	1:35	32	38:51	22.4	0:39	22	19:28	6:30	1:11:57
21	11/11	221 Brian Holthus	Vadnais Heights	MN	54	M	14	10:35	2:07	1:20	12	37:18	23.3	1:34	69	21:27	7:09	1:12:12
22	1/36	399 Kevin Olson	Orono	MN	53	M	24	11:13	2:15	1:06	16	37:28	23.2	0:41	86	21:46	7:16	1:12:14
23	1/59	488 Tim Sosnowski	Eden Prairie	MN	41	M	22	11:09	2:14	1:40	30	38:45	22.5	1:04	27	19:44	6:35	1:12:21
24	2/59	381 Kevin Nelson	St Paul	MN	41	M	89	13:21	2:41	1:11	17	37:42	23.1	1:03	17	19:15	6:25	1:12:31
25	2/36	556 Kirk Vesterstein	Duluth	MN	50	M	99	13:31	2:43	1:58	15	37:25	23.3	0:48	13	18:58	6:20	1:12:38
26	4/25	181 Nick Greb	Windsor Heights	IA	30	M	44	12:00	2:24	1:18	28	38:35	22.5	0:48	35	20:06	6:42	1:12:45
27	2/47	54 Douglas Boehme	Woodbury	MN	46	M	39	11:43	2:21	1:37	27	38:11	22.8	0:45	42	20:31	6:51	1:12:45
28	4/44	444 Micah Roberts	Eden Prairie	MN	37	M	18	10:52	2:11	1:31	21	37:56	22.9	1:00	72	21:29	7:10	1:12:46
29	5/25	38 Scott Beesley	St. Paul	MN	34	M	53	12:26	2:30	1:18	35	39:15	22.2	0:53	12	18:56	6:19	1:12:47
30	3/36	173 Dave Goldberg	Excelsior	MN	51	M	26	11:14	2:15	1:22	51	40:19	21.6	0:44	34	20:03	6:41	1:13:41
31	2/7	506 Nordica Stocker	Minneapolis	MN	26	F	31	11:22	2:17	1:03	46	39:52	21.8	0:53	49	20:50	6:57	1:13:57
32	3/7	589 Liv Williamsen	Chanhassen	MN	34	F	27	11:15	2:15	1:21	49	40:02	21.7	0:51	44	20:33	6:51	1:14:00
33	4/36	311 Brian Lavelle	Chaska	MN	50	M	37	11:39	2:20	1:21	47	39:52	21.8	0:46	41	20:27	6:49	1:14:03
34	3/59	50 Mike Blair	Prior Lake	MN	42	M	80	13:13	2:39	1:32	22	38:01	22.9	0:47	43	20:33	6:51	1:14:04
35	4/59	26 Omar Awad	Shoreview	MN	43	M	11	10:30	2:06	1:37	65	41:17	21.1	1:06	28	19:48	6:36	1:14:16
36	4/7	189 Jan Guenther	Mound	MN	53	F	55	12:29	2:30	1:23	43	39:43	21.9	1:05	25	19:41	6:34	1:14:19
37	5/7	520 Laura Swartz	St. Louis Park	MN	45	F	92	13:22	2:41	1:25	33	38:51	22.4	1:01	29	19:49	6:37	1:14:26
38	6/25	492 Tim Staloch	Minneapolis	MN	31	M	75	13:04	2:37	1:31	41	39:42	21.9	1:00	18	19:19	6:27	1:14:34
39	1/17	606 Zach Wood	Hopkins	MN	27	M	1	9:34	1:55	2:02	82	42:01	20.7	0:46	37	20:15	6:45	1:14:36
40	3/47	281 David Knack	Prior Lake	MN	49	M	50	12:16	2:28	1:44	44	39:47	21.9	0:41	36	20:12	6:44	1:14:38
41	6/7	485 Ann Snuggerud	Chaska	MN	44	F	28	11:17	2:16	1:22	92	42:22	20.5	0:58	23	19:30	6:30	1:15:27
42	1/6	70 Gabrielle Bunten	Forest Lake	MN	20	F	8	10:25	2:05	1:42	71	41:36	20.9	0:57	58	21:06	7:02	1:15:44
43	1/15	528 Chad Thompson	Victoria	MN	42	M	78	13:07	2:38	2:01	13	37:20	23.3	0:53	126	22:52	7:38	1:16:10
44	2/19	150 Skip Fitting	Buffalo	MN	57	M	123	13:54	2:47	1:24	42	39:43	21.9	0:53	39	20:20	6:47	1:16:13
45	4/47	497 Gregg Steiger	Minnetonka	MN	46	M	145	14:16	2:52	1:29	20	37:52	23.0	1:25	66	21:20	7:07	1:16:21
46	5/59	346 Pearce McCarty	Chanhassen	MN	42	M	146	14:17	2:52	1:57	24	38:05	22.8	1:07	68	21:24	7:08	1:16:49
47	6/59	102 Bill Currie	Chanhassen	MN	42	M	23	11:11	2:15	1:46	36	39:16	22.2	0:41	177	24:05	8:02	1:16:57
48	5/44	527 Shawn Thomas	Eden Prairie	MN	39	M	113	13:45	2:45	1:49	55	40:49	21.3	0:58	30	19:52	6:38	1:17:12
49	2/17	184 Dan Greer	Spring Park	MN	26	M	122	13:54	2:47	1:34	34	38:53	22.4	0:47	95	22:07	7:23	1:17:13
50	5/47	473 Eric Showers	Minnetonka	MN	49	M	71	13:01	2:37	1:39	50	40:19	21.6	0:46	85	21:46	7:16	1:17:28
51	1/47	222 Angie Hop-Mracek	Rosemount	MN	41	F	42	11:57	2:24	1:53	62	41:00	21.2	0:49	92	21:54	7:18	1:17:31
52	5/36	543 John Trettel	Excelsior	MN	53	M	119	13:52	2:47	2:05	88	42:10	20.6	0:45	15	19:03	6:21	1:17:53

53	3/17	525 Andrew Tewksbury	St Louis Park	MN	28 M	147	14:17	2:52	1:30	66	41:25	21.0	0:54	32	19:58	6:40	1:18:03
54	6/36	376 Paul Mullaney	Chanhassen	MN	51 M	32	11:25	2:17	2:03	64	41:14	21.1	1:03	103	22:22	7:28	1:18:05
55	7/7	387 Jen Neuman	Ramsey	MN	42 F	118	13:50	2:46	1:16	60	40:57	21.2	1:09	60	21:07	7:03	1:18:18
56	2/47	103 Juli Currie	Chanhassen	MN	40 F	70	13:00	2:36	1:41	90	42:14	20.6	0:44	53	20:57	6:59	1:18:34
57	7/25	574 Nicholas Ward	Golden Valley	MN	33 M	110	13:41	2:45	1:18	87	42:09	20.6	1:00	46	20:39	6:53	1:18:45
58	6/47	550 Thorn Turner	Shorewood	MN	49 M	30	11:19	2:16	1:56	123	43:31	20.0	0:59	57	21:02	7:01	1:18:46
59	1/3	541 Nick Traxler	Deephaven	MN	17 M	106	13:38	2:44	1:07	129	43:39	19.9	1:06	21	19:24	6:28	1:18:52
60	7/59	539 Paul Traczyk	Shoreview	MN	42 M	105	13:37	2:44	1:46	54	40:44	21.4	0:54	91	21:53	7:18	1:18:53
61	8/25	428 Stan Pohmer	St. Louis Park	MN	33 M	114	13:46	2:46	1:57	85	42:08	20.6	1:05	33	20:03	6:41	1:18:57
62	4/17	464 Tyler Schmidt	Hopkins	MN	26 M	10	10:30	2:06	2:01	94	42:33	20.4	1:34	109	22:32	7:31	1:19:08
63	3/19	156 Greg Franzen	Plymouth	MN	57 M	57	12:31	2:31	1:46	86	42:08	20.6	1:05	88	21:51	7:17	1:19:20
64	7/47	567 Tim J Walker	Minnetonka	MN	45 M	117	13:49	2:46	2:00	37	39:22	22.1	0:45	157	23:33	7:51	1:19:27
65	8/59	325 David Liske	Saint Louis Park	MN	40 M	174	14:47	2:58	1:42	53	40:30	21.5	0:54	80	21:40	7:14	1:19:30
66	9/59	257 Marc Justinak	Excelsior	MN	43 M	209	15:16	3:04	1:26	38	39:29	22.0	1:05	102	22:18	7:26	1:19:31
67	6/44	59 Doug Bolster	Eden Prairie	MN	39 M	54	12:28	2:30	2:26	128	43:36	20.0	0:57	38	20:18	6:46	1:19:43
68	2/15	491 Josh Stahl	Minnetonka	MN	43 M	125	13:55	2:47	1:28	48	39:52	21.8	0:53	162	23:43	7:55	1:19:49
69	4/19	169 Paul Glade	Cedar Falls	IA	57 M	187	15:01	3:01	1:11	68	41:33	20.9	1:04	64	21:12	7:04	1:20:00
70	3/15	352 Steven McPherson	Richfield	MN	38 M	151	14:22	2:53	1:11	70	41:36	20.9	1:08	84	21:46	7:16	1:20:01
71	3/47	153 Sarah Foley	Cologne	MN	41 F	91	13:21	2:41	1:29	105	43:02	20.2	0:58	65	21:12	7:04	1:20:01
72	7/44	207 Chris Hawes	Minneapolis	MN	38 M	72	13:04	2:37	2:02	63	41:13	21.1	0:59	122	22:49	7:37	1:20:06
73	8/47	264 Edward Kelly	Saint Paul	MN	47 M	68	12:57	2:36	3:03	52	40:22	21.6	0:44	133	23:04	7:42	1:20:08
74	7/36	48 John Bird	Chanhassen	MN	50 M	47	12:13	2:27	2:01	83	42:05	20.7	1:10	116	22:42	7:34	1:20:09
75	8/36	34 Patrick Baskfield	Madelia	MN	54 M	181	14:59	3:00	1:41	39	39:35	22.0	2:50	63	21:11	7:04	1:20:13
76	9/47	24 Mark Augdahl	Chaska	MN	46 M	90	13:21	2:41	2:02	104	42:58	20.2	1:06	52	20:53	6:58	1:20:19
77	10/47	318 Andy Leier	Shakopee	MN	46 M	191	15:04	3:01	2:09	80	41:57	20.7	1:05	50	20:50	6:57	1:21:04
78	1/27	362 Lynne Miller	Elk River	MN	38 F	162	14:31	2:55	2:02	109	43:06	20.2	0:41	48	20:47	6:56	1:21:06
79	8/44	616 Aaron Zinter	Saint Louis Park	MN	35 M	204	15:13	3:03	1:44	76	41:49	20.8	0:53	74	21:32	7:11	1:21:10
80	9/36	509 Dan Stone	Maple Grove	MN	54 M	180	14:56	3:00	1:46	40	39:35	22.0	3:26	78	21:38	7:13	1:21:18
81	10/36	585 John Weum	Eden Prairie	MN	51 M	20	11:08	2:14	1:34	114	43:12	20.1	1:17	187	24:12	8:04	1:21:21
82	1/26	138 Leslie Englert	Maple Grove	MN	45 F	83	13:15	2:39	1:31	100	42:49	20.3	1:07	117	22:42	7:34	1:21:23
83	5/19	12 Mark Ambrosen	Excelsior	MN	58 M	128	14:00	2:48	2:07	69	41:34	20.9	1:07	113	22:38	7:33	1:21:23
84	9/44	590 Steven Williamsen	Chanhassen	MN	37 M	96	13:28	2:42	1:52	57	40:51	21.3	1:06	184	24:09	8:03	1:21:24
85	11/36	474 Wayne Siegel	St. Louis Park	MN	50 M	237	15:47	3:10	3:16	58	40:54	21.3	0:44	54	20:57	6:59	1:21:36
86	2/27	170 Christine Glaze	Eden Prairie	MN	36 F	111	13:43	2:45	1:48	143	44:07	19.7	0:58	59	21:06	7:02	1:21:41
87	11/47	440 Bob Revoir	Plymouth	MN	48 M	194	15:06	3:02	2:08	91	42:17	20.6	1:01	73	21:30	7:10	1:22:01
88	2/3	114 Stephen Dennison	Maple Grove	MN	17 M	35	11:35	2:19	1:25	182	45:35	19.1	1:25	93	22:03	7:21	1:22:01
89	12/36	90 Thomas Coles	Apple Valley	MN	51 M	88	13:20	2:40	2:28	78	41:54	20.8	1:19	138	23:10	7:44	1:22:09
90	5/17	152 Bryan Flood	Richfield	MN	25 M	196	15:09	3:02	1:52	117	43:16	20.1	1:05	56	20:58	7:00	1:22:18
91	6/19	307 Peter Lancaster	Minneapolis	MN	57 M	94	13:25	2:41	2:32	81	41:58	20.7	1:33	127	22:53	7:38	1:22:20
92	4/15	575 Seth Warren	Plymouth	MN	25 M	87	13:20	2:40	1:59	152	44:18	19.6	1:24	70	21:27	7:09	1:22:26
93	12/47	358 Troy Meyer	Victoria	MN	46 M	154	14:27	2:54	2:12	77	41:49	20.8	1:07	128	22:54	7:38	1:22:26
94	10/44	57 Nate Boike	St. Louis Park	MN	39 M	124	13:55	2:47	1:38	56	40:49	21.3	1:02	234	25:14	8:25	1:22:36
95	11/44	164 Brett Furber	Minneapolis	MN	35 M	43	12:00	2:24	2:08	131	43:45	19.9	1:17	153	23:30	7:50	1:22:38
96	9/25	108 Joseph Daniski	Minnetonka	MN	34 M	240	15:50	3:10	2:07	67	41:28	21.0	0:59	100	22:17	7:26	1:22:39
97	10/59	121 Jason Dohm	Milaca	MN	43 M	56	12:30	2:30	2:28	84	42:05	20.7	1:14	198	24:24	8:08	1:22:40
98	1/8	348 Colleen McCormick	Isanti	MN	50 F	132	14:02	2:49	1:49	140	43:55	19.8	1:34	71	21:28	7:10	1:22:47
99	11/59	89 Bradley Close	Orono	MN	43 M	202	15:13	3:03	1:44	124	43:32	20.0	0:54	77	21:37	7:13	1:22:57
100	12/44	372 Brian Morrison	Coon Rapids	MN	38 M	25	11:13	2:15	2:11	197	46:03	18.9	1:04	129	22:54	7:38	1:23:24
101	2/26	531 Millicent Thewatt	Lakeville	MN	49 F	51	12:21	2:29	2:21	158	44:32	19.5	1:02	141	23:12	7:44	1:23:25
102	3/27	393 Jenny O'Brien	Sioux Falls	SD	37 F	177	14:53	2:59	2:11	161	44:36	19.5	0:57	51	20:51	6:57	1:23:27
103	2/8	278 Amy Klosterman	White Bear Lake	MN	50 F	65	12:51	2:35	1:42	145	44:08	19.7	0:37	189	24:14	8:05	1:23:30
104	13/44	204 Alan Haskins	Hugo	MN	36 M	121	13:53	2:47	1:45	113	43:12	20.1	1:22	146	23:20	7:47	1:23:30
105	12/59	611 Jack Youngberg	Eden Prairie	MN	41 M	170	14:42	2:57	2:07	116	43:15	20.1	1:06	105	22:25	7:29	1:23:33
106	13/47	324 Dave Link	Eden Prairie	MN	45 M	102	13:33	2:43	2:06	102	42:57	20.3	0:55	182	24:07	8:03	1:23:35
107	13/59	22 Greg Asplund	Excelsior	MN	40 M	100	13:32	2:43	2:25	122	43:30	20.0	1:57	97	22:14	7:25	1:23:35
108	4/27	214 Deb Hess	St. Paul	MN	35 F	179	14:55	2:59	1:58	137	43:52	19.8	1:04	87	21:50	7:17	1:23:38
109	1/21	608 Shannon Worum	Golden Valley	MN	32 F	188	15:02	3:01	2:54	120	43:25	20.0	1:16	61	21:08	7:03	1:23:42
110	7/19	326 Frank Lombardo	Lakeville	MN	58 M	214	15:18	3:04	1:39	95	42:36	20.4	1:27	120	22:47	7:36	1:23:45
111	4/47	404 Nicole Osmundson	Sioux Falls	SD	41 F	173	14:47	2:58	1:53	127	43:35	20.0	0:44	124	22:50	7:37	1:23:47

112	13/36	97 Darrell Coyle	Prior Lake	MN	50 M	115	13:47	2:46	2:12	75	41:49	20.8	2:17	170	23:52	7:58	1:23:55
113	14/47	315 David (morse) Leavenwort	Orono	MN	45 M	143	14:12	2:51	1:29	157	44:32	19.5	0:56	134	23:05	7:42	1:24:11
114	5/47	640 Sara Ahlquist	Minnetonka	MN	42 F	144	14:16	2:52	1:42	154	44:24	19.6	0:55	150	23:26	7:49	1:24:41
115	3/26	540 Beth Trautman	Medina	MN	45 F	275	16:28	3:18	1:35	89	42:11	20.6	1:00	158	23:34	7:52	1:24:46
116	15/47	489 Robert Spencer	Minneapolis	MN	46 M	34	11:32	2:19	2:07	146	44:11	19.7	0:52	281	26:08	8:43	1:24:46
117	16/47	384 Lawrence Nemecek	Minnetrista	MN	45 M	139	14:10	2:50	2:00	141	43:56	19.8	1:54	123	22:50	7:37	1:24:48
118	14/44	195 Daniel Hackenberg	Eden Prairie	MN	39 M	95	13:27	2:42	3:33	175	45:07	19.3	1:11	76	21:35	7:12	1:24:50
119	14/36	526 Steve Theis	Deephaven	MN	52 M	112	13:45	2:45	2:09	138	43:54	19.8	1:22	167	23:49	7:57	1:24:56
120	6/47	76 Patty Campbell	Plymouth	MN	43 F	58	12:34	2:31	1:09	201	46:11	18.8	0:54	192	24:14	8:05	1:25:00
121	10/25	45 Scott Berry	St. Louis Park	MN	34 M	169	14:39	2:56	2:14	115	43:14	20.1	0:54	183	24:09	8:03	1:25:07
122	14/59	595 Garrett Wilson	Edina	MN	41 M	199	15:10	3:02	2:14	79	41:55	20.8	1:09	218	24:47	8:16	1:25:13
123	5/27	344 Karen McCarren	St Louis Park	MN	36 F	61	12:43	2:33	1:25	245	47:35	18.3	1:03	107	22:31	7:31	1:25:15
124	5/15	560 Richard Von Lehe	Champlin	MN	41 M	79	13:10	2:38	1:23	155	44:25	19.6	0:56	243	25:26	8:29	1:25:18
125	2/21	42 Kirsten Beltz	Plymouth	MN	33 F	296	16:56	3:24	1:35	150	44:13	19.7	0:57	79	21:39	7:13	1:25:18
126	17/47	457 Ken Saddler	Chanhassen	MN	47 M	126	13:57	2:48	2:28	103	42:57	20.3	1:23	217	24:47	8:16	1:25:29
127	6/27	500 Amy Stern	Eden Prairie	MN	38 F	217	15:20	3:04	2:24	99	42:46	20.3	1:00	175	24:03	8:01	1:25:31
128	15/36	201 Chris Harristhal	Minneapolis	MN	50 M	134	14:03	2:49	2:39	162	44:36	19.5	1:50	108	22:31	7:31	1:25:37
129	15/44	199 Jonathan Hard	Mankato	MN	39 M	52	12:22	2:29	3:03	147	44:11	19.7	1:25	214	24:40	8:14	1:25:40
130	7/47	282 Alison Knapp	Saint Paul	MN	41 F	266	16:20	3:16	3:11	101	42:51	20.3	1:02	104	22:22	7:28	1:25:44
131	1/16	306 Cecile Lamour	St Paul	MN	28 F	29	11:18	2:16	2:25	236	47:20	18.4	1:28	145	23:19	7:47	1:25:48
132	16/44	451 Kyle Rooney	Tonka Bay	MN	35 M	101	13:32	2:43	2:22	211	46:33	18.7	0:47	115	22:40	7:34	1:25:52
133	11/25	39 David Behrens	Hopkins	MN	34 M	84	13:16	2:40	2:16	200	46:10	18.8	0:50	152	23:27	7:49	1:25:58
134	3/21	392 Erin O'Brien	Sioux Falls	SD	31 F	130	14:01	2:49	1:49	254	47:52	18.2	0:36	83	21:44	7:15	1:26:00
135	4/26	508 Carrie Stolar	Chanhassen	MN	45 F	4	10:22	2:05	2:18	239	47:22	18.4	1:21	215	24:41	8:14	1:26:01
136	5/26	136 Karen Eklin	Plymouth	MN	48 F	138	14:09	2:50	1:26	191	45:46	19.0	1:18	151	23:27	7:49	1:26:03
137	8/47	58 Jill Bollettieri	Saint Louis Park	MN	42 F	38	11:39	2:20	2:03	271	48:29	17.9	0:49	136	23:08	7:43	1:26:07
138	17/44	211 Craig Hendrickson	Hopkins	MN	35 M	189	15:04	3:01	2:49	181	45:31	19.1	1:24	67	21:21	7:07	1:26:07
139	15/59	320 Mike Lesage	Chanhassen	MN	42 M	339	18:01	3:37	1:58	98	42:41	20.4	1:06	106	22:26	7:29	1:26:10
140	12/25	408 Ryan Palmer	Chaska	MN	33 M	104	13:37	2:44	1:20	163	44:37	19.5	1:10	245	25:28	8:30	1:26:10
141	7/27	515 Jodi Sussner	Chaska	MN	36 F	230	15:40	3:08	1:41	148	44:12	19.7	0:57	163	23:44	7:55	1:26:12
142	18/44	336 Matt Mahannah	Chanhassen	MN	39 M	245	15:54	3:11	2:53	192	45:47	19.0	1:15	55	20:58	7:00	1:26:46
143	19/44	365 Tommy Moe	Minnetrista	MN	37 M	290	16:47	3:22	3:24	112	43:11	20.1	0:39	130	22:55	7:39	1:26:56
144	18/47	139 Jay Erb	Chanhassen	MN	45 M	129	14:00	2:48	2:37	156	44:29	19.6	0:59	229	25:05	8:22	1:27:08
145	8/19	94 Scott Coryell	St Paul	MN	58 M	225	15:33	3:07	2:38	96	42:37	20.4	2:20	174	24:02	8:01	1:27:08
146	19/47	465 Kurt Schultz	Lakeville	MN	49 M	248	16:00	3:12	2:00	108	43:05	20.2	1:37	206	24:32	8:11	1:27:12
147	6/26	479 Caroline Skaar-Page	Eden Prairie	MN	45 F	229	15:37	3:08	2:22	118	43:18	20.1	1:20	211	24:38	8:13	1:27:13
148	20/44	547 E.J. Tso	Minneapolis	MN	39 M	416	20:51	4:11	1:21	61	40:58	21.2	0:33	156	23:33	7:51	1:27:14
149	16/59	230 John Hughes	Long Lake	MN	43 M	155	14:28	2:54	2:34	177	45:11	19.3	1:41	149	23:24	7:48	1:27:16
150	9/47	186 Sarah Grobel	Victoria	MN	41 F	120	13:53	2:47	2:30	171	44:53	19.4	1:20	216	24:44	8:15	1:27:18
151	17/59	588 Chris Wilhoit	St. Louis Park	MN	42 M	207	15:14	3:03	3:35	106	43:03	20.2	1:14	193	24:16	8:06	1:27:20
152	21/44	349 Michael McCue	Saint Paul	MN	37 M	261	16:11	3:15	1:51	134	43:50	19.8	1:17	190	24:14	8:05	1:27:21
153	6/17	449 Reid Romer	Robbinsdale	MN	28 M	85	13:18	2:40	1:52	242	47:33	18.3	1:25	148	23:23	7:48	1:27:29
154	7/26	466 Barbara Scouler	Excelsior	MN	49 F	15	10:43	2:09	2:05	233	47:14	18.4	1:31	269	25:58	8:40	1:27:29
155	1/16	192 Marcus Gustafson	Edina	MN	60 M	150	14:20	2:52	1:42	73	41:43	20.9	1:58	352	27:49	9:17	1:27:30
156	2/16	14 Tom Amundson	Minneapolis	MN	61 M	185	15:01	3:01	1:53	169	44:50	19.4	1:13	208	24:37	8:13	1:27:32
157	13/25	205 Eric Hathaway	Minneapolis	MN	33 M	267	16:21	3:17	3:02	45	39:47	21.9	1:17	331	27:18	9:06	1:27:43
158	22/44	31 Beau Ballin	Deephaven	MN	36 M	133	14:03	2:49	2:03	230	47:08	18.5	1:02	155	23:31	7:51	1:27:45
159	7/17	63 Ryan Breisach	Robbinsdale	MN	29 M	314	17:13	3:27	2:21	97	42:39	20.4	1:06	204	24:29	8:10	1:27:47
160	8/26	302 Dawn Labiosa	Apple Valley	MN	47 F	73	13:04	2:37	1:44	212	46:35	18.7	1:13	246	25:28	8:30	1:28:01
161	23/44	179 Michael John Gournaris	Lakeville	MN	38 M	190	15:04	3:01	2:44	153	44:20	19.6	1:45	191	24:14	8:05	1:28:05
162	24/44	328 Matthew Loucks	Edina	MN	38 M	305	17:06	3:26	2:40	132	43:47	19.9	1:51	119	22:45	7:35	1:28:07
163	8/17	275 Nicholas Kish	Edina	MN	27 M	82	13:14	2:39	3:29	286	49:02	17.7	1:45	47	20:42	6:54	1:28:11
164	16/36	258 Vince Justinak	Blaine	MN	54 M	265	16:18	3:16	2:45	72	41:37	20.9	1:27	289	26:16	8:46	1:28:20
165	18/59	398 Erik Olson	Shakopee	MN	40 M	255	16:05	3:13	2:01	130	43:41	19.9	1:58	210	24:38	8:13	1:28:22
166	10/47	431 Liz Promer	Roseville	MN	41 F	250	16:02	3:13	1:59	209	46:32	18.7	1:39	99	22:15	7:25	1:28:24
167	3/16	532 William Thweatt	Lakeville	MN	61 M	131	14:01	2:49	2:27	151	44:17	19.6	1:51	267	25:54	8:38	1:28:29
168	4/16	178 Eric Goullaud	Plymouth	MN	67 M	153	14:26	2:54	2:00	160	44:33	19.5	1:30	282	26:08	8:43	1:28:36
169	4/21	35 Maren Bauerle	Plymouth	MN	33 F	166	14:34	2:55	1:40	213	46:40	18.6	1:25	195	24:19	8:07	1:28:36
170	19/59	554 Frederic Vereecken	Minnetonka	MN	42 M	273	16:27	3:18	1:24	265	48:20	18.0	0:51	82	21:44	7:15	1:28:44

171	9/26	172	Lisa Goepfert	Blaine	MN	49	F	192	15:05	3:01	1:57	204	46:15	18.8	0:50	213	24:40	8:14	1:28:45
172	2/16	558	Sara Vine	Minneapolis	MN	27	F	109	13:40	2:44	2:12	277	48:38	17.9	1:18	131	22:59	7:40	1:28:46
173	11/47	228	Therese Hovard	Edina	MN	43	F	200	15:11	3:03	1:56	218	46:53	18.6	1:19	159	23:37	7:53	1:28:54
174	20/59	576	James Wassenberg	Falcon Heights	MN	43	M	210	15:17	3:04	2:02	183	45:37	19.1	1:08	223	24:55	8:19	1:28:57
175	21/59	165	James Gaul	Bloomington	MN	40	M	197	15:09	3:02	3:13	269	48:23	18.0	1:37	45	20:38	6:53	1:28:58
176	22/59	572	Steve Wander	Minnetonka	MN	44	M	241	15:51	3:11	2:03	144	44:08	19.7	1:57	228	25:04	8:22	1:29:02
177	23/59	334	Timothy Magnusson	Minnetonka	MN	40	M	380	19:23	3:53	2:25	136	43:51	19.8	1:14	96	22:13	7:25	1:29:05
178	20/47	472	Scott Shepard	Minnetonka	MN	47	M	260	16:11	3:15	2:32	173	45:07	19.3	1:36	165	23:48	7:56	1:29:12
179	24/59	514	Nick Summers	Mound	MN	44	M	171	14:42	2:57	1:53	186	45:39	19.1	1:20	262	25:47	8:36	1:29:19
180	9/17	128	Curt Dubbeldee	St Louis Park	MN	29	M	159	14:30	2:54	2:25	178	45:14	19.2	1:42	252	25:34	8:32	1:29:23
181	25/59	180	Andy Grant	Eden Prairie	MN	41	M	259	16:10	3:14	2:05	149	44:13	19.7	1:22	249	25:34	8:32	1:29:23
182	17/36	151	John Flaa	Plymouth	MN	50	M	140	14:10	2:50	2:14	262	48:15	18.0	1:28	144	23:18	7:46	1:29:24
183	25/44	482	Jason Smith	Roseville	MN	37	M	59	12:41	2:33	2:34	278	48:40	17.9	0:54	212	24:38	8:13	1:29:26
184	26/59	301	Randy Kurth	Wayzata	MN	42	M	243	15:53	3:11	2:20	246	47:36	18.3	1:43	94	22:07	7:23	1:29:36
185	10/17	322	Marc Lindstrom	Excelsior	MN	26	M	312	17:12	3:27	2:15	216	46:47	18.6	1:13	98	22:15	7:25	1:29:40
186	18/36	212	Randy Herman	Excelsior	MN	53	M	272	16:26	3:18	2:53	208	46:30	18.7	1:22	111	22:36	7:32	1:29:45
187	19/36	340	Bob Marchetti	Champlin	MN	54	M	135	14:04	2:49	2:34	159	44:32	19.5	2:12	297	26:27	8:49	1:29:48
188	10/26	493	Laurie Stanek	Prior Lake	MN	48	F	288	16:47	3:22	1:54	184	45:37	19.1	1:26	186	24:10	8:04	1:29:52
189	27/59	412	Erik Paulsen	Excelsior	MN	42	M	422	21:19	4:16	2:51	59	40:55	21.3	1:46	142	23:13	7:45	1:30:01
190	28/59	265	Curtis Kenkel	Saint Paul	MN	43	M	356	18:33	3:43	1:42	176	45:11	19.3	1:12	154	23:30	7:50	1:30:05
191	9/19	330	Dick Lowry	North Mankato	MN	55	M	137	14:07	2:50	1:58	194	45:54	19.0	1:32	307	26:42	8:54	1:30:10
192	29/59	174	Jason Good	Victoria	MN	42	M	309	17:09	3:26	1:52	165	44:42	19.5	1:34	225	24:58	8:20	1:30:14
193	14/25	296	Chris Krieg	Shakopee	MN	34	M	403	20:16	4:04	1:51	164	44:40	19.5	1:41	90	21:53	7:18	1:30:19
194	30/59	71	Michael Burica	Plymouth	MN	43	M	142	14:11	2:51	3:26	227	47:07	18.5	1:34	179	24:06	8:02	1:30:23
195	3/16	49	Erika Bjorklund	St. Louis Park	MN	27	F	63	12:48	2:34	2:03	296	49:35	17.5	1:05	222	24:55	8:19	1:30:24
196	31/59	519	Aaron Swann	Edina	MN	42	M	386	19:38	3:56	2:03	135	43:50	19.8	1:11	171	23:53	7:58	1:30:33
197	15/25	351	Ryan McKesson	Chaska	MN	30	M	48	12:14	2:27	1:59	298	49:39	17.5	0:54	264	25:50	8:37	1:30:33
198	12/47	263	Amy Kelly	Saint Paul	MN	42	F	292	16:52	3:23	2:45	274	48:37	17.9	1:17	62	21:08	7:03	1:30:36
199	32/59	429	Chad Pointer	Chanhassen	MN	44	M	215	15:18	3:04	3:28	139	43:55	19.8	1:47	284	26:12	8:44	1:30:38
200	20/36	427	Thomas Pohlad	Shorewood	MN	52	M	218	15:21	3:05	2:30	235	47:17	18.4	1:27	178	24:06	8:02	1:30:39
201	21/47	494	Scott Stanek	Prior Lake	MN	47	M	333	17:53	3:35	3:16	202	46:11	18.8	1:32	89	21:52	7:18	1:30:42
202	4/16	127	Jessie Donovan	Buffalo	MN	29	F	86	13:20	2:40	2:19	275	48:37	17.9	0:47	256	25:43	8:35	1:30:43
203	22/47	185	Tom Griffin	Bloomington	MN	49	M	251	16:02	3:13	2:06	189	45:43	19.0	0:46	286	26:13	8:45	1:30:49
204	11/26	79	Joan Casey	St Louis Park	MN	47	F	49	12:16	2:28	1:44	287	49:12	17.7	1:38	273	26:01	8:41	1:30:49
205	5/21	87	Casey Claypool	Deephaven	MN	33	F	208	15:14	3:03	2:19	228	47:07	18.5	1:50	197	24:22	8:08	1:30:50
206	33/59	266	Dj Kennedy	Chsanhassen	MN	40	M	283	16:40	3:20	4:11	185	45:38	19.1	2:07	101	22:18	7:26	1:30:52
207	1/4	487	Peg Sorensen	Chaska	MN	55	F	93	13:23	2:41	2:39	210	46:32	18.7	1:10	328	27:15	9:05	1:30:57
208	23/47	62	Neal Bradsher	Eden Prairie	MN	45	M	108	13:39	2:44	3:32	270	48:25	18.0	0:55	209	24:38	8:13	1:31:07
209	26/44	98	Mike Craig	Shakopee	MN	37	M	211	15:17	3:04	2:19	225	47:01	18.5	0:51	260	25:44	8:35	1:31:10
210	24/47	397	Bryan Olson	Victoria	MN	45	M	332	17:53	3:35	2:07	179	45:21	19.2	0:58	224	24:58	8:20	1:31:15
211	25/47	443	Donald Rix	Chanhassen	MN	46	M	232	15:41	3:09	2:02	126	43:33	20.0	1:30	375	28:33	9:31	1:31:17
212	34/59	55	Nate Boen	Minnetonka	MN	44	M	308	17:09	3:26	3:37	207	46:29	18.7	1:14	125	22:50	7:37	1:31:17
213	13/47	236	Rea James	Long Lake	MN	41	F	77	13:07	2:38	2:01	306	50:05	17.4	1:14	221	24:54	8:18	1:31:20
214	27/44	232	David Imdieke	Saint Paul	MN	37	M	107	13:39	2:44	1:56	325	51:26	16.9	1:02	147	23:21	7:47	1:31:22
215	21/36	105	Jeff Daly	Lakeville	MN	52	M	310	17:09	3:26	2:12	172	45:00	19.3	1:36	251	25:34	8:32	1:31:29
216	14/47	386	Julie Nessly	Chanhassen	MN	44	F	172	14:44	2:57	3:12	214	46:46	18.6	1:16	254	25:35	8:32	1:31:31
217	22/36	374	Dave Mulcrone	Shakopee	MN	52	M	297	16:57	3:24	2:51	241	47:32	18.3	1:06	137	23:09	7:43	1:31:32
218	3/3	530	Justin Thunstrom	Plymouth	MN	17	M	175	14:48	2:58	2:12	294	49:31	17.6	0:56	185	24:09	8:03	1:31:33
219	35/59	368	Rick Monro	Plymouth	MN	43	M	220	15:25	3:05	2:20	180	45:26	19.1	1:46	314	26:55	8:59	1:31:51
220	36/59	511	Mark Struthers	Chanhassen	MN	43	M	303	17:05	3:25	3:12	240	47:31	18.3	1:24	118	22:44	7:35	1:31:55
221	15/47	536	Stephanie Tollefson	Chanhassen	MN	41	F	205	15:14	3:03	1:42	261	48:14	18.0	1:31	239	25:20	8:27	1:31:58
222	6/15	442	Chris Ries	Minneapolis	MN	32	M	136	14:05	2:49	2:57	174	45:07	19.3	2:07	348	27:45	9:15	1:31:59
223	37/59	409	Eric Partington	Maple Grove	MN	40	M	262	16:13	3:15	2:46	237	47:21	18.4	2:10	161	23:41	7:54	1:32:09
224	38/59	430	Chris Potenza	Chanhassen	MN	41	M	391	19:48	3:58	2:33	93	42:30	20.5	1:43	265	25:50	8:37	1:32:22
225	16/47	271	Erin Kieley	Orono	MN	40	F	320	17:23	3:29	3:03	281	48:44	17.9	1:38	81	21:41	7:14	1:32:28
226	8/27	203	Anne Hartman (garlock)	Mound	MN	36	F	268	16:22	3:17	2:55	257	48:00	18.1	1:09	181	24:07	8:03	1:32:31
227	9/27	243	Jen Jensen	Victoria	MN	36	F	279	16:33	3:19	2:13	234	47:14	18.4	1:23	232	25:10	8:24	1:32:33
228	23/36	36	Terry Beachey	Excelsior	MN	50	M	388	19:40	3:56	2:29	125	43:33	20.0	1:11	257	25:43	8:35	1:32:33
229	17/47	166	Lori Gengler	Plymouth	MN	40	F	337	17:58	3:36	2:03	195	45:55	18.9	1:13	248	25:30	8:30	1:32:35

230	5/16	268 Ian Kerr	Shorewood	MN	62 M	258	16:09	3:14	4:05	253	47:51	18.2	1:28	135	23:06	7:42	1:32:38
231	11/17	43 Aaron Berdofe	Minneapolis	MN	28 M	323	17:30	3:30	1:56	279	48:42	17.9	2:00	110	22:36	7:32	1:32:43
232	16/25	277 Matthew Kley	Minneapolis	MN	30 M	201	15:12	3:03	2:14	267	48:21	18.0	0:59	272	26:01	8:41	1:32:45
233	17/25	190 Kyle Gulbrandson	Eagan	MN	32 M	74	13:04	2:37	2:52	321	51:16	17.0	1:15	205	24:30	8:10	1:32:55
234	39/59	227 Steffen Hovard	Edina	MN	44 M	349	18:23	3:41	2:44	166	44:46	19.4	1:57	231	25:10	8:24	1:32:58
235	24/36	363 Peter Miller	Zimmerman	MN	54 M	329	17:42	3:33	2:19	188	45:43	19.0	1:14	274	26:02	8:41	1:32:59
236	28/44	217 Keith Holder	Carver	MN	36 M	193	15:06	3:02	2:58	198	46:07	18.9	1:14	343	27:38	9:13	1:33:02
237	40/59	158 Thomas Frerichs	Plymouth	MN	44 M	253	16:03	3:13	2:59	142	43:59	19.8	1:19	381	28:45	9:35	1:33:03
238	5/16	544 Megan Trickey	Minnetonka	MN	29 F	149	14:18	2:52	2:11	256	47:58	18.1	1:39	318	27:00	9:00	1:33:04
239	29/44	142 Chris Evenson	Mound	MN	38 M	410	20:36	4:08	3:06	107	43:05	20.2	1:29	219	24:52	8:18	1:33:06
240	12/17	370 John Morey	St Paul	MN	28 M	354	18:30	3:42	3:09	167	44:47	19.4	1:41	227	25:01	8:21	1:33:07
241	18/25	601 Brent Witt	Minneapolis	MN	32 M	81	13:13	2:39	3:28	276	48:37	17.9	1:12	306	26:40	8:54	1:33:09
242	25/36	314 Tim Leach	Minneapolis	MN	54 M	103	13:35	2:43	3:22	247	47:38	18.3	2:11	298	26:29	8:50	1:33:14
243	26/47	446 Mike Rogers	Minnetonka	MN	47 M	282	16:40	3:20	2:41	215	46:47	18.6	1:43	247	25:29	8:30	1:33:18
244	18/47	394 Cheryl O'Connell	Eden Prairie	MN	41 F	247	15:59	3:12	2:25	206	46:23	18.8	1:40	312	26:54	8:58	1:33:19
245	27/47	168 Kevin Gilligan	Saint Paul	MN	46 M	353	18:29	3:42	3:18	190	45:45	19.0	1:26	202	24:28	8:10	1:33:23
246	30/44	19 Peter Andrada	San Jose	CA	39 M	334	17:54	3:35	2:43	223	46:59	18.5	0:46	230	25:05	8:22	1:33:26
247	7/15	538 Joe Toth	Mound	MN	40 M	281	16:38	3:20	2:08	168	44:48	19.4	1:58	356	27:57	9:19	1:33:27
248	6/21	579 Beth Wehrman	Maple Grove	MN	31 F	213	15:17	3:04	2:28	250	47:44	18.2	2:06	277	26:05	8:42	1:33:39
249	7/21	140 Christy Erickson	Plymouth	MN	31 F	161	14:31	2:54	3:16	251	47:46	18.2	2:02	278	26:06	8:42	1:33:39
250	10/27	484 Sally Smith	Corcoran	MN	39 F	235	15:43	3:09	2:25	266	48:20	18.0	1:03	291	26:17	8:46	1:33:46
251	28/47	111 Jay Dellis	Richfield	MN	45 M	449	23:21	4:41	2:59	74	41:44	20.8	2:01	169	23:51	7:57	1:33:53
252	2/6	124 Heather Donen	Rochester	MN	23 F	221	15:28	3:06	1:47	317	50:55	17.1	0:39	233	25:11	8:24	1:33:58
253	26/36	41 Jim Bell	Victoria	MN	54 M	315	17:16	3:28	2:11	203	46:12	18.8	1:25	324	27:06	9:02	1:34:08
254	29/47	176 Tim Goodyear	Minnetonka	MN	45 M	98	13:31	2:43	3:55	308	50:11	17.3	2:09	199	24:25	8:09	1:34:08
255	8/21	577 Allison Watt	Plymouth	MN	34 F	307	17:08	3:26	2:59	273	48:33	17.9	1:25	180	24:06	8:02	1:34:10
256	6/16	463 Lindsey Schmidt	Hopkins	MN	27 F	41	11:53	2:23	2:03	170	44:53	19.4	1:37	435	33:55	11:19	1:34:19
257	19/47	644 Christie McCarthy	Eden Prairie	MN	42 F	298	16:59	3:24	2:12	217	46:49	18.6	1:23	319	27:00	9:00	1:34:20
258	9/21	297 Susan Krieg	Shakopee	MN	34 F	383	19:29	3:54	2:52	263	48:16	18.0	2:15	75	21:32	7:11	1:34:22
259	31/44	467 Jason Sedlak	Bloomington	MN	37 M	182	14:59	3:00	3:15	226	47:03	18.5	1:59	327	27:15	9:05	1:34:30
260	20/47	91 Tara Collins	Minnetrista	MN	40 F	158	14:29	2:54	2:58	320	51:08	17.0	1:44	188	24:13	8:05	1:34:30
261	27/36	120 Michael Dimond	Excelsior	MN	53 M	394	19:57	4:00	3:18	121	43:29	20.0	1:15	304	26:38	8:53	1:34:36
262	21/47	403 Marissa Onheiber	Golden Valley	MN	44 F	223	15:29	3:06	2:34	268	48:22	18.0	1:09	325	27:08	9:03	1:34:40
263	41/59	369 Mark Mooers	Edina	MN	43 M	321	17:25	3:29	3:08	205	46:17	18.8	1:55	268	25:57	8:39	1:34:41
264	2/4	220 Susan Holt	Plymouth	MN	56 F	127	13:58	2:48	2:48	295	49:35	17.5	1:28	315	26:56	8:59	1:34:42
265	3/8	415 Mary Perlich	Minnetonka	MN	50 F	244	15:54	3:11	2:33	232	47:14	18.4	1:14	354	27:53	9:18	1:34:45
266	12/26	239 Colleen Jason	Eden Prairie	MN	47 F	165	14:34	2:55	3:21	351	52:31	16.6	1:35	121	22:48	7:36	1:34:46
267	30/47	338 Dan Maras	Shakopee	MN	46 M	163	14:31	2:55	3:14	244	47:34	18.3	2:03	333	27:26	9:09	1:34:47
268	19/25	419 Matt Picchetti	Minneapolis	MN	33 M	116	13:48	2:46	2:52	369	53:30	16.3	1:02	160	23:40	7:54	1:34:50
269	42/59	529 Jason Thunstrom	Plymouth	MN	42 M	362	18:41	3:45	2:24	264	48:19	18.0	1:05	200	24:25	8:09	1:34:52
270	20/25	583 Benjamin Wessner	Minneapolis	MN	34 M	64	12:48	2:34	2:48	303	49:58	17.4	2:05	329	27:16	9:06	1:34:55
271	31/47	332 Dan Lund	Chanhassen	MN	47 M	328	17:38	3:32	3:44	111	43:08	20.2	1:27	386	28:59	9:40	1:34:56
272	13/17	389 Joel Nielson	Eagan	MN	29 M	195	15:08	3:02	2:38	311	50:12	17.3	0:41	292	26:20	8:47	1:34:57
273	22/47	420 Gloria Piche	Duluth	MN	41 F	280	16:36	3:20	2:13	193	45:49	19.0	1:24	388	29:08	9:43	1:35:08
274	11/27	249 Leanne Johansen	Wayzata	MN	36 F	219	15:21	3:05	2:44	310	50:12	17.3	0:36	295	26:24	8:48	1:35:15
275	32/47	244 Ken Jensen	Minnetonka	MN	47 M	451	23:33	4:43	1:52	133	43:47	19.9	0:55	242	25:25	8:29	1:35:31
276	23/47	224 Melissa Horner	Tonka Bay	MN	42 F	284	16:43	3:21	3:00	305	50:03	17.4	2:13	166	23:48	7:56	1:35:44
277	3/4	456 Mary Ryan	Minnetrista	MN	56 F	364	18:48	3:46	2:36	292	49:29	17.6	1:42	143	23:18	7:46	1:35:51
278	33/47	557 Nick Vetter	Minneapolis	MN	47 M	263	16:17	3:16	4:01	259	48:07	18.1	1:06	293	26:22	8:48	1:35:51
279	14/17	361 Brian Miller	New Brighton	MN	28 M	400	20:08	4:02	3:11	220	46:56	18.5	1:12	201	24:27	8:09	1:35:52
280	15/17	553 Jack Vander Linden	St. Louis Park	MN	29 M	404	20:21	4:05	4:10	187	45:41	19.0	1:27	196	24:20	8:07	1:35:58
281	13/26	357 Marcie Meyer	Victoria	MN	46 F	294	16:54	3:23	2:17	284	48:53	17.8	1:03	323	27:04	9:02	1:36:09
282	21/25	534 Christian Tietz	Minnetonka	MN	34 M	254	16:04	3:13	2:44	331	51:42	16.8	2:46	140	23:11	7:44	1:36:25
283	16/17	219 Philip Hollway	Minneapolis	MN	25 M	183	14:59	3:00	2:10	312	50:15	17.3	1:08	355	27:56	9:19	1:36:26
284	14/26	299 Tracey Kubitz	Wayzata	MN	46 F	385	19:36	3:56	3:20	224	46:59	18.5	1:39	220	24:53	8:18	1:36:26
285	24/47	395 Pam O'Connor	Chanhassen	MN	42 F	167	14:34	2:55	2:14	282	48:45	17.8	1:29	398	29:50	9:57	1:36:50
286	10/21	596 Jackie Windfeldt	Tacoma	WA	30 F	348	18:18	3:40	3:22	329	51:38	16.8	0:59	112	22:38	7:33	1:36:52
287	11/21	240 Molly Jeatran	Minneapolis	MN	32 F	160	14:30	2:54	2:02	258	48:04	18.1	2:00	403	30:21	10:07	1:36:55
288	12/27	293 Jessica Kottke	Saint Paul	MN	38 F	347	18:12	3:39	3:25	327	51:32	16.9	0:45	139	23:10	7:44	1:37:01

289	6/16	101 Mark Cryderman	Howell	MI	65 M	346	18:12	3:39	5:12	280	48:43	17.9	2:26	114	22:39	7:33	1:37:11
290	25/47	448 Kathleen Roller	Orono	MN	43 F	369	19:00	3:48	1:59	252	47:50	18.2	1:36	309	26:49	8:57	1:37:11
291	34/47	77 Jr Campuzano	Shorewood	MN	47 M	376	19:16	3:52	4:28	219	46:55	18.5	2:06	207	24:36	8:12	1:37:18
292	7/16	609 Jennifer Wozniczka	Minneapolis	MN	28 F	228	15:37	3:08	1:58	307	50:08	17.4	1:24	372	28:30	9:30	1:37:34
293	35/47	411 Paul Pasko	Minnetonka	MN	47 M	433	22:03	4:25	3:42	119	43:22	20.1	2:07	296	26:25	8:49	1:37:37
294	13/27	28 Janet Baker	Minnetonka	MN	37 F	238	15:48	3:10	2:46	340	52:06	16.7	1:16	263	25:48	8:36	1:37:41
295	12/21	85 Sarah Chillo	Minneapolis	MN	32 F	278	16:33	3:19	2:29	301	49:55	17.4	2:09	310	26:49	8:57	1:37:54
296	26/47	69 Melissa Bunde	Madison Lake	MN	42 F	343	18:05	3:37	2:49	283	48:50	17.8	1:38	303	26:38	8:53	1:37:58
297	43/59	17 Jeff Anderson	Oakdale	MN	41 M	445	22:53	4:35	2:50	110	43:07	20.2	2:28	308	26:49	8:57	1:38:04
298	4/4	438 Pady Regnier	Bloomington	MN	56 F	289	16:47	3:22	3:02	297	49:35	17.5	1:36	326	27:09	9:03	1:38:08
299	28/36	210 Dave Heine	Eagan Prairie	MN	51 M	246	15:55	3:11	5:19	249	47:41	18.2	1:33	351	27:49	9:17	1:38:15
300	27/47	155 Nicole Fox	Eagan	MN	43 F	186	15:01	3:01	5:22	345	52:17	16.6	1:12	203	24:29	8:10	1:38:19
301	22/25	251 Karl Johnson	Hopkins	MN	30 M	168	14:36	2:56	4:42	315	50:45	17.1	3:04	235	25:15	8:25	1:38:19
302	8/15	132 Bob Eastman	Orono	MN	46 M	216	15:19	3:04	2:40	341	52:09	16.7	2:13	275	26:03	8:41	1:38:23
303	32/44	231 Ryan Hurt	Chanhassen	MN	39 M	203	15:13	3:03	2:38	346	52:21	16.6	2:00	290	26:16	8:46	1:38:26
304	23/25	288 Charles Koch	Minneapolis	MN	32 M	317	17:17	3:28	3:06	349	52:30	16.6	2:08	164	23:45	7:55	1:38:44
305	3/6	564 Meghan Voss	Eden Prairie	MN	24 F	40	11:45	2:21	2:55	378	53:47	16.2	3:00	332	27:20	9:07	1:38:44
306	28/47	23 Wendy Asplund	Excelsior	MN	40 F	76	13:05	2:37	3:15	339	52:03	16.7	1:47	379	28:39	9:33	1:38:48
307	7/16	226 Jerry House	Woodbury	MN	64 M	405	20:23	4:05	2:33	304	50:01	17.4	2:13	172	23:54	7:58	1:39:02
308	44/59	421 Jon Pierce	Excelsior	MN	43 M	322	17:29	3:30	2:13	314	50:42	17.2	1:15	337	27:29	9:10	1:39:06
309	29/47	291 Nancy Kotovic	Excelsior	MN	40 F	365	18:49	3:46	1:59	309	50:11	17.3	1:45	299	26:30	8:50	1:39:12
310	30/47	501 Heather Sterner	Minnetonka	MN	41 F	152	14:23	2:53	3:26	324	51:24	16.9	1:14	387	29:05	9:42	1:39:30
311	10/19	347 Thomas McConville	Osseo	MN	59 M	417	20:59	4:12	3:02	196	46:00	18.9	1:12	368	28:22	9:28	1:39:33
312	11/19	333 Tom Lyons	Excelsior	MN	59 M	156	14:29	2:54	3:15	291	49:26	17.6	2:20	402	30:08	10:03	1:39:35
313	1/2	566 Emily Waitz	Hopkins	MN	35 F	301	17:04	3:25	2:22	356	52:39	16.5	1:13	294	26:23	8:48	1:39:39
314	45/59	304 Michael Lacourse	Deephaven	MN	43 M	414	20:45	4:09	4:10	238	47:21	18.4	4:30	132	23:02	7:41	1:39:47
315	14/27	259 Sara Kanavati	Mendota Heights	MN	39 F	256	16:07	3:14	4:18	363	53:06	16.4	0:35	258	25:43	8:35	1:39:47
316	36/47	216 Greg Holcomb	Chaska	MN	46 M	411	20:36	4:08	4:40	229	47:07	18.5	1:43	276	26:03	8:41	1:40:08
317	29/36	483 Phillip Smith	Shorewood	MN	51 M	299	17:00	3:24	2:44	371	53:31	16.3	1:26	250	25:34	8:32	1:40:13
318	15/26	571 Katherine Walz	Plymouth	MN	49 F	368	18:58	3:48	1:49	343	52:16	16.6	1:21	266	25:53	8:38	1:40:14
319	12/19	406 Bob Oxborough	Plymouth	MN	56 M	306	17:07	3:26	3:23	322	51:18	17.0	2:31	271	26:01	8:41	1:40:17
320	13/19	238 Gary Jarrett	Shorewood	MN	57 M	239	15:49	3:10	3:28	347	52:25	16.6	2:11	301	26:33	8:51	1:40:25
321	31/47	200 Kari Harrison	Farmington	MN	40 F	271	16:24	3:17	3:02	333	51:45	16.8	1:30	361	28:02	9:21	1:40:42
322	8/16	597 Stephanie Windfeldt	Minneapolis	MN	26 F	338	18:00	3:36	2:13	328	51:32	16.9	1:06	359	28:00	9:20	1:40:48
323	33/44	504 Jim Stitt	St Paul	MN	38 M	412	20:40	4:08	2:13	285	48:56	17.8	1:30	338	27:32	9:11	1:40:49
324	13/21	308 Sookie Landsteiner	Minneapolis	MN	30 F	342	18:03	3:37	2:36	288	49:13	17.7	1:17	399	29:50	9:57	1:40:58
325	4/8	418 Janene Phillips	Eden Prairie	MN	52 F	300	17:00	3:24	3:15	350	52:30	16.6	1:42	300	26:32	8:51	1:40:58
326	30/36	378 Richard Nazarian	Excelsior	MN	50 M	444	22:49	4:34	4:01	199	46:08	18.9	2:26	259	25:43	8:35	1:41:06
327	9/16	383 Shelley Nelson	Edina	MN	28 F	331	17:50	3:34	3:07	318	50:59	17.1	1:25	349	27:46	9:16	1:41:06
328	24/25	459 John Scheef	Golden Valley	MN	34 M	231	15:40	3:08	3:14	375	53:41	16.2	1:22	342	27:38	9:13	1:41:33
329	46/59	290 Attila Konkoly	Eden Prairie	MN	40 M	319	17:20	3:28	4:53	361	52:58	16.4	1:02	240	25:23	8:28	1:41:34
330	15/27	147 Libby Ferguson	Deephaven	MN	37 F	67	12:53	2:35	4:32	395	55:12	15.8	1:47	336	27:28	9:10	1:41:50
331	8/16	188 Joe Gryskiewicz	Edina	MN	63 M	276	16:32	3:19	5:11	290	49:17	17.7	2:09	382	28:46	9:36	1:41:54
332	37/47	437 Tim Regan	Deephaven	MN	46 M	456	24:18	4:52	3:10	272	48:32	17.9	0:46	236	25:15	8:25	1:41:59
333	9/15	125 Steve Donen	Chanhassen	MN	54 M	373	19:05	3:49	2:10	326	51:29	16.9	0:44	376	28:35	9:32	1:42:01
334	47/59	317 Peter Lee	Deephaven	MN	41 M	358	18:35	3:43	2:47	302	49:56	17.4	2:11	377	28:36	9:32	1:42:02
335	48/59	65 James Brown	Prior Lake	MN	40 M	212	15:17	3:04	3:55	358	52:47	16.5	1:40	370	28:26	9:29	1:42:04
336	32/47	134 Anne Eichelman	Greenwood	MN	41 F	176	14:48	2:58	4:32	392	54:59	15.8	2:21	244	25:26	8:29	1:42:05
337	34/44	331 Dan Ludowise	Mound	MN	37 M	437	22:18	4:28	2:30	222	46:57	18.5	2:01	367	28:20	9:27	1:42:05
338	17/17	60 Jean-Paul Botha	Minneapolis	MN	29 M	148	14:18	2:52	2:46	393	55:03	15.8	1:17	392	29:20	9:47	1:42:41
339	31/36	578 Rich Weeks	Eden Prairie	MN	51 M	293	16:53	3:23	2:48	221	46:56	18.5	2:35	433	33:32	11:11	1:42:42
340	10/15	496 Devin Stefanowicz	Thompson	ND	42 M	252	16:03	3:13	2:54	364	53:07	16.4	2:29	366	28:19	9:27	1:42:49
341	32/36	563 David Voss	Minneapolis	MN	50 M	242	15:51	3:11	2:55	380	53:49	16.2	2:59	330	27:18	9:06	1:42:50
342	33/47	112 Wendy Dellis	Richfield	MN	44 F	363	18:46	3:46	3:11	372	53:32	16.3	2:00	241	25:25	8:29	1:42:53
343	34/47	319 Cindy Lesage	Chanhassen	MN	43 F	431	21:57	4:24	2:46	370	53:30	16.3	0:58	168	23:49	7:57	1:42:58
344	16/26	137 Missy Elder	Chanhassen	MN	48 F	393	19:49	3:58	3:15	300	49:50	17.5	2:16	353	27:51	9:17	1:42:59
345	17/26	202 Colleen Harristhal	Chanhassen	MN	46 F	390	19:46	3:58	4:04	342	52:15	16.7	1:29	253	25:35	8:32	1:43:08
346	35/44	82 John Chapman	Eagan	MN	39 M	423	21:25	4:17	3:04	255	47:55	18.2	1:21	394	29:29	9:50	1:43:12
347	49/59	292 Rick Kotovic	Excelsior	MN	40 M	382	19:29	3:54	2:41	338	52:03	16.7	2:16	316	26:58	9:00	1:43:25

348	36/44	294	Drew Krejci	Deephaven	MN	35	M	236	15:46	3:10	3:32	348	52:26	16.6	2:19	393	29:28	9:50	1:43:30
349	9/16	109	Jeff Day	Plymouth	MN	63	M	377	19:18	3:52	4:02	353	52:34	16.6	1:11	302	26:33	8:51	1:43:36
350	10/16	163	Thomas Fulton	Saint Louis Park	MN	65	M	327	17:37	3:32	2:55	289	49:14	17.7	2:07	418	31:46	10:36	1:43:38
351	50/59	254	Ward Johnson	Minneapolis	MN	41	M	371	19:02	3:49	4:10	323	51:24	16.9	1:43	334	27:27	9:09	1:43:44
352	37/44	74	Jeff Callinan	Wayzata	MN	39	M	264	16:18	3:16	3:06	362	53:04	16.4	2:48	378	28:36	9:32	1:43:49
353	14/21	439	Leah Renne	Mankato	MN	30	F	375	19:13	3:51	6:01	316	50:54	17.1	1:43	279	26:06	8:42	1:43:56
354	15/21	542	Debbie Trent	Shorewood	MN	34	F	206	15:14	3:03	3:00	421	58:04	15.0	0:59	313	26:54	8:58	1:44:10
355	4/6	95	Tasha Coryell	St Paul	MN	24	F	224	15:30	3:06	2:28	354	52:37	16.5	1:44	422	32:06	10:42	1:44:23
356	51/59	373	Neil Moses-Zirkes	Mendota Heights	MN	44	M	269	16:23	3:17	3:58	391	54:49	15.9	1:18	360	28:02	9:21	1:44:28
357	38/47	388	Jeff Newhouse	Minnetonka	MN	47	M	424	21:27	4:18	3:16	332	51:44	16.8	2:04	280	26:08	8:43	1:44:37
358	11/16	477	J. Richard Simpson	Chanhassen	MN	63	M	345	18:05	3:37	4:44	313	50:36	17.2	2:27	383	28:50	9:37	1:44:41
359	16/27	83	Sara Chapman	Excelsior	MN	36	F	419	21:18	4:16	2:40	367	53:21	16.3	1:17	283	26:09	8:43	1:44:42
360	10/16	390	Kendra Nielson	Eagan	MN	29	F	274	16:28	3:18	3:02	406	56:44	15.3	1:16	339	27:33	9:11	1:45:01
361	35/47	354	Jennifer Meles	Chanhassen	MN	43	F	311	17:09	3:26	2:41	387	54:19	16.0	0:57	400	30:00	10:00	1:45:04
362	36/47	286	Krista Knudsen	Minnetonka	MN	43	F	341	18:03	3:37	3:40	403	56:00	15.5	1:45	255	25:40	8:34	1:45:06
363	11/15	337	Monty Maitland	Mound	MN	39	M	164	14:32	2:55	2:59	379	53:48	16.2	1:45	423	32:10	10:44	1:45:12
364	52/59	67	Staven Bruce	Minneapolis	MN	42	M	227	15:36	3:08	2:43	416	57:45	15.1	1:11	362	28:08	9:23	1:45:21
365	17/27	335	Katie Mahanna	Chanhassen	MN	38	F	370	19:01	3:49	4:01	383	54:00	16.1	0:47	341	27:36	9:12	1:45:23
366	18/26	435	Denise Rabogliatti	Eden Prairie	MN	48	F	198	15:09	3:02	2:35	428	58:45	14.8	1:05	358	27:59	9:20	1:45:30
367	11/16	122	Adrienne Donen	Edina	MN	25	F	374	19:08	3:50	2:16	401	55:42	15.6	0:34	363	28:10	9:24	1:45:49
368	16/21	380	Julie Nelson	Chicago	IL	32	F	399	20:07	4:02	3:18	382	53:52	16.2	1:10	340	27:34	9:12	1:45:59
369	19/26	476	Melissa Sigel	Minnetonka	MN	45	F	324	17:32	3:31	3:34	335	51:58	16.7	1:44	415	31:24	10:28	1:46:11
370	37/47	241	Jodie Jennings	Saint Louis Park	MN	44	F	178	14:55	2:59	4:43	409	57:16	15.2	2:25	320	27:00	9:00	1:46:18
371	38/44	242	Eric Jensen	Victoria	MN	38	M	429	21:53	4:23	4:09	293	49:30	17.6	1:59	391	29:13	9:45	1:46:42
372	38/47	546	Ernestina Troielli	Maple Grove	MN	41	F	325	17:33	3:31	3:19	388	54:19	16.0	2:36	389	29:09	9:43	1:46:55
373	18/27	53	Christine Boberg	Chanhassen	MN	39	F	286	16:46	3:22	4:23	426	58:31	14.9	1:41	270	26:00	8:40	1:47:19
374	12/16	33	James Barthel	Dellwood	MN	65	M	359	18:35	3:43	3:49	330	51:39	16.8	2:42	410	30:44	10:15	1:47:27
375	39/47	270	Daniel Kessler	Chaska	MN	47	M	257	16:08	3:14	3:05	352	52:32	16.6	1:54	436	33:56	11:19	1:47:33
376	40/47	436	Mark Rabogliatti	Eden Prairie	MN	47	M	336	17:57	3:36	2:25	435	59:46	14.6	1:17	287	26:13	8:45	1:47:36
377	19/27	433	Kristen Purtell	Deephaven	MN	39	F	435	22:16	4:28	2:27	344	52:16	16.6	1:59	384	28:51	9:37	1:47:48
378	53/59	422	Mike Pietrowski	Hopkins	MN	40	M	234	15:42	3:09	3:48	299	49:39	17.5	7:05	426	32:22	10:48	1:48:34
379	14/19	424	Steve Pinick	Chanhassen	MN	55	M	249	16:00	3:12	5:07	365	53:07	16.4	2:05	424	32:19	10:47	1:48:35
380	20/27	505	Lisen Stoa	Minneapolis	MN	38	F	141	14:10	2:50	3:58	407	56:52	15.3	2:04	417	31:34	10:32	1:48:37
381	21/27	177	Jennifer Gordner	Bloomington	MN	39	F	366	18:55	3:47	4:28	368	53:29	16.3	1:26	406	30:23	10:08	1:48:39
382	20/26	410	Michele Pasko	Minnetonka	MN	46	F	389	19:42	3:57	4:13	319	51:05	17.0	3:11	409	30:36	10:12	1:48:44
383	41/47	191	Kevin Gust	Burnsville	MN	48	M	462	27:21	5:29	3:43	231	47:12	18.4	1:25	390	29:13	9:45	1:48:52
384	12/16	32	Emili Ballweg	Minneapolis	MN	28	F	396	19:58	4:00	2:47	334	51:49	16.8	1:49	429	32:35	10:52	1:48:57
385	42/47	613	John Zattoni	Eden Prairie	MN	46	M	464	27:30	5:30	2:31	243	47:33	18.3	1:25	405	30:22	10:08	1:49:19
386	17/21	568	Abby Wallin	Deephaven	MN	32	F	427	21:45	4:21	3:19	396	55:24	15.7	0:55	364	28:13	9:25	1:49:34
387	15/19	425	David Piper	Minneapolis	MN	58	M	360	18:39	3:44	4:43	423	58:13	14.9	1:10	317	26:58	9:00	1:49:42
388	13/16	260	Joe Kandiko	Excelsior	MN	62	M	184	15:00	3:00	2:56	386	54:11	16.1	3:26	439	34:12	11:24	1:49:43
389	22/27	13	Michelle Amelse	St. Louis Park	MN	39	F	335	17:57	3:36	4:07	424	58:23	14.9	2:23	321	27:00	9:00	1:49:47
390	39/47	303	Christy Lacourse	Deephaven	MN	41	F	446	22:55	4:35	5:06	389	54:25	16.0	2:25	226	25:00	8:20	1:49:50
391	39/44	559	Christopher Vogel	Chicago	IL	37	M	413	20:42	4:09	2:29	433	59:45	14.6	1:00	285	26:13	8:45	1:50:06
392	40/44	545	Federico Troiani	Plymouth	MN	38	M	381	19:25	3:53	4:27	399	55:32	15.7	2:02	385	28:52	9:38	1:50:16
393	1/4	167	Jordan Gill	Lakeville	MN	17	F	352	18:28	3:42	2:26	453	1:04:10	13.6	1:16	173	24:02	8:01	1:50:20
394	2/4	280	Ashlie Knack	Prior Lake	MN	17	F	270	16:24	3:17	4:29	454	1:04:12	13.6	1:15	176	24:04	8:02	1:50:22
395	33/36	580	Tom Wentz	Burnsville	MN	54	M	350	18:24	3:41	3:10	357	52:47	16.5	1:56	440	34:27	11:29	1:50:41
396	40/47	51	Colene Blank	Saint Paul	MN	40	F	277	16:32	3:19	3:39	366	53:17	16.3	2:36	442	34:39	11:33	1:50:41
397	43/47	113	Jim Denn	Edina	MN	47	M	291	16:50	3:22	4:30	419	57:54	15.0	1:06	407	30:26	10:09	1:50:44
398	18/21	510	Elizabeth Storey	Minneapolis	MN	31	F	233	15:41	3:09	3:09	441	1:01:28	14.2	2:48	344	27:40	9:14	1:50:44
399	54/59	159	Brad Fritz	Eagan	MN	44	M	408	20:32	4:07	5:01	431	59:26	14.6	1:39	194	24:18	8:06	1:50:55
400	13/16	252	Katie Johnson	Minneapolis	MN	27	F	226	15:35	3:07	4:44	412	57:28	15.1	0:55	428	32:35	10:52	1:51:15
401	12/15	469	Justin Seurer	Minnetonka	MN	37	M	287	16:47	3:22	2:46	422	58:08	15.0	1:57	420	31:51	10:37	1:51:27
402	23/27	272	Kris Kilmer	Lake Forest	IL	37	F	318	17:19	3:28	3:29	439	1:00:38	14.3	1:31	374	28:33	9:31	1:51:27
403	21/26	360	Carol Miles	Hartford	SD	47	F	285	16:43	3:21	3:22	457	1:04:26	13.5	1:47	237	25:18	8:26	1:51:34
404	22/26	343	Tiffani McCallon	St. Louis Park	MN	45	F	387	19:39	3:56	3:46	415	57:39	15.1	1:06	396	29:37	9:53	1:51:46
405	24/27	61	Ann Bradsher	Eden Prairie	MN	37	F	384	19:32	3:55	5:24	437	1:00:04	14.5	1:04	261	25:46	8:36	1:51:49
406	14/16	356	Courtney Meriwether	St. Louis Park	MN	26	F	430	21:55	4:23	3:21	373	53:33	16.2	1:17	419	31:51	10:37	1:51:56

407	41/47	548 Michelle Tucker	Saint Paul	MN	43 F	438	22:26	4:30	5:30	355	52:38	16.5	1:54	397	29:45	9:55	1:52:11
408	42/47	490 Ann St. Clair	St. Louis Park	MN	43 F	355	18:30	3:42	4:54	438	1:00:10	14.5	1:05	350	27:46	9:16	1:52:23
409	55/59	604 Anton Woo	Minnetrista	MN	40 M	439	22:37	4:32	4:26	402	55:44	15.6	2:12	335	27:28	9:10	1:52:24
410	23/26	523 Maria Swenson	Orono	MN	47 F	392	19:49	3:58	3:33	400	55:39	15.6	2:00	416	31:31	10:31	1:52:31
411	56/59	234 Todd Jackson	Chanhasen	MN	42 M	461	26:36	5:20	3:56	374	53:39	16.2	1:05	345	27:42	9:14	1:52:55
412	1/5	96 Julie Courtney	Excelsior	MN	60 F	357	18:34	3:43	5:24	359	52:51	16.5	2:17	437	34:00	11:20	1:53:04
413	5/6	426 Angela Pitan	Pequot Lakes	MN	22 F	454	23:44	4:45	2:49	385	54:08	16.1	1:29	413	31:03	10:21	1:53:11
414	41/44	161 Andy Frost	Eden Prairie	MN	37 M	326	17:36	3:32	4:41	360	52:55	16.4	1:59	449	36:03	12:01	1:53:13
415	44/47	208 Ken Hawkinson	Lakeville	MN	47 M	463	27:22	5:29	2:42	384	54:07	16.1	2:14	311	26:53	8:58	1:53:14
416	43/47	471 Noelle Sheehan	Eden Prairie	MN	44 F	434	22:13	4:27	4:31	405	56:19	15.4	1:51	371	28:28	9:30	1:53:20
417	19/21	274 Natalie Kirby	Minnetonka	MN	31 F	452	23:36	4:44	3:43	425	58:25	14.9	1:08	305	26:39	8:53	1:53:29
418	13/15	313 Bruce Leach	Excelsior	MN	47 M	379	19:22	3:53	3:00	430	59:25	14.6	0:50	414	31:07	10:23	1:53:42
419	42/44	261 Akshay Kaura	Eden Prairie	MN	38 M	372	19:05	3:49	4:25	336	52:02	16.7	2:00	451	36:30	12:10	1:54:00
420	34/36	196 Dan Halpern	St. Louis Park	MN	51 M	330	17:49	3:34	6:08	436	1:00:01	14.5	2:06	357	27:58	9:20	1:54:01
421	35/36	27 Bill Baker	Minnetonka	MN	53 M	448	23:20	4:40	5:00	377	53:42	16.2	3:52	365	28:18	9:26	1:54:10
422	44/47	157 Amy Freed	Excelsior	MN	42 F	316	17:17	3:28	6:04	456	1:04:24	13.5	1:50	238	25:18	8:26	1:54:52
423	14/15	248 Jerry Johanning	Minnetonka	MN	44 M	340	18:01	3:37	3:21	248	47:39	18.3	2:32	466	43:24	14:28	1:54:55
424	43/44	450 Colin Rooney	Edina	MN	37 M	420	21:18	4:16	6:13	408	56:56	15.3	3:53	322	27:03	9:01	1:55:20
425	16/19	551 Carl Tuura	Plymouth	MN	57 M	378	19:20	3:52	3:47	411	57:27	15.1	2:26	427	32:24	10:48	1:55:22
426	5/8	233 Daphne Immele	Minneapolis	MN	50 F	418	21:03	4:13	3:35	410	57:22	15.2	2:42	411	30:50	10:17	1:55:31
427	3/4	11 Sarah Alexander	Shorewood	MN	18 F	157	14:29	2:54	3:12	466	1:11:01	12.3	0:40	288	26:15	8:45	1:55:35
428	6/8	123 Carol Donen	Chanhassen	MN	52 F	432	22:01	4:25	4:33	432	59:40	14.6	0:59	373	28:31	9:31	1:55:42
429	45/47	29 Pete Baker	Chanhassen	MN	47 M	442	22:47	4:34	3:48	390	54:41	15.9	1:49	430	32:44	10:55	1:55:48
430	2/5	605 Jean Wood	Excelsior	MN	62 F	367	18:57	3:48	3:31	376	53:41	16.2	1:48	457	38:19	12:47	1:56:14
431	14/16	524 Mike Tenney	Excelsior	MN	67 M	295	16:56	3:24	4:50	381	53:51	16.2	3:02	454	37:42	12:34	1:56:20
432	24/26	385 Jennifer Ness	Wayzata	MN	45 F	402	20:14	4:03	2:11	418	57:50	15.0	1:49	441	34:33	11:31	1:56:36
433	44/44	350 Justin McHugh	Wayzata	MN	39 M	222	15:29	3:06	18:57	260	48:13	18.0	6:37	346	27:42	9:14	1:56:56
434	15/16	570 Peter Walman	Minneapolis	MN	70 M	313	17:12	3:27	4:12	417	57:47	15.1	1:51	448	36:02	12:01	1:57:02
435	20/21	295 Kate Krejci	Deephaven	MN	31 F	426	21:40	4:20	3:29	440	1:00:43	14.3	1:46	408	30:30	10:10	1:58:06
436	45/47	603 Angela Woo	Minnetrista	MN	42 F	406	20:23	4:05	3:28	451	1:03:54	13.6	0:59	395	29:31	9:51	1:58:12
437	25/27	245 Nancy Jerdee	Excelsior	MN	38 F	344	18:05	3:37	3:11	414	57:31	15.1	1:30	455	38:00	12:40	1:58:15
438	15/15	64 Narvel Brooks	Waconia	MN	60 M	443	22:49	4:34	2:58	337	52:03	16.7	2:33	456	38:08	12:43	1:58:28
439	36/36	106 Kevin Dana	Chaska	MN	50 M	302	17:05	3:25	7:36	404	56:16	15.5	2:48	444	34:58	11:40	1:58:41
440	57/59	602 Alex Woo	Lexington	KY	43 M	450	23:30	4:42	3:39	397	55:28	15.7	2:24	438	34:09	11:23	1:59:08
441	15/16	423 Brie Pileggi	Minnetonka	MN	28 F	428	21:51	4:23	3:43	394	55:06	15.8	3:06	450	36:11	12:04	1:59:55
442	58/59	84 Stephen Charbonnet	Shorewood	MN	43 M	465	27:47	5:34	5:16	398	55:30	15.7	3:01	369	28:23	9:28	1:59:56
443	7/8	119 Janice Dimond	Excelsior	MN	52 F	407	20:31	4:07	6:09	413	57:30	15.1	2:17	445	35:09	11:43	2:01:34
444	4/4	298 Alex Kubitz	Wayzata	MN	13 F	351	18:27	3:42	5:08	463	1:06:11	13.1	1:41	404	30:22	10:08	2:01:47
445	59/59	416 Jeff Peters	Excelsior	MN	44 M	440	22:41	4:33	4:31	461	1:05:45	13.2	1:13	347	27:43	9:15	2:01:51
446	8/8	145 Barb Falzone	St. Louis Park	MN	51 F	304	17:06	3:26	5:40	465	1:08:24	12.7	2:02	380	28:43	9:35	2:01:53
447	46/47	117 Jennifer Dietz	Owatonna	MN	41 F	459	26:11	5:15	3:15	420	57:57	15.0	2:39	421	31:59	10:40	2:01:59
448	26/27	327 Maria Loucks	Edina	MN	38 F	421	21:18	4:16	4:24	452	1:03:55	13.6	2:24	401	30:05	10:02	2:02:02
449	17/19	130 Philip Dunlay	Minnetonka	MN	55 M	436	22:17	4:28	4:16	434	59:45	14.6	3:24	431	32:51	10:57	2:02:32
450	6/6	561 Allison Vos	Golden Valley	MN	21 F	361	18:41	3:45	4:02	447	1:02:59	13.8	2:10	447	35:26	11:49	2:03:15
451	27/27	615 Kristin Ziegler	Minneapolis	MN	39 F	453	23:43	4:45	4:36	429	59:15	14.7	2:39	432	33:31	11:11	2:03:42
452	16/16	100 Lyle Crider	Shakopee	MN	69 M	455	23:55	4:47	5:22	449	1:03:06	13.8	1:11	412	30:56	10:19	2:04:29
453	46/47	503 Martin Stillman	St. Louis Park	MN	46 M	441	22:42	4:33	6:17	442	1:02:12	14.0	1:57	425	32:21	10:47	2:05:27
454	18/19	218 Bob Hollway	St. Louis Park	MN	55 M	458	24:50	4:58	3:40	427	58:39	14.8	2:08	453	37:26	12:29	2:06:42
455	16/16	283 Sarah Kneller	Minneapolis	MN	27 F	409	20:32	4:07	2:14	450	1:03:18	13.7	1:06	461	39:38	13:13	2:06:46
456	3/5	478 Mary Beth Simpson	Chanhasen	MN	63 F	447	23:05	4:37	4:42	448	1:03:01	13.8	2:18	434	33:50	11:17	2:06:54
457	25/25	569 Matthew Wallin	Deephaven	MN	32 M	457	24:44	4:57	3:08	458	1:04:30	13.5	0:59	443	34:49	11:37	2:08:09
458	2/2	407 Nina Page	Minneapolis	MN	44 F	401	20:10	4:02	3:33	443	1:02:19	14.0	2:58	463	40:03	13:21	2:09:01
459	4/5	533 Carrie Tietz	Excelsior	MN	62 F	395	19:57	4:00	5:05	445	1:02:55	13.8	4:04	459	38:21	12:47	2:10:20
460	5/5	391 Patti Oakes	Minneapolis	MN	60 F	397	19:59	4:00	5:08	444	1:02:51	13.8	4:05	458	38:19	12:47	2:10:21
461	47/47	562 James Vos	Golden Valley	MN	49 M	66	12:52	2:35	17:45	446	1:02:57	13.8	2:12	446	35:25	11:49	2:11:09
462	47/47	516 Rachel Sutherlin	Minnetonka	MN	42 F	425	21:32	4:19	6:11	459	1:04:42	13.4	3:11	452	37:10	12:24	2:12:44
463	19/19	18 Mark Anderson	Excelsior	MN	56 M	398	20:07	4:02	5:57	455	1:04:15	13.5	4:04	460	38:57	12:59	2:13:18
464	25/26	455 Laura Ryan	St Louis Park	MN	47 F	415	20:46	4:10	5:29	460	1:04:45	13.4	2:44	462	39:47	13:16	2:13:30
465	21/21	131 Sophie Duran	St Louis Park	MN	30 F	460	26:22	5:17	4:06	464	1:07:28	12.9	2:03	464	40:08	13:23	2:20:05

MALE RELAY RESULTS

Place	Bib	TEAM NAME & SWIMMER, BIKER, RUNNER	Rank	Swim	Pace	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	624	Moore Boys Dave Moore , Joe Moore , Peter Moore	1	14:31	2:55	1:26	1	1:10:19	12.4	1:41	1	25:09	8:23	1:53:05

FEMALE RELAY RESULTS

Place	Bib	TEAM NAME & SWIMMER, BIKER, RUNNER	Rank	Swim	Pace	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	618	Fairfield Power Christine Cutting , Carly Weaver , Laura Fritz	1	17:33	3:31	1:02	2	47:03	18.5	0:31	4	26:38	8:53	1:32:45
2	619	Hot Teachers Lisa Thornton , Gillian Sawtell , Jacqui Vainik	5	22:26	4:30	1:18	3	47:05	18.5	0:33	1	23:43	7:55	1:35:02
3	622	Just Tri It Anna Nystuen , Tyssa Erickson , Ellen Nystuen	4	20:27	4:06	1:02	4	48:07	18.1	0:34	5	28:11	9:24	1:38:20
4	628	Third Degree Robbie Bray , Sarah Kolar , Jen Goldsmith	6	23:12	4:39	1:02	5	49:28	17.6	0:34	2	25:02	8:21	1:39:15
5	623	McCarthy Girls Marin McCarthy , Diane McCarthy , Meade McCarthy	3	18:17	3:40	1:49	6	54:56	15.8	0:32	3	25:10	8:24	1:40:42
6	620	Jilty's Tri for Life Gen McJilton , Pauline McJilton , Kathleen Pengelly	2	18:09	3:38	0:45	1	45:22	19.2	1:25	6	48:44	16:15	1:54:23

COED RELAY RESULTS

Place	Bib	TEAM NAME & SWIMMER, BIKER, RUNNER	Rank	Swim	Pace	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	626	Soylent Green Amy Gammill , Rob Hutter , Rich Gammill	2	12:13	2:27	0:58	1	41:52	20.8	0:28	2	22:31	7:31	1:18:00
2	617	Balding Men,Younger Woman Jessica Lee , Jonathon (Johnson , Henry (joe Henk	3	12:19	2:28	0:38	3	44:36	19.5	0:44	4	27:12	9:04	1:25:27
3	625	Orange crush Ben Chastek , Paul Buzinec , Leigh Borton	1	11:35	2:19	1:02	5	51:38	16.8	0:45	1	21:20	7:07	1:26:18
4	629	two guys and a chica Christophe Erickson , Paul Lundberg , Kristine Erickso	5	21:38	4:20	0:51	2	43:46	19.9	0:23	3	25:31	8:31	1:32:07
5	627	TEAM LEGENDARY Amanda Ward , Jeff Richtman , Emma Richtman	4	20:08	4:02	0:54	4	46:58	18.5	0:35	5	27:12	9:04	1:35:45

PENALTY TIME ISSUED

No.	Name	City	St	Age	Penalty Time	Penalty Comment
=====	=====	=====	=====	=====	=====	=====

NON QUALIFYING RESULTS: SPRINT

Bib	Name	City	St	Age	Sex	Rank	SWIM	100yd	Trn.1	Rank	BIKE	MPH	Trn.2	Rank	RUN	Pace	FINISH
312	Brianna Lavelle	Chaska	MN	14	F	2	11:19	2:16	1:23	1	48:36	17.9	0:52				
598	Vicki Windfeldt	Eden Prairie	MN	59	F	6	27:22	5:29	6:13	2	1:22:41	10.5	2:44				
279	Anton Knack	Prior Lake	MN	19	M	1	10:55	2:11	1:55								
502	Eric Stevenson	Hopkins	MN	31	M	5	23:18	4:40	11:29								
621	Peggy Anderson	Chanhassen	MN	53	F	3	15:00	3:00	20:57								
6	Matthew Abroe	Edina	MN	37	M	4	16:08	3:14									
116	Ted Dickey	Chaska	MN	56	M	7	33:54	6:47									

OVERALL MALE ELITE RESULTS

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	187	Brooks Grossinger	Mayer	MN	35	6	10:44	2:09	1:00	3	35:53	24.2	0:52	1	16:28	5:30	1:04:56
2	329	Brett Lovaas	Minnetonka	MN	37	1	9:51	1:59	0:49	8	36:36	23.8	0:44	3	17:41	5:54	1:05:39
3	237	Sam Janicki	Vadnais Heights	MN	26	8	11:02	2:13	0:59	2	35:46	24.3	0:33	5	17:59	6:00	1:06:17
4	462	Tony Schiller	Eden Prairie	MN	53	7	10:47	2:10	1:17	1	35:28	24.5	0:40	6	18:33	6:11	1:06:43
5	460	John Schelp	Maple Grove	MN	40	2	10:23	2:05	1:00	7	36:14	24.0	0:57	9	19:04	6:22	1:07:35
6	182	Jeff Grebner	Saint Paul	MN	45	3	10:24	2:05	1:13	4	36:08	24.1	1:02	8	19:00	6:20	1:07:45
7	68	Mike Buenting	Chanhassen	MN	37	10	12:47	2:34	1:37	5	36:09	24.1	0:33	2	16:57	5:39	1:08:01
8	133	Andrew Eichelman	Greenwood	MN	43	4	10:33	2:07	1:59	10	37:51	23.0	1:09	7	18:33	6:11	1:10:02
9	107	Michael Danielson	Tonka Bay	MN	48	9	11:09	2:14	1:35	11	38:42	22.5	1:08	4	17:47	5:56	1:10:18
10	162	Chris Frykman	Minneapolis	MN	35	11	13:00	2:36	1:27	6	36:11	24.0	0:38	10	19:56	6:39	1:11:10
11	221	Brian Holthus	Vadnais Heights	MN	54	5	10:35	2:07	1:20	9	37:18	23.3	1:34	11	21:27	7:09	1:12:12

OVERALL FEMALE ELITE RESULTS

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	610	Cathy Yndestad	Rosemont	MN	33	1	10:22	2:05	1:11	1	38:47	22.4	0:33	1	19:21	6:27	1:10:11
2	506	Nordica Stocker	Minneapolis	MN	26	4	11:22	2:17	1:03	4	39:52	21.8	0:53	6	20:50	6:57	1:13:57
3	589	Liv Williamsen	Chanhassen	MN	34	2	11:15	2:15	1:21	5	40:02	21.7	0:51	5	20:33	6:51	1:14:00
4	189	Jan Guenther	Mound	MN	53	5	12:29	2:30	1:23	3	39:43	21.9	1:05	3	19:41	6:34	1:14:19
5	520	Laura Swartz	St. Louis Park	MN	45	6	13:22	2:41	1:25	2	38:51	22.4	1:01	4	19:49	6:37	1:14:26
6	485	Ann Snuggerud	Chaska	MN	44	3	11:17	2:16	1:22	7	42:22	20.5	0:58	2	19:30	6:30	1:15:27
7	387	Jen Neuman	Ramsey	MN	42	7	13:50	2:46	1:16	6	40:57	21.2	1:09	7	21:07	7:03	1:18:18

OVERALL MALE CLYDESDALE RESULTS

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	528	Chad Thompson	Victoria	MN	42	1	13:07	2:38	2:01	1	37:20	23.3	0:53	3	22:52	7:38	1:16:10
2	491	Josh Stahl	Minnetonka	MN	43	4	13:55	2:47	1:28	2	39:52	21.8	0:53	4	23:43	7:55	1:19:49
3	352	Steven McPherson	Richfield	MN	38	6	14:22	2:53	1:11	3	41:36	20.9	1:08	2	21:46	7:16	1:20:01
4	575	Seth Warren	Plymouth	MN	25	3	13:20	2:40	1:59	4	44:18	19.6	1:24	1	21:27	7:09	1:22:26
5	560	Richard Von Lehe	Champlin	MN	41	2	13:10	2:38	1:23	5	44:25	19.6	0:56	5	25:26	8:29	1:25:18
6	442	Chris Ries	Minneapolis	MN	32	5	14:05	2:49	2:57	7	45:07	19.3	2:07	7	27:45	9:15	1:31:59
7	538	Joe Toth	Mound	MN	40	10	16:38	3:20	2:08	6	44:48	19.4	1:58	8	27:57	9:19	1:33:27
8	132	Bob Eastman	Orono	MN	46	8	15:19	3:04	2:40	11	52:09	16.7	2:13	6	26:03	8:41	1:38:23
9	125	Steve Donen	Chanhassen	MN	54	13	19:05	3:49	2:10	9	51:29	16.9	0:44	10	28:35	9:32	1:42:01
10	496	Devin Stefanowicz	Thompson	ND	42	9	16:03	3:13	2:54	12	53:07	16.4	2:29	9	28:19	9:27	1:42:49

11	337	Monty Maitland	Mound	MN	39	7	14:32	2:55	2:59	13	53:48	16.2	1:45	13	32:10	10:44	1:45:12
12	469	Justin Seurer	Minnetonka	MN	37	11	16:47	3:22	2:46	14	58:08	15.0	1:57	12	31:51	10:37	1:51:27
13	313	Bruce Leach	Excelsior	MN	47	14	19:22	3:53	3:00	15	59:25	14.6	0:50	11	31:07	10:23	1:53:42
14	248	Jerry Johanning	Minnetonka	MN	44	12	18:01	3:37	3:21	8	47:39	18.3	2:32	15	43:24	14:28	1:54:55
15	64	Narvel Brooks	Waconia	MN	60	15	22:49	4:34	2:58	10	52:03	16.7	2:33	14	38:08	12:43	1:58:28

=====

OVERALL FEMALE ATHENA RESULTS

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	566	Emily Waitz	Hopkins	MN	35	1	17:04	3:25	2:22	1	52:39	16.5	1:13	1	26:23	8:48	1:39:39
2	407	Nina Page	Minneapolis	MN	44	2	20:10	4:02	3:33	2	1:02:19	14.0	2:58	2	40:03	13:21	2:09:01

TOP TEN SWIM TIMES

PLACE	NAME	CITY	ST	AGE	S	Swim	100
=====	=====	=====	=====	=====	=====	Time	yds
1	Zach Wood	Hopkins	MN	27	M	9:34	1:55
2	Brett Lovaas	Minnetonka	MN	37	M	9:51	1:59
3	Kurt Becker	Afton	MN	45	M	10:10	2:02
4	Carrie Stolar	Chanhassen	MN	45	F	10:22	2:05
5	Cathy Yndestad	Rosemont	MN	33	F	10:22	2:05
6	John Schelp	Maple Grove	MN	40	M	10:23	2:05
7	Jeff Grebner	Saint Paul	MN	45	M	10:24	2:05
8	Gabrielle Bunten	Forest Lake	MN	20	F	10:25	2:05
9	Preston Youngdahl	Wayzata	MN	22	M	10:26	2:06
10	Tyler Schmidt	Hopkins	MN	26	M	10:30	2:06

TOP TEN BIKE TIMES

PLACE	NAME	CITY	ST	AGE	S	Bike	Time	MPH
=====	=====	=====	=====	=====	=====	Time	MPH	=====
1	Tony Schiller	Eden Prairie	MN	53	M	35:28	24.5	
2	Sam Janicki	Vadnais Heights	MN	26	M	35:46	24.3	
3	Brooks Grossinger	Mayer	MN	35	M	35:53	24.2	
4	Jeff Grebner	Saint Paul	MN	45	M	36:08	24.1	
5	Mike Buenting	Chanhassen	MN	37	M	36:09	24.1	
6	Chris Frykman	Minneapolis	MN	35	M	36:11	24.0	
7	John Schelp	Maple Grove	MN	40	M	36:14	24.0	
8	Andy Wiberg	Eden Prairie	MN	33	M	36:22	23.9	
9	Brett Lovaas	Minnetonka	MN	37	M	36:36	23.8	
10	Preston Youngdahl	Wayzata	MN	22	M	36:53	23.6	

TOP TEN RUN TIMES

PLACE	NAME	CITY	ST	AGE	S	Run	Time	Pace
=====	=====	=====	=====	=====	=====	Time	Pace	=====
1	Brooks Grossinger	Mayer	MN	35	M	16:28	5:30	
2	Mike Buenting	Chanhassen	MN	37	M	16:57	5:39	
3	Andy Wiberg	Eden Prairie	MN	33	M	17:11	5:44	
4	Brett Lovaas	Minnetonka	MN	37	M	17:41	5:54	
5	Michael Danielson	Tonka Bay	MN	48	M	17:47	5:56	
6	Sam Janicki	Vadnais Heights	MN	26	M	17:59	6:00	
7	Robert Brown	Hopkins	MN	37	M	18:18	6:06	
8	Tony Schiller	Eden Prairie	MN	53	M	18:33	6:11	
9	Andrew Eichelman	Greenwood	MN	43	M	18:33	6:11	
10	Thomas Morgan	Minneapolis	MN	37	M	18:36	6:12	

OVERALL MALE AGE GROUP RESULTS

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	46	Josh Bertelson	Minnetonka	MN	32	6	10:34	2:07	0:57	3	37:04	23.5	1:02	4	18:42	6:14	1:08:16
2	586	Andy Wiberg	Eden Prairie	MN	33	36	12:42	2:33	1:11	1	36:22	23.9	1:09	1	17:11	5:44	1:08:34
3	612	Preston Youngdahl	Wayzata	MN	22	3	10:26	2:06	1:51	2	36:53	23.6	0:49	14	19:41	6:34	1:09:39
4	66	Robert Brown	Hopkins	MN	37	20	11:37	2:20	1:09	12	38:04	22.9	0:41	2	18:18	6:06	1:09:46
5	37	Kurt Becker	Afton	MN	45	2	10:10	2:02	1:17	14	38:06	22.8	0:42	26	20:21	6:47	1:10:35
6	592	Aaron Wilson	Eden Prairie	MN	38	25	12:05	2:25	1:10	8	37:44	23.1	0:39	10	19:20	6:27	1:10:57
7	371	Thomas Morgan	Minneapolis	MN	37	55	13:29	2:42	0:57	4	37:23	23.3	0:54	3	18:36	6:12	1:11:18
8	10	Jack Alexander	San Antonio	TX	57	26	12:10	2:26	1:00	15	38:09	22.8	0:50	13	19:41	6:34	1:11:48
9	396	Christian Oestreich	Minnetonka	MN	33	17	11:26	2:18	1:35	19	38:51	22.4	0:39	12	19:28	6:30	1:11:57
10	399	Kevin Olson	Orono	MN	53	12	11:13	2:15	1:06	6	37:28	23.2	0:41	53	21:46	7:16	1:12:14
11	488	Tim Sosnowski	Eden Prairie	MN	41	10	11:09	2:14	1:40	18	38:45	22.5	1:04	15	19:44	6:35	1:12:21
12	381	Kevin Nelson	St Paul	MN	41	50	13:21	2:41	1:11	7	37:42	23.1	1:03	8	19:15	6:25	1:12:31
13	556	Kirk Vesterstein	Duluth	MN	50	57	13:31	2:43	1:58	5	37:25	23.3	0:48	6	18:58	6:20	1:12:38
14	181	Nick Greb	Windsor Heights	IA	30	24	12:00	2:24	1:18	17	38:35	22.5	0:48	21	20:06	6:42	1:12:45
15	54	Douglas Boehme	Woodbury	MN	46	22	11:43	2:21	1:37	16	38:11	22.8	0:45	28	20:31	6:51	1:12:45
16	444	Micah Roberts	Eden Prairie	MN	37	7	10:52	2:11	1:31	10	37:56	22.9	1:00	44	21:29	7:10	1:12:46
17	38	Scott Beesley	St. Paul	MN	34	31	12:26	2:30	1:18	21	39:15	22.2	0:53	5	18:56	6:19	1:12:47
18	173	Dave Goldberg	Excelsior	MN	51	14	11:14	2:15	1:22	33	40:19	21.6	0:44	20	20:03	6:41	1:13:41
19	311	Brian Lavelle	Chaska	MN	50	21	11:39	2:20	1:21	31	39:52	21.8	0:46	27	20:27	6:49	1:14:03
20	50	Mike Blair	Prior Lake	MN	42	44	13:13	2:39	1:32	11	38:01	22.9	0:47	29	20:33	6:51	1:14:04
21	26	Omar Awad	Shoreview	MN	43	5	10:30	2:06	1:37	45	41:17	21.1	1:06	16	19:48	6:36	1:14:16
22	492	Tim Staloch	Minneapolis	MN	31	43	13:04	2:37	1:31	27	39:42	21.9	1:00	9	19:19	6:27	1:14:34
23	606	Zach Wood	Hopkins	MN	27	1	9:34	1:55	2:02	60	42:01	20.7	0:46	23	20:15	6:45	1:14:36
24	281	David Knack	Prior Lake	MN	49	29	12:16	2:28	1:44	29	39:47	21.9	0:41	22	20:12	6:44	1:14:38
25	150	Skip Fitting	Buffalo	MN	57	77	13:54	2:47	1:24	28	39:43	21.9	0:53	25	20:20	6:47	1:16:13
26	497	Gregg Steiger	Minnetonka	MN	46	91	14:16	2:52	1:29	9	37:52	23.0	1:25	41	21:20	7:07	1:16:21
27	346	Pearce McCarty	Chanhassen	MN	42	92	14:17	2:52	1:57	13	38:05	22.8	1:07	43	21:24	7:08	1:16:49
28	102	Bill Currie	Chanhassen	MN	42	11	11:11	2:15	1:46	22	39:16	22.2	0:41	117	24:05	8:02	1:16:57
29	527	Shawn Thomas	Eden Prairie	MN	39	69	13:45	2:45	1:49	37	40:49	21.3	0:58	17	19:52	6:38	1:17:12
30	184	Dan Greer	Spring Park	MN	26	76	13:54	2:47	1:34	20	38:53	22.4	0:47	60	22:07	7:23	1:17:13
31	473	Eric Showers	Minnetonka	MN	49	40	13:01	2:37	1:39	32	40:19	21.6	0:46	52	21:46	7:16	1:17:28
32	543	John Trettel	Excelsior	MN	53	74	13:52	2:47	2:05	66	42:10	20.6	0:45	7	19:03	6:21	1:17:53
33	525	Andrew Tewksbury	St Louis Park	MN	28	93	14:17	2:52	1:30	46	41:25	21.0	0:54	18	19:58	6:40	1:18:03
34	376	Paul Mullaney	Chanhassen	MN	51	16	11:25	2:17	2:03	44	41:14	21.1	1:03	67	22:22	7:28	1:18:05
35	574	Nicholas Ward	Golden Valley	MN	33	67	13:41	2:45	1:18	65	42:09	20.6	1:00	31	20:39	6:53	1:18:45
36	550	Thorn Turner	Shorewood	MN	49	15	11:19	2:16	1:56	91	43:31	20.0	0:59	38	21:02	7:01	1:18:46
37	541	Nick Traxler	Deephaven	MN	17	64	13:38	2:44	1:07	96	43:39	19.9	1:06	11	19:24	6:28	1:18:52
38	539	Paul Traczyk	Shoreview	MN	42	63	13:37	2:44	1:46	36	40:44	21.4	0:54	57	21:53	7:18	1:18:53
39	428	Stan Pohmer	St. Louis Park	MN	33	70	13:46	2:46	1:57	63	42:08	20.6	1:05	19	20:03	6:41	1:18:57
40	464	Tyler Schmidt	Hopkins	MN	26	4	10:30	2:06	2:01	69	42:33	20.4	1:34	71	22:32	7:31	1:19:08
41	156	Greg Franzen	Plymouth	MN	57	34	12:31	2:31	1:46	64	42:08	20.6	1:05	54	21:51	7:17	1:19:20
42	567	Tim J Walker	Minnetonka	MN	45	73	13:49	2:46	2:00	23	39:22	22.1	0:45	106	23:33	7:51	1:19:27
43	325	David Liske	Saint Louis Park	MN	40	106	14:47	2:58	1:42	35	40:30	21.5	0:54	50	21:40	7:14	1:19:30
44	257	Marc Justinak	Excelsior	MN	43	129	15:16	3:04	1:26	24	39:29	22.0	1:05	66	22:18	7:26	1:19:31
45	59	Doug Glaster	Eden Prairie	MN	39	32	12:28	2:30	2:26	95	43:36	20.0	0:57	24	20:18	6:46	1:19:43
46	169	Paul Glade	Cedar Falls	IA	57	114	15:01	3:01	1:11	48	41:33	20.9	1:04	40	21:12	7:04	1:20:00
47	207	Chris Hawes	Minneapolis	MN	38	41	13:04	2:37	2:02	43	41:13	21.1	0:59	81	22:49	7:37	1:20:06
48	264	Edward Kelly	Saint Paul	MN	47	39	12:57	2:36	3:03	34	40:22	21.6	0:44	89	23:04	7:42	1:20:08
49	48	John Bird	Chanhassen	MN	50	27	12:13	2:27	2:01	61	42:05	20.7	1:10	77	22:42	7:34	1:20:09
50	34	Patrick Baskfield	Madelia	MN	54	109	14:59	3:00	1:41	25	39:35	22.0	2:50	39	21:11	7:04	1:20:13
51	24	Mark Augdahl	Chaska	MN	46	51	13:21	2:41	2:02	76	42:58	20.2	1:06	34	20:53	6:58	1:20:19
52	318	Andy Leier	Shakopee	MN	46	117	15:04	3:01	2:09	58	41:57	20.7	1:05	33	20:50	6:57	1:21:04

53	616	Aaron Zinter	Saint Louis Park	MN	35	127	15:13	3:03	1:44	54	41:49	20.8	0:53	46	21:32	7:11	1:21:10
54	509	Dan Stone	Maple Grove	MN	54	108	14:56	3:00	1:46	26	39:35	22.0	3:26	49	21:38	7:13	1:21:18
55	585	John Weum	Eden Prairie	MN	51	9	11:08	2:14	1:34	84	43:12	20.1	1:17	124	24:12	8:04	1:21:21
56	12	Mark Ambrosen	Excelsior	MN	58	80	14:00	2:48	2:07	49	41:34	20.9	1:07	74	22:38	7:33	1:21:23
57	590	Steven Williamsen	Chanhassen	MN	37	54	13:28	2:42	1:52	39	40:51	21.3	1:06	122	24:09	8:03	1:21:24
58	474	Wayne Siegel	St. Louis Park	MN	50	144	15:47	3:10	3:16	40	40:54	21.3	0:44	35	20:57	6:59	1:21:36
59	440	Bob Revoir	Plymouth	MN	48	119	15:06	3:02	2:08	67	42:17	20.6	1:01	45	21:30	7:10	1:22:01
60	114	Stephen Dennison	Maple Grove	MN	17	19	11:35	2:19	1:25	134	45:35	19.1	1:25	58	22:03	7:21	1:22:01
61	90	Thomas Coles	Apple Valley	MN	51	49	13:20	2:40	2:28	56	41:54	20.8	1:19	93	23:10	7:44	1:22:09
62	152	Bryan Flood	Richfield	MN	25	121	15:09	3:02	1:52	87	43:16	20.1	1:05	37	20:58	7:00	1:22:18
63	307	Peter Lancaster	Minneapolis	MN	57	52	13:25	2:41	2:32	59	41:58	20.7	1:33	84	22:53	7:38	1:22:20
64	358	Troy Meyer	Victoria	MN	46	97	14:27	2:54	2:12	55	41:49	20.8	1:07	85	22:54	7:38	1:22:26
65	57	Nate Boike	St. Louis Park	MN	39	78	13:55	2:47	1:38	38	40:49	21.3	1:02	155	25:14	8:25	1:22:36
66	164	Brett Furber	Minneapolis	MN	35	23	12:00	2:24	2:08	98	43:45	19.9	1:17	102	23:30	7:50	1:22:38
67	108	Joseph Daniski	Minnetonka	MN	34	146	15:50	3:10	2:07	47	41:28	21.0	0:59	64	22:17	7:26	1:22:39
68	121	Jason Dohm	Milaca	MN	43	33	12:30	2:30	2:28	62	42:05	20.7	1:14	130	24:24	8:08	1:22:40
69	89	Bradley Close	Orono	MN	43	125	15:13	3:03	1:44	92	43:32	20.0	0:54	48	21:37	7:13	1:22:57
70	372	Brian Morrison	Coon Rapids	MN	38	13	11:13	2:15	2:11	145	46:03	18.9	1:04	86	22:54	7:38	1:23:24
71	204	Alan Haskins	Hugo	MN	36	75	13:53	2:47	1:45	83	43:12	20.1	1:22	97	23:20	7:47	1:23:30
72	611	Jack Youngberg	Eden Prairie	MN	41	104	14:42	2:57	2:07	86	43:15	20.1	1:06	68	22:25	7:29	1:23:33
73	324	Dave Link	Eden Prairie	MN	45	60	13:33	2:43	2:06	74	42:57	20.3	0:55	120	24:07	8:03	1:23:35
74	22	Greg Asplund	Excelsior	MN	40	58	13:32	2:43	2:25	90	43:30	20.0	1:57	62	22:14	7:25	1:23:35
75	326	Frank Lombardo	Lakeville	MN	58	133	15:18	3:04	1:39	70	42:36	20.4	1:27	80	22:47	7:36	1:23:45
76	97	Darrell Coyle	Prior Lake	MN	50	71	13:47	2:46	2:12	53	41:49	20.8	2:17	113	23:52	7:58	1:23:55
77	315	David (morse Leavenwort	Orono	MN	45	90	14:12	2:51	1:29	115	44:32	19.5	0:56	90	23:05	7:42	1:24:11
78	489	Robert Spencer	Minneapolis	MN	46	18	11:32	2:19	2:07	109	44:11	19.7	0:52	179	26:08	8:43	1:24:46
79	384	Lawrence Nemecek	Minnetrista	MN	45	87	14:10	2:50	2:00	106	43:56	19.8	1:54	82	22:50	7:37	1:24:48
80	195	Daniel Hackenberg	Eden Prairie	MN	39	53	13:27	2:42	3:33	127	45:07	19.3	1:11	47	21:35	7:12	1:24:50
81	526	Steve Theis	Deephaven	MN	52	68	13:45	2:45	2:09	104	43:54	19.8	1:22	111	23:49	7:57	1:24:56
82	45	Scott Berry	St. Louis Park	MN	34	103	14:39	2:56	2:14	85	43:14	20.1	0:54	121	24:09	8:03	1:25:07
83	595	Garrett Wilson	Edina	MN	41	123	15:10	3:02	2:14	57	41:55	20.8	1:09	145	24:47	8:16	1:25:13
84	457	Ken Saddler	Chanhassen	MN	47	79	13:57	2:48	2:28	75	42:57	20.3	1:23	144	24:47	8:16	1:25:29
85	201	Chris Harristhal	Minneapolis	MN	50	84	14:03	2:49	2:39	118	44:36	19.5	1:50	70	22:31	7:31	1:25:37
86	199	Jonathan Hard	Mankato	MN	39	30	12:22	2:29	3:03	110	44:11	19.7	1:25	143	24:40	8:14	1:25:40
87	451	Kyle Rooney	Tonka Bay	MN	35	59	13:32	2:43	2:22	154	46:33	18.7	0:47	76	22:40	7:34	1:25:52
88	39	David Behrens	Hopkins	MN	34	47	13:16	2:40	2:16	148	46:10	18.8	0:50	101	23:27	7:49	1:25:58
89	211	Craig Hendrickson	Hopkins	MN	35	115	15:04	3:01	2:49	133	45:31	19.1	1:24	42	21:21	7:07	1:26:07
90	320	Mike Lesage	Chanhassen	MN	42	206	18:01	3:37	1:58	73	42:41	20.4	1:06	69	22:26	7:29	1:26:10
91	408	Ryan Palmer	Chaska	MN	33	62	13:37	2:44	1:20	119	44:37	19.5	1:10	160	25:28	8:30	1:26:10
92	336	Matt Mahannah	Chanhassen	MN	39	150	15:54	3:11	2:53	142	45:47	19.0	1:15	36	20:58	7:00	1:26:46
93	365	Tommy Moe	Minnetrista	MN	37	175	16:47	3:22	3:24	82	43:11	20.1	0:39	87	22:55	7:39	1:26:56
94	139	Jay Erb	Chanhassen	MN	45	81	14:00	2:48	2:37	114	44:29	19.6	0:59	152	25:05	8:22	1:27:08
95	94	Scott Coryell	St Paul	MN	58	138	15:33	3:07	2:38	71	42:37	20.4	2:20	116	24:02	8:01	1:27:08
96	465	Kurt Schultz	Lakeville	MN	49	152	16:00	3:12	2:00	79	43:05	20.2	1:37	137	24:32	8:11	1:27:12
97	547	E.J. Tso	Minneapolis	MN	39	241	20:51	4:11	1:21	42	40:58	21.2	0:33	105	23:33	7:51	1:27:14
98	230	John Hughes	Long Lake	MN	43	98	14:28	2:54	2:34	129	45:11	19.3	1:41	100	23:24	7:48	1:27:16
99	588	Chris Wilhoit	St. Louis Park	MN	42	128	15:14	3:03	3:35	77	43:03	20.2	1:14	127	24:16	8:06	1:27:20
100	349	Michael McCue	Saint Paul	MN	37	163	16:11	3:15	1:51	101	43:50	19.8	1:17	125	24:14	8:05	1:27:21
101	449	Reid Romer	Robbinsdale	MN	28	48	13:18	2:40	1:52	173	47:33	18.3	1:25	99	23:23	7:48	1:27:29
102	192	Marcus Gustafson	Edina	MN	60	95	14:20	2:52	1:42	51	41:43	20.9	1:58	219	27:49	9:17	1:27:30
103	14	Tom Amundson	Minneapolis	MN	61	113	15:01	3:01	1:53	124	44:50	19.4	1:13	139	24:37	8:13	1:27:32
104	205	Eric Hathaway	Minneapolis	MN	33	168	16:21	3:17	3:02	30	39:47	21.9	1:17	207	27:18	9:06	1:27:43
105	31	Beau Ballin	Deephaven	MN	36	83	14:03	2:49	2:03	166	47:08	18.5	1:02	104	23:31	7:51	1:27:45
106	63	Ryan Breisach	Robbinsdale	MN	29	190	17:13	3:27	2:21	72	42:39	20.4	1:06	135	24:29	8:10	1:27:47
107	179	Michael John Gournaris	Lakeville	MN	38	116	15:04	3:01	2:44	113	44:20	19.6	1:45	126	24:14	8:05	1:28:05
108	328	Matthew Loucks	Edina	MN	38	183	17:06	3:26	2:40	99	43:47	19.9	1:51	79	22:45	7:35	1:28:07
109	275	Nicholas Kish	Edina	MN	27	46	13:14	2:39	3:29	195	49:02	17.7	1:45	32	20:42	6:54	1:28:11
110	258	Vince Justinak	Blaine	MN	54	167	16:18	3:16	2:45	50	41:37	20.9	1:27	185	26:16	8:46	1:28:20
111	398	Erik Olson	Shakopee	MN	40	157	16:05	3:13	2:01	97	43:41	19.9	1:58	141	24:38	8:13	1:28:22

112	532	William Thweatt	Lakeville	MN	61	82	14:01	2:49	2:27	112	44:17	19.6	1:51	172	25:54	8:38	1:28:29
113	178	Eric Goullaud	Plymouth	MN	67	96	14:26	2:54	2:00	117	44:33	19.5	1:30	180	26:08	8:43	1:28:36
114	554	Frederic Vereecken	Minnetonka	MN	42	171	16:27	3:18	1:24	185	48:20	18.0	0:51	51	21:44	7:15	1:28:44
115	576	James Wassenberg	Falcon Heights	MN	43	130	15:17	3:04	2:02	135	45:37	19.1	1:08	147	24:55	8:19	1:28:57
116	165	James Gaul	Bloomington	MN	40	122	15:09	3:02	3:13	187	48:23	18.0	1:37	30	20:38	6:53	1:28:58
117	572	Steve Wander	Minnetonka	MN	44	147	15:51	3:11	2:03	108	44:08	19.7	1:57	151	25:04	8:22	1:29:02
118	334	Timothy Magnusson	Minnetonka	MN	40	223	19:23	3:53	2:25	103	43:51	19.8	1:14	61	22:13	7:25	1:29:05
119	472	Scott Shepard	Minnetonka	MN	47	162	16:11	3:15	2:32	126	45:07	19.3	1:36	110	23:48	7:56	1:29:12
120	514	Nick Summers	Mound	MN	44	105	14:42	2:57	1:53	137	45:39	19.1	1:20	169	25:47	8:36	1:29:19
121	128	Curt Dubbeldee	St Louis Park	MN	29	100	14:30	2:54	2:25	130	45:14	19.2	1:42	165	25:34	8:32	1:29:23
122	180	Andy Grant	Eden Prairie	MN	41	161	16:10	3:14	2:05	111	44:13	19.7	1:22	162	25:34	8:32	1:29:23
123	151	John Flaa	Plymouth	MN	50	88	14:10	2:50	2:14	183	48:15	18.0	1:28	96	23:18	7:46	1:29:24
124	482	Jason Smith	Roseville	MN	37	35	12:41	2:33	2:34	191	48:40	17.9	0:54	142	24:38	8:13	1:29:26
125	301	Randy Kurth	Wayzata	MN	42	149	15:53	3:11	2:20	176	47:36	18.3	1:43	59	22:07	7:23	1:29:36
126	322	Marc Lindstrom	Excelsior	MN	26	188	17:12	3:27	2:15	156	46:47	18.6	1:13	63	22:15	7:25	1:29:40
127	212	Randy Herman	Excelsior	MN	53	170	16:26	3:18	2:53	153	46:30	18.7	1:22	73	22:36	7:32	1:29:45
128	340	Bob Marchetti	Champlin	MN	54	85	14:04	2:49	2:34	116	44:32	19.5	2:12	190	26:27	8:49	1:29:48
129	412	Erik Paulsen	Excelsior	MN	42	244	21:19	4:16	2:51	41	40:55	21.3	1:46	95	23:13	7:45	1:30:01
130	265	Curtis Kenkel	Saint Paul	MN	43	213	18:33	3:43	1:42	128	45:11	19.3	1:12	103	23:30	7:50	1:30:05
131	330	Dick Lowry	North Mankato	MN	55	86	14:07	2:50	1:58	143	45:54	19.0	1:32	196	26:42	8:54	1:30:10
132	174	Jason Good	Victoria	MN	42	186	17:09	3:26	1:52	121	44:42	19.5	1:34	149	24:58	8:20	1:30:14
133	296	Chris Krieg	Shakopee	MN	34	232	20:16	4:04	1:51	120	44:40	19.5	1:41	56	21:53	7:18	1:30:19
134	71	Michael Burica	Plymouth	MN	43	89	14:11	2:51	3:26	164	47:07	18.5	1:34	119	24:06	8:02	1:30:23
135	519	Aaron Swann	Edina	MN	42	226	19:38	3:56	2:03	102	43:50	19.8	1:11	114	23:53	7:58	1:30:33
136	351	Ryan McKesson	Chaska	MN	30	28	12:14	2:27	1:59	201	49:39	17.5	0:54	170	25:50	8:37	1:30:33
137	429	Chad Pointer	Chanhassen	MN	44	134	15:18	3:04	3:28	105	43:55	19.8	1:47	181	26:12	8:44	1:30:38
138	427	Thomas Pohlad	Shorewood	MN	52	135	15:21	3:05	2:30	168	47:17	18.4	1:27	118	24:06	8:02	1:30:39
139	494	Scott Stanek	Prior Lake	MN	47	203	17:53	3:35	3:16	149	46:11	18.8	1:32	55	21:52	7:18	1:30:42
140	185	Tom Griffin	Bloomington	MN	49	154	16:02	3:13	2:06	140	45:43	19.0	0:46	183	26:13	8:45	1:30:49
141	266	Dj Kennedy	Chanhassen	MN	40	174	16:40	3:20	4:11	136	45:38	19.1	2:07	65	22:18	7:26	1:30:52
142	62	Neal Bradsher	Eden Prairie	MN	45	66	13:39	2:44	3:32	188	48:25	18.0	0:55	140	24:38	8:13	1:31:07
143	98	Mike Craig	Shakopee	MN	37	131	15:17	3:04	2:19	162	47:01	18.5	0:51	168	25:44	8:35	1:31:10
144	397	Bryan Olson	Victoria	MN	45	202	17:53	3:35	2:07	131	45:21	19.2	0:58	148	24:58	8:20	1:31:15
145	443	Donald Rix	Chanhassen	MN	46	141	15:41	3:09	2:02	94	43:33	20.0	1:30	229	28:33	9:31	1:31:17
146	55	Nate Boen	Minnetonka	MN	44	185	17:09	3:26	3:37	152	46:29	18.7	1:14	83	22:50	7:37	1:31:17
147	232	David Imdieke	Saint Paul	MN	37	65	13:39	2:44	1:56	215	51:26	16.9	1:02	98	23:21	7:47	1:31:22
148	105	Jeff Daly	Lakeville	MN	52	187	17:09	3:26	2:12	125	45:00	19.3	1:36	164	25:34	8:32	1:31:29
149	374	Dave Mulcrone	Shakopee	MN	52	179	16:57	3:24	2:51	172	47:32	18.3	1:06	92	23:09	7:43	1:31:32
150	530	Justin Thunstrom	Plymouth	MN	17	107	14:48	2:58	2:12	200	49:31	17.6	0:56	123	24:09	8:03	1:31:33
151	368	Rick Monro	Plymouth	MN	43	136	15:25	3:05	2:20	132	45:26	19.1	1:46	199	26:55	8:59	1:31:51
152	511	Mark Struthers	Chanhassen	MN	43	182	17:05	3:25	3:12	171	47:31	18.3	1:24	78	22:44	7:35	1:31:55
153	409	Eric Partington	Maple Grove	MN	40	164	16:13	3:15	2:46	169	47:21	18.4	2:10	108	23:41	7:54	1:32:09
154	430	Chris Potenza	Chanhassen	MN	41	228	19:48	3:58	2:33	68	42:30	20.5	1:43	171	25:50	8:37	1:32:22
155	36	Terry Beachey	Excelsior	MN	50	227	19:40	3:56	2:29	93	43:33	20.0	1:11	166	25:43	8:35	1:32:33
156	268	Ian Kerr	Shorewood	MN	62	160	16:09	3:14	4:05	179	47:51	18.2	1:28	91	23:06	7:42	1:32:38
157	43	Aaron Berdofe	Minneapolis	MN	28	196	17:30	3:30	1:56	192	48:42	17.9	2:00	72	22:36	7:32	1:32:43
158	277	Matthew Kley	Minneapolis	MN	30	124	15:12	3:03	2:14	186	48:21	18.0	0:59	175	26:01	8:41	1:32:45
159	190	Kyle Gulbrandson	Eagan	MN	32	42	13:04	2:37	2:52	212	51:16	17.0	1:15	136	24:30	8:10	1:32:55
160	227	Steffen Howard	Edina	MN	44	209	18:23	3:41	2:44	122	44:46	19.4	1:57	154	25:10	8:24	1:32:58
161	363	Peter Miller	Zimmerman	MN	54	200	17:42	3:33	2:19	139	45:43	19.0	1:14	176	26:02	8:41	1:32:59
162	217	Keith Holder	Carver	MN	36	118	15:06	3:02	2:58	146	46:07	18.9	1:14	214	27:38	9:13	1:33:02
163	158	Thomas Frerichs	Plymouth	MN	44	155	16:03	3:13	2:59	107	43:59	19.8	1:19	232	28:45	9:35	1:33:03
164	142	Chris Evenson	Mound	MN	38	236	20:36	4:08	3:06	78	43:05	20.2	1:29	146	24:52	8:18	1:33:06
165	370	John Morey	St Paul	MN	28	212	18:30	3:42	3:09	123	44:47	19.4	1:41	150	25:01	8:21	1:33:07
166	601	Brent Witt	Minneapolis	MN	32	45	13:13	2:39	3:28	190	48:37	17.9	1:12	195	26:40	8:54	1:33:09
167	314	Tim Leach	Minneapolis	MN	54	61	13:35	2:43	3:22	177	47:38	18.3	2:11	191	26:29	8:50	1:33:14
168	446	Mike Rogers	Minnetonka	MN	47	173	16:40	3:20	2:41	155	46:47	18.6	1:43	161	25:29	8:30	1:33:18
169	168	Kevin Gilligan	Saint Paul	MN	46	211	18:29	3:42	3:18	141	45:45	19.0	1:26	134	24:28	8:10	1:33:23
170	19	Peter Andrada	San Jose	CA	39	204	17:54	3:35	2:43	161	46:59	18.5	0:46	153	25:05	8:22	1:33:26

171	111	Jay Dellis	Richfield	MN	45	259	23:21	4:41	2:59	52	41:44	20.8	2:01	112	23:51	7:57	1:33:53
172	41	Jim Bell	Victoria	MN	54	191	17:16	3:28	2:11	150	46:12	18.8	1:25	203	27:06	9:02	1:34:08
173	176	Tim Goodyear	Minnetonka	MN	45	56	13:31	2:43	3:55	206	50:11	17.3	2:09	131	24:25	8:09	1:34:08
174	467	Jason Sedlak	Bloomington	MN	37	110	14:59	3:00	3:15	163	47:03	18.5	1:59	204	27:15	9:05	1:34:30
175	120	Michael Dimond	Excelsior	MN	53	229	19:57	4:00	3:18	89	43:29	20.0	1:15	194	26:38	8:53	1:34:36
176	369	Mark Mooers	Edina	MN	43	194	17:25	3:29	3:08	151	46:17	18.8	1:55	173	25:57	8:39	1:34:41
177	338	Dan Maras	Shakopee	MN	46	101	14:31	2:55	3:14	175	47:34	18.3	2:03	208	27:26	9:09	1:34:47
178	419	Matt Picchetti	Minneapolis	MN	33	72	13:48	2:46	2:52	233	53:30	16.3	1:02	107	23:40	7:54	1:34:50
179	529	Jason Thunstrom	Plymouth	MN	42	217	18:41	3:45	2:24	184	48:19	18.0	1:05	132	24:25	8:09	1:34:52
180	583	Benjamin Wessner	Minneapolis	MN	34	37	12:48	2:34	2:48	204	49:58	17.4	2:05	205	27:16	9:06	1:34:55
181	332	Dan Lund	Chanhassen	MN	47	199	17:38	3:32	3:44	81	43:08	20.2	1:27	236	28:59	9:40	1:34:56
182	389	Joel Nielson	Eagan	MN	29	120	15:08	3:02	2:38	207	50:12	17.3	0:41	187	26:20	8:47	1:34:57
183	244	Ken Jensen	Minnetonka	MN	47	261	23:33	4:43	1:52	100	43:47	19.9	0:55	159	25:25	8:29	1:35:31
184	557	Nick Vetter	Minneapolis	MN	47	165	16:17	3:16	4:01	181	48:07	18.1	1:06	188	26:22	8:48	1:35:51
185	361	Brian Miller	New Brighton	MN	28	231	20:08	4:02	3:11	158	46:56	18.5	1:12	133	24:27	8:09	1:35:52
186	553	Jack Vander Linden	St. Louis Park	MN	29	233	20:21	4:05	4:10	138	45:41	19.0	1:27	129	24:20	8:07	1:35:58
187	534	Christian Tietz	Minnetonka	MN	34	156	16:04	3:13	2:44	217	51:42	16.8	2:46	94	23:11	7:44	1:36:25
188	219	Philip Hollway	Minneapolis	MN	25	111	14:59	3:00	2:10	208	50:15	17.3	1:08	220	27:56	9:19	1:36:26
189	101	Mark Cryderman	Howell	MI	65	208	18:12	3:39	5:12	193	48:43	17.9	2:26	75	22:39	7:33	1:37:11
190	77	Jr Campuzano	Shorewood	MN	47	220	19:16	3:52	4:28	157	46:55	18.5	2:06	138	24:36	8:12	1:37:18
191	411	Paul Pasko	Minnetonka	MN	47	248	22:03	4:25	3:42	88	43:22	20.1	2:07	189	26:25	8:49	1:37:37
192	17	Jeff Anderson	Oakdale	MN	41	256	22:53	4:35	2:50	80	43:07	20.2	2:28	197	26:49	8:57	1:38:04
193	210	Dave Heine	Eden Prairie	MN	51	151	15:55	3:11	5:19	178	47:41	18.2	1:33	218	27:49	9:17	1:38:15
194	251	Karl Johnson	Hopkins	MN	30	102	14:36	2:56	4:42	211	50:45	17.1	3:04	156	25:15	8:25	1:38:19
195	231	Ryan Hurt	Chanhassen	MN	39	126	15:13	3:03	2:38	221	52:21	16.6	2:00	186	26:16	8:46	1:38:26
196	288	Charles Koch	Minneapolis	MN	32	192	17:17	3:28	3:06	224	52:30	16.6	2:08	109	23:45	7:55	1:38:44
197	226	Jerry House	Woodbury	MN	64	234	20:23	4:05	2:33	205	50:01	17.4	2:13	115	23:54	7:58	1:39:02
198	421	Jon Pierce	Excelsior	MN	43	195	17:29	3:30	2:13	210	50:42	17.2	1:15	211	27:29	9:10	1:39:06
199	347	Thomas McConville	Osseo	MN	59	242	20:59	4:12	3:02	144	46:00	18.9	1:12	226	28:22	9:28	1:39:33
200	333	Tom Lyons	Excelsior	MN	59	99	14:29	2:54	3:15	198	49:26	17.6	2:20	242	30:08	10:03	1:39:35
201	304	Michael Lacourse	Deephaven	MN	43	240	20:45	4:09	4:10	170	47:21	18.4	4:30	88	23:02	7:41	1:39:47
202	216	Greg Holcomb	Chaska	MN	46	237	20:36	4:08	4:40	165	47:07	18.5	1:43	177	26:03	8:41	1:40:08
203	483	Phillip Smith	Shorewood	MN	51	180	17:00	3:24	2:44	234	53:31	16.3	1:26	163	25:34	8:32	1:40:13
204	406	Bob Oxborough	Plymouth	MN	56	184	17:07	3:26	3:23	213	51:18	17.0	2:31	174	26:01	8:41	1:40:17
205	238	Gary Jarrett	Shorewood	MN	57	145	15:49	3:10	3:28	222	52:25	16.6	2:11	192	26:33	8:51	1:40:25
206	504	Jim Stitt	St Paul	MN	38	238	20:40	4:08	2:13	194	48:56	17.8	1:30	212	27:32	9:11	1:40:49
207	378	Richard Nazarian	Excelsior	MN	50	255	22:49	4:34	4:01	147	46:08	18.9	2:26	167	25:43	8:35	1:41:06
208	459	John Scheef	Golden Valley	MN	34	140	15:40	3:08	3:14	236	53:41	16.2	1:22	213	27:38	9:13	1:41:33
209	290	Attila Konkoly	Eden Prairie	MN	40	193	17:20	3:28	4:53	230	52:58	16.4	1:02	158	25:23	8:28	1:41:34
210	188	Joe Gryskiewicz	Edina	MN	63	172	16:32	3:19	5:11	197	49:17	17.7	2:09	233	28:46	9:36	1:41:54
211	437	Tim Regan	Deephaven	MN	46	263	24:18	4:52	3:10	189	48:32	17.9	0:46	157	25:15	8:25	1:41:59
212	317	Peter Lee	Deephaven	MN	41	214	18:35	3:43	2:47	203	49:56	17.4	2:11	230	28:36	9:32	1:42:02
213	65	James Brown	Prior Lake	MN	40	132	15:17	3:04	3:55	228	52:47	16.5	1:40	228	28:26	9:29	1:42:04
214	331	Dan Ludowise	Mound	MN	37	250	22:18	4:28	2:30	160	46:57	18.5	2:01	225	28:20	9:27	1:42:05
215	60	Jean-Paul Botha	Minneapolis	MN	29	94	14:18	2:52	2:46	244	55:03	15.8	1:17	239	29:20	9:47	1:42:41
216	578	Rich Weeks	Eden Prairie	MN	51	177	16:53	3:23	2:48	159	46:56	18.5	2:35	254	33:32	11:11	1:42:42
217	563	David Voss	Minneapolis	MN	50	148	15:51	3:11	2:55	238	53:49	16.2	2:59	206	27:18	9:06	1:42:50
218	82	John Chapman	Eagan	MN	39	245	21:25	4:17	3:04	180	47:55	18.2	1:21	241	29:29	9:50	1:43:12
219	292	Rick Kotovic	Excelsior	MN	40	225	19:29	3:54	2:41	220	52:03	16.7	2:16	200	26:58	9:00	1:43:25
220	294	Drew Krejci	Deephaven	MN	35	143	15:46	3:10	3:32	223	52:26	16.6	2:19	240	29:28	9:50	1:43:30
221	109	Jeff Day	Plymouth	MN	63	221	19:18	3:52	4:02	226	52:34	16.6	1:11	193	26:33	8:51	1:43:36
222	163	Thomas Fulton	Saint Louis Park	MN	65	198	17:37	3:32	2:55	196	49:14	17.7	2:07	247	31:46	10:36	1:43:38
223	254	Ward Johnson	Minneapolis	MN	41	218	19:02	3:49	4:10	214	51:24	16.9	1:43	209	27:27	9:09	1:43:44
224	74	Jeff Callinan	Wayzata	MN	39	166	16:18	3:16	3:06	231	53:04	16.4	2:48	231	28:36	9:32	1:43:49
225	373	Neil Moses-Zirkes	Mendota Heights	MN	44	169	16:23	3:17	3:58	243	54:49	15.9	1:18	222	28:02	9:21	1:44:28
226	388	Jeff Newhouse	Minnetonka	MN	47	246	21:27	4:18	3:16	218	51:44	16.8	2:04	178	26:08	8:43	1:44:37
227	477	J. Richard Simpson	Chanhassen	MN	63	207	18:05	3:37	4:44	209	50:36	17.2	2:27	234	28:50	9:37	1:44:41
228	67	Staven Bruce	Minneapolis	MN	42	139	15:36	3:08	2:43	252	57:45	15.1	1:11	223	28:08	9:23	1:45:21
229	242	Eric Jensen	Victoria	MN	38	247	21:53	4:23	4:09	199	49:30	17.6	1:59	238	29:13	9:45	1:46:42

230	33	James Barthel	Dellwood	MN	65	215	18:35	3:43	3:49	216	51:39	16.8	2:42	245	30:44	10:15	1:47:27
231	270	Daniel Kessler	Chaska	MN	47	159	16:08	3:14	3:05	225	52:32	16.6	1:54	255	33:56	11:19	1:47:33
232	436	Mark Rabogliatti	Eden Prairie	MN	47	205	17:57	3:36	2:25	260	59:46	14.6	1:17	184	26:13	8:45	1:47:36
233	422	Mike Pietrowski	Hopkins	MN	40	142	15:42	3:09	3:48	202	49:39	17.5	7:05	250	32:22	10:48	1:48:34
234	424	Steve Pinick	Chanhausen	MN	55	153	16:00	3:12	5:07	232	53:07	16.4	2:05	248	32:19	10:47	1:48:35
235	191	Kevin Gust	Burnsville	MN	48	267	27:21	5:29	3:43	167	47:12	18.4	1:25	237	29:13	9:45	1:48:52
236	613	John Zattoni	Eden Prairie	MN	46	269	27:30	5:30	2:31	174	47:33	18.3	1:25	243	30:22	10:08	1:49:19
237	425	David Piper	Minneapolis	MN	58	216	18:39	3:44	4:43	255	58:13	14.9	1:10	201	26:58	9:00	1:49:42
238	260	Joe Kandiko	Excelsior	MN	62	112	15:00	3:00	2:56	241	54:11	16.1	3:26	257	34:12	11:24	1:49:43
239	559	Christopher Vogel	Chicago	IL	37	239	20:42	4:09	2:29	258	59:45	14.6	1:00	182	26:13	8:45	1:50:06
240	545	Federico Troiani	Plymouth	MN	38	224	19:25	3:53	4:27	247	55:32	15.7	2:02	235	28:52	9:38	1:50:16
241	580	Tom Wentz	Burnsville	MN	54	210	18:24	3:41	3:10	227	52:47	16.5	1:56	258	34:27	11:29	1:50:41
242	113	Jim Denn	Edina	MN	47	176	16:50	3:22	4:30	254	57:54	15.0	1:06	244	30:26	10:09	1:50:44
243	159	Brad Fritz	Eagan	MN	44	235	20:32	4:07	5:01	257	59:26	14.6	1:39	128	24:18	8:06	1:50:55
244	604	Anton Woo	Minnetrista	MN	40	251	22:37	4:32	4:26	248	55:44	15.6	2:12	210	27:28	9:10	1:52:24
245	234	Todd Jackson	Chanhausen	MN	42	266	26:36	5:20	3:56	235	53:39	16.2	1:05	215	27:42	9:14	1:52:55
246	161	Andy Frost	Eden Prairie	MN	37	197	17:36	3:32	4:41	229	52:55	16.4	1:59	263	36:03	12:01	1:53:13
247	208	Ken Hawkinson	Lakeville	MN	47	268	27:22	5:29	2:42	240	54:07	16.1	2:14	198	26:53	8:58	1:53:14
248	261	Akshay Kaura	Eden Prairie	MN	38	219	19:05	3:49	4:25	219	52:02	16.7	2:00	264	36:30	12:10	1:54:00
249	196	Dan Halpern	St. Louis Park	MN	51	201	17:49	3:34	6:08	261	1:00:01	14.5	2:06	221	27:58	9:20	1:54:01
250	27	Bill Baker	Minnetonka	MN	53	258	23:20	4:40	5:00	237	53:42	16.2	3:52	224	28:18	9:26	1:54:10
251	450	Colin Rooney	Edina	MN	37	243	21:18	4:16	6:13	250	56:56	15.3	3:53	202	27:03	9:01	1:55:20
252	551	Carl Tuura	Plymouth	MN	57	222	19:20	3:52	3:47	251	57:27	15.1	2:26	251	32:24	10:48	1:55:22
253	29	Pete Baker	Chanhausen	MN	47	254	22:47	4:34	3:48	242	54:41	15.9	1:49	252	32:44	10:55	1:55:48
254	524	Mike Tenney	Excelsior	MN	67	178	16:56	3:24	4:50	239	53:51	16.2	3:02	266	37:42	12:34	1:56:20
255	350	Justin McHugh	Wayzata	MN	39	137	15:29	3:06	18:57	182	48:13	18.0	6:37	216	27:42	9:14	1:56:56
256	570	Peter Walman	Minneapolis	MN	70	189	17:12	3:27	4:12	253	57:47	15.1	1:51	262	36:02	12:01	1:57:02
257	106	Kevin Dana	Chaska	MN	50	181	17:05	3:25	7:36	249	56:16	15.5	2:48	260	34:58	11:40	1:58:41
258	602	Alex Woo	Lexington	KY	43	260	23:30	4:42	3:39	245	55:28	15.7	2:24	256	34:09	11:23	1:59:08
259	84	Stephen Charbonnet	Shorewood	MN	43	270	27:47	5:34	5:16	246	55:30	15.7	3:01	227	28:23	9:28	1:59:56
260	416	Jeff Peters	Excelsior	MN	44	252	22:41	4:33	4:31	267	1:05:45	13.2	1:13	217	27:43	9:15	2:01:51
261	130	Philip Dunlay	Minnetonka	MN	55	249	22:17	4:28	4:16	259	59:45	14.6	3:24	253	32:51	10:57	2:02:32
262	100	Lyle Crider	Shakopee	MN	69	262	23:55	4:47	5:22	264	1:03:06	13.8	1:11	246	30:56	10:19	2:04:29
263	503	Martin Stillman	St. Louis Park	MN	46	253	22:42	4:33	6:17	262	1:02:12	14.0	1:57	249	32:21	10:47	2:05:27
264	218	Bob Hollway	St Louis Park	MN	55	265	24:50	4:58	3:40	256	58:39	14.8	2:08	265	37:26	12:29	2:06:42
265	569	Matthew Wallin	Deephaven	MN	32	264	24:44	4:57	3:08	266	1:04:30	13.5	0:59	259	34:49	11:37	2:08:09
266	562	James Vos	Golden Valley	MN	49	38	12:52	2:35	17:45	263	1:02:57	13.8	2:12	261	35:25	11:49	2:11:09
267	18	Mark Anderson	Excelsior	MN	56	230	20:07	4:02	5:57	265	1:04:15	13.5	4:04	267	38:57	12:59	2:13:18
268	279	Anton Knack	Prior Lake	MN	19	8	10:55	2:11	1:55								
269	502	Eric Stevenson	Hopkins	MN	31	257	23:18	4:40	11:29								
270	6	Matthew Abroe	Edina	MN	37	158	16:08	3:14									
271	116	Ted Dickey	Chaska	MN	56	271	33:54	6:47									

=====

OVERALL FEMALE AGE GROUP RESULTS

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	70	Gabrielle Bunten	Forest Lake	MN	20	2	10:25	2:05	1:42	2	41:36	20.9	0:57	4	21:06	7:02	1:15:44
2	222	Angie Hop-Mracek	Rosemount	MN	41	9	11:57	2:24	1:53	1	41:00	21.2	0:49	15	21:54	7:18	1:17:31
3	103	Juli Currie	Chanhausen	MN	40	17	13:00	2:36	1:41	4	42:14	20.6	0:44	3	20:57	6:59	1:18:34
4	153	Sarah Foley	Cologne	MN	41	23	13:21	2:41	1:29	8	43:02	20.2	0:58	8	21:12	7:04	1:20:01
5	362	Lynne Miller	Elk River	MN	38	40	14:31	2:55	2:02	9	43:06	20.2	0:41	1	20:47	6:56	1:21:06
6	138	Leslie Englert	Maple Grove	MN	45	21	13:15	2:39	1:31	6	42:49	20.3	1:07	20	22:42	7:34	1:21:23
7	170	Christine Glaze	Eden Prairie	MN	36	26	13:43	2:45	1:48	15	44:07	19.7	0:58	5	21:06	7:02	1:21:41
8	348	Colleen McCormick	Isanti	MN	50	30	14:02	2:49	1:49	14	43:55	19.8	1:34	9	21:28	7:10	1:22:47
9	531	Millicent Thweatt	Lakeville	MN	49	11	12:21	2:29	2:21	20	44:32	19.5	1:02	26	23:12	7:44	1:23:25
10	393	Jenny O'Brien	Sioux Falls	SD	37	47	14:53	2:59	2:11	21	44:36	19.5	0:57	2	20:51	6:57	1:23:27

11	278	Amy Klosterman	White Bear Lake	MN	50	15	12:51	2:35	1:42	16	44:08	19.7	0:37	43	24:14	8:05	1:23:30
12	214	Deb Hess	St. Paul	MN	35	49	14:55	2:59	1:58	13	43:52	19.8	1:04	14	21:50	7:17	1:23:38
13	608	Shannon Worum	Golden Valley	MN	32	51	15:02	3:01	2:54	11	43:25	20.0	1:16	6	21:08	7:03	1:23:42
14	404	Nicole Osmundson	Sioux Falls	SD	41	45	14:47	2:58	1:53	12	43:35	20.0	0:44	22	22:50	7:37	1:23:47
15	640	Sara Ahlquist	Minnetonka	MN	42	33	14:16	2:52	1:42	19	44:24	19.6	0:55	29	23:26	7:49	1:24:41
16	540	Beth Trautman	Medina	MN	45	80	16:28	3:18	1:35	3	42:11	20.6	1:00	31	23:34	7:52	1:24:46
17	76	Patty Campbell	Plymouth	MN	43	12	12:34	2:31	1:09	28	46:11	18.8	0:54	44	24:14	8:05	1:25:00
18	344	Karen McCarran	St Louis Park	MN	36	13	12:43	2:33	1:25	45	47:35	18.3	1:03	18	22:31	7:31	1:25:15
19	42	Kirsten Beltz	Plymouth	MN	33	92	16:56	3:24	1:35	18	44:13	19.7	0:57	11	21:39	7:13	1:25:18
20	500	Amy Stern	Eden Prairie	MN	38	59	15:20	3:04	2:24	5	42:46	20.3	1:00	37	24:03	8:01	1:25:31
21	282	Alison Knapp	Saint Paul	MN	41	75	16:20	3:16	3:11	7	42:51	20.3	1:02	17	22:22	7:28	1:25:44
22	306	Cecile Lamour	St Paul	MN	28	4	11:18	2:16	2:25	43	47:20	18.4	1:28	28	23:19	7:47	1:25:48
23	392	Erin O'Brien	Sioux Falls	SD	31	29	14:01	2:49	1:49	49	47:52	18.2	0:36	13	21:44	7:15	1:26:00
24	508	Carrie Stolar	Chanhassen	MN	45	1	10:22	2:05	2:18	44	47:22	18.4	1:21	50	24:41	8:14	1:26:01
25	136	Karen Eklin	Plymouth	MN	48	31	14:09	2:50	1:26	25	45:46	19.0	1:18	30	23:27	7:49	1:26:03
26	58	Jill Bollettieri	Saint Louis Park	MN	42	6	11:39	2:20	2:03	57	48:29	17.9	0:49	24	23:08	7:43	1:26:07
27	515	Jodi Sussner	Chaska	MN	36	67	15:40	3:08	1:41	17	44:12	19.7	0:57	33	23:44	7:55	1:26:12
28	479	Caroline Skaar-Page	Eden Prairie	MN	45	66	15:37	3:08	2:22	10	43:18	20.1	1:20	48	24:38	8:13	1:27:13
29	186	Sarah Grobel	Victoria	MN	41	27	13:53	2:47	2:30	23	44:53	19.4	1:20	51	24:44	8:15	1:27:18
30	466	Barbara Scouler	Excelsior	MN	49	3	10:43	2:09	2:05	41	47:14	18.4	1:31	73	25:58	8:40	1:27:29
31	302	Dawn Labiosa	Apple Valley	MN	47	18	13:04	2:37	1:44	33	46:35	18.7	1:13	63	25:28	8:30	1:28:01
32	431	Liz Promer	Roseville	MN	41	73	16:02	3:13	1:59	31	46:32	18.7	1:39	16	22:15	7:25	1:28:24
33	35	Maren Bauerle	Plymouth	MN	33	42	14:34	2:55	1:40	34	46:40	18.6	1:25	45	24:19	8:07	1:28:36
34	172	Lisa Goepfert	Blaine	MN	49	52	15:05	3:01	1:57	29	46:15	18.8	0:50	49	24:40	8:14	1:28:45
35	558	Sara Vine	Minneapolis	MN	27	25	13:40	2:44	2:12	62	48:38	17.9	1:18	23	22:59	7:40	1:28:46
36	228	Therese Hovard	Edina	MN	43	54	15:11	3:03	1:56	37	46:53	18.6	1:19	32	23:37	7:53	1:28:54
37	493	Laurie Stanek	Prior Lake	MN	48	88	16:47	3:22	1:54	24	45:37	19.1	1:26	41	24:10	8:04	1:29:52
38	49	Erika Bjorklund	St. Louis Park	MN	27	14	12:48	2:34	2:03	71	49:35	17.5	1:05	54	24:55	8:19	1:30:24
39	263	Amy Kelly	Saint Paul	MN	42	90	16:52	3:23	2:45	60	48:37	17.9	1:17	7	21:08	7:03	1:30:36
40	127	Jessie Donovan	Buffalo	MN	29	22	13:20	2:40	2:19	61	48:37	17.9	0:47	68	25:43	8:35	1:30:43
41	79	Joan Casey	St Louis Park	MN	47	10	12:16	2:28	1:44	67	49:12	17.7	1:38	75	26:01	8:41	1:30:49
42	87	Casey Claypool	Deephaven	MN	33	57	15:14	3:03	2:19	39	47:07	18.5	1:50	46	24:22	8:08	1:30:50
43	487	Peg Sorensen	Chaska	MN	55	24	13:23	2:41	2:39	32	46:32	18.7	1:10	99	27:15	9:05	1:30:57
44	236	Rea James	Long Lake	MN	41	20	13:07	2:38	2:01	76	50:05	17.4	1:14	53	24:54	8:18	1:31:20
45	386	Julie Nessly	Chanhassen	MN	44	44	14:44	2:57	3:12	35	46:46	18.6	1:16	66	25:35	8:32	1:31:31
46	536	Stephanie Tollefson	Chanhassen	MN	41	55	15:14	3:03	1:42	53	48:14	18.0	1:31	60	25:20	8:27	1:31:58
47	271	Erin Kieley	Orono	MN	40	100	17:23	3:29	3:03	63	48:44	17.9	1:38	12	21:41	7:14	1:32:28
48	203	Anne Hartman (garlock)	Mound	MN	36	76	16:22	3:17	2:55	51	48:00	18.1	1:09	40	24:07	8:03	1:32:31
49	243	Jen Jensen	Victoria	MN	36	83	16:33	3:19	2:13	42	47:14	18.4	1:23	56	25:10	8:24	1:32:33
50	166	Lori Gengler	Plymouth	MN	40	105	17:58	3:36	2:03	27	45:55	18.9	1:13	64	25:30	8:30	1:32:35
51	544	Megan Trickey	Minnetonka	MN	29	34	14:18	2:52	2:11	50	47:58	18.1	1:39	92	27:00	9:00	1:33:04
52	394	Cheryl O'Connell	Eden Prairie	MN	41	72	15:59	3:12	2:25	30	46:23	18.8	1:40	89	26:54	8:58	1:33:19
53	579	Beth Wehrman	Maple Grove	MN	31	58	15:17	3:04	2:28	46	47:44	18.2	2:06	76	26:05	8:42	1:33:39
54	140	Christy Erickson	Plymouth	MN	31	39	14:31	2:54	3:16	47	47:46	18.2	2:02	77	26:06	8:42	1:33:39
55	484	Sally Smith	Corcoran	MN	39	69	15:43	3:09	2:25	55	48:20	18.0	1:03	81	26:17	8:46	1:33:46
56	124	Heather Donen	Rochester	MN	23	61	15:28	3:06	1:47	81	50:55	17.1	0:39	57	25:11	8:24	1:33:58
57	577	Allison Watt	Plymouth	MN	34	96	17:08	3:26	2:59	58	48:33	17.9	1:25	39	24:06	8:02	1:34:10
58	463	Lindsey Schmidt	Hopkins	MN	27	8	11:53	2:23	2:03	22	44:53	19.4	1:37	149	33:55	11:19	1:34:19
59	644	Christie McCarthy	Eden Prairie	MN	42	93	16:59	3:24	2:12	36	46:49	18.6	1:23	93	27:00	9:00	1:34:20
60	297	Susan Krieg	Shakopee	MN	34	128	19:29	3:54	2:52	54	48:16	18.0	2:15	10	21:32	7:11	1:34:22
61	91	Tara Collins	Minnetrista	MN	40	37	14:29	2:54	2:58	84	51:08	17.0	1:44	42	24:13	8:05	1:34:30
62	403	Marissa Onheiber	Golden Valley	MN	44	62	15:29	3:06	2:34	56	48:22	18.0	1:09	97	27:08	9:03	1:34:40
63	220	Susan Holt	Plymouth	MN	56	28	13:58	2:48	2:48	70	49:35	17.5	1:28	91	26:56	8:59	1:34:42
64	415	Mary Perlich	Minnetonka	MN	50	71	15:54	3:11	2:33	40	47:14	18.4	1:14	109	27:53	9:18	1:34:45
65	239	Colleen Jason	Eden Prairie	MN	47	41	14:34	2:55	3:21	99	52:31	16.6	1:35	21	22:48	7:36	1:34:46
66	420	Gloria Piche	Duluth	MN	41	84	16:36	3:20	2:13	26	45:49	19.0	1:24	123	29:08	9:43	1:35:08
67	249	Leanne Johansen	Wayzata	MN	36	60	15:21	3:05	2:44	79	50:12	17.3	0:36	82	26:24	8:48	1:35:15
68	224	Melissa Horner	Tonka Bay	MN	42	85	16:43	3:21	3:00	75	50:03	17.4	2:13	34	23:48	7:56	1:35:44
69	456	Mary Ryan	Minnetrista	MN	56	119	18:48	3:46	2:36	69	49:29	17.6	1:42	27	23:18	7:46	1:35:51

70	357	Marcie Meyer	Victoria	MN	46	91	16:54	3:23	2:17	66	48:53	17.8	1:03	96	27:04	9:02	1:36:09
71	299	Tracey Kubitz	Wayzata	MN	46	130	19:36	3:56	3:20	38	46:59	18.5	1:39	52	24:53	8:18	1:36:26
72	395	Pam O'Connor	Chanhassen	MN	42	43	14:34	2:55	2:14	64	48:45	17.8	1:29	128	29:50	9:57	1:36:50
73	596	Jackie Windfeldt	Tacoma	WA	30	112	18:18	3:40	3:22	88	51:38	16.8	0:59	19	22:38	7:33	1:36:52
74	240	Molly Jeatran	Minneapolis	MN	32	38	14:30	2:54	2:02	52	48:04	18.1	2:00	132	30:21	10:07	1:36:55
75	293	Jessica Kottke	Saint Paul	MN	38	111	18:12	3:39	3:25	86	51:32	16.9	0:45	25	23:10	7:44	1:37:01
76	448	Kathleen Roller	Orono	MN	43	124	19:00	3:48	1:59	48	47:50	18.2	1:36	87	26:49	8:57	1:37:11
77	609	Jennifer Wozniczka	Minneapolis	MN	28	65	15:37	3:08	1:58	77	50:08	17.4	1:24	116	28:30	9:30	1:37:34
78	28	Janet Baker	Minnetonka	MN	37	70	15:48	3:10	2:46	93	52:06	16.7	1:16	71	25:48	8:36	1:37:41
79	85	Sarah Chillo	Minneapolis	MN	32	82	16:33	3:19	2:29	74	49:55	17.4	2:09	88	26:49	8:57	1:37:54
80	69	Melissa Bunde	Madison Lake	MN	42	109	18:05	3:37	2:49	65	48:50	17.8	1:38	85	26:38	8:53	1:37:58
81	438	Pady Regnier	Bloomington	MN	56	89	16:47	3:22	3:02	72	49:35	17.5	1:36	98	27:09	9:03	1:38:08
82	155	Nicole Fox	Eagan	MN	43	50	15:01	3:01	5:22	97	52:17	16.6	1:12	47	24:29	8:10	1:38:19
83	564	Meghan Voss	Eden Prairie	MN	24	7	11:45	2:21	2:55	111	53:47	16.2	3:00	100	27:20	9:07	1:38:44
84	23	Wendy Asplund	Excelsior	MN	40	19	13:05	2:37	3:15	92	52:03	16.7	1:47	119	28:39	9:33	1:38:48
85	291	Nancy Kotovic	Excelsior	MN	40	120	18:49	3:46	1:59	78	50:11	17.3	1:45	83	26:30	8:50	1:39:12
86	501	Heather Sterner	Minnetonka	MN	41	35	14:23	2:53	3:26	85	51:24	16.9	1:14	122	29:05	9:42	1:39:30
87	259	Sara Kanavati	Mendota Heights	MN	39	74	16:07	3:14	4:18	103	53:06	16.4	0:35	69	25:43	8:35	1:39:47
88	571	Katherine Walz	Plymouth	MN	49	123	18:58	3:48	1:49	95	52:16	16.6	1:21	72	25:53	8:38	1:40:14
89	200	Kari Harrison	Farmington	MN	40	78	16:24	3:17	3:02	89	51:45	16.8	1:30	112	28:02	9:21	1:40:42
90	597	Stephanie Windfeldt	Minneapolis	MN	26	106	18:00	3:36	2:13	87	51:32	16.9	1:06	111	28:00	9:20	1:40:48
91	308	Sookie Landsteiner	Minneapolis	MN	30	108	18:03	3:37	2:36	68	49:13	17.7	1:17	129	29:50	9:57	1:40:58
92	418	Janene Phillips	Eden Prairie	MN	52	94	17:00	3:24	3:15	98	52:30	16.6	1:42	84	26:32	8:51	1:40:58
93	383	Shelley Nelson	Edina	MN	28	103	17:50	3:34	3:07	82	50:59	17.1	1:25	106	27:46	9:16	1:41:06
94	147	Libby Ferguson	Deephaven	MN	37	16	12:53	2:35	4:32	120	55:12	15.8	1:47	101	27:28	9:10	1:41:50
95	134	Anne Eichelman	Greenwood	MN	41	46	14:48	2:58	4:32	118	54:59	15.8	2:21	62	25:26	8:29	1:42:05
96	112	Wendy Dellis	Richfield	MN	44	118	18:46	3:46	3:11	108	53:32	16.3	2:00	61	25:25	8:29	1:42:53
97	319	Cindy Lesage	Chanhassen	MN	43	153	21:57	4:24	2:46	107	53:30	16.3	0:58	35	23:49	7:57	1:42:58
98	137	Missy Elder	Chanhassen	MN	48	135	19:49	3:58	3:15	73	49:50	17.5	2:16	108	27:51	9:17	1:42:59
99	202	Colleen Harristhal	Chanhassen	MN	46	133	19:46	3:58	4:04	94	52:15	16.7	1:29	65	25:35	8:32	1:43:08
100	439	Leah Renne	Mankato	MN	30	127	19:13	3:51	6:01	80	50:54	17.1	1:43	78	26:06	8:42	1:43:56
101	542	Debbie Trent	Shorewood	MN	34	56	15:14	3:03	3:00	136	58:04	15.0	0:59	90	26:54	8:58	1:44:10
102	95	Tasha Coryell	St Paul	MN	24	63	15:30	3:06	2:28	100	52:37	16.5	1:44	144	32:06	10:42	1:44:23
103	83	Sara Chapman	Excelsior	MN	36	146	21:18	4:16	2:40	105	53:21	16.3	1:17	79	26:09	8:43	1:44:42
104	390	Kendra Nielson	Eagan	MN	29	79	16:28	3:18	3:02	126	56:44	15.3	1:16	102	27:33	9:11	1:45:01
105	354	Jennifer Meles	Chanhassen	MN	43	97	17:09	3:26	2:41	115	54:19	16.0	0:57	130	30:00	10:00	1:45:04
106	286	Krista Knudsen	Minnetonka	MN	43	107	18:03	3:37	3:40	124	56:00	15.5	1:45	67	25:40	8:34	1:45:06
107	335	Katie Mahanna	Chanhassen	MN	38	125	19:01	3:49	4:01	113	54:00	16.1	0:47	104	27:36	9:12	1:45:23
108	435	Denise Rabogliatti	Eden Prairie	MN	48	53	15:09	3:02	2:35	140	58:45	14.8	1:05	110	27:59	9:20	1:45:30
109	122	Adrienne Donen	Edina	MN	25	126	19:08	3:50	2:16	123	55:42	15.6	0:34	113	28:10	9:24	1:45:49
110	380	Julie Nelson	Chicago	IL	32	139	20:07	4:02	3:18	112	53:52	16.2	1:10	103	27:34	9:12	1:45:59
111	476	Melissa Sigel	Minnetonka	MN	45	101	17:32	3:31	3:34	91	51:58	16.7	1:44	139	31:24	10:28	1:46:11
112	241	Jodie Jennings	Saint Louis Park	MN	44	48	14:55	2:59	4:43	128	57:16	15.2	2:25	94	27:00	9:00	1:46:18
113	546	Ernestina Troielli	Maple Grove	MN	41	102	17:33	3:31	3:19	116	54:19	16.0	2:36	124	29:09	9:43	1:46:55
114	53	Christine Boberg	Chanhassen	MN	39	87	16:46	3:22	4:23	139	58:31	14.9	1:41	74	26:00	8:40	1:47:19
115	433	Kristen Purtell	Deephaven	MN	39	156	22:16	4:28	2:27	96	52:16	16.6	1:59	121	28:51	9:37	1:47:48
116	505	Lisen Stoa	Minneapolis	MN	38	32	14:10	2:50	3:58	127	56:52	15.3	2:04	141	31:34	10:32	1:48:37
117	177	Jennifer Gorder	Bloomington	MN	39	121	18:55	3:47	4:28	106	53:29	16.3	1:26	134	30:23	10:08	1:48:39
118	410	Michele Pasko	Minnetonka	MN	46	132	19:42	3:57	4:13	83	51:05	17.0	3:11	136	30:36	10:12	1:48:44
119	32	Emili Ballweg	Minneapolis	MN	28	137	19:58	4:00	2:47	90	51:49	16.8	1:49	146	32:35	10:52	1:48:57
120	568	Abby Wallin	Deephaven	MN	32	150	21:45	4:21	3:19	121	55:24	15.7	0:55	114	28:13	9:25	1:49:34
121	13	Michelle Amelse	St. Louis Park	MN	39	104	17:57	3:36	4:07	137	58:23	14.9	2:23	95	27:00	9:00	1:49:47
122	303	Christy Lacourse	Deephaven	MN	41	158	22:55	4:35	5:06	117	54:25	16.0	2:25	55	25:00	8:20	1:49:50
123	167	Jordan Gill	Lakeville	MN	17	114	18:28	3:42	2:26	155	1:04:10	13.6	1:16	36	24:02	8:01	1:50:20
124	280	Ashlie Knack	Prior Lake	MN	17	77	16:24	3:17	4:29	156	1:04:12	13.6	1:15	38	24:04	8:02	1:50:22
125	51	Colene Blank	Saint Paul	MN	40	81	16:32	3:19	3:39	104	53:17	16.3	2:36	152	34:39	11:33	1:50:41
126	510	Elizabeth Storey	Minneapolis	MN	31	68	15:41	3:09	3:09	147	1:01:28	14.2	2:48	105	27:40	9:14	1:50:44
127	252	Katie Johnson	Minneapolis	MN	27	64	15:35	3:07	4:44	130	57:28	15.1	0:55	145	32:35	10:52	1:51:15
128	272	Kris Kilmer	Lake Forest	IL	37	99	17:19	3:28	3:29	145	1:00:38	14.3	1:31	118	28:33	9:31	1:51:27

129	360	Carol Miles	Hartford	SD	47	86	16:43	3:21	3:22	158	1:04:26	13.5	1:47	58	25:18	8:26	1:51:34
130	343	Tiffani McCallon	St. Louis Park	MN	45	131	19:39	3:56	3:46	133	57:39	15.1	1:06	126	29:37	9:53	1:51:46
131	61	Ann Bradsher	Eden Prairie	MN	37	129	19:32	3:55	5:24	143	1:00:04	14.5	1:04	70	25:46	8:36	1:51:49
132	356	Courtney Meriwether	St. Louis Park	MN	26	152	21:55	4:23	3:21	109	53:33	16.2	1:17	142	31:51	10:37	1:51:56
133	548	Michelle Tucker	Saint Paul	MN	43	157	22:26	4:30	5:30	101	52:38	16.5	1:54	127	29:45	9:55	1:52:11
134	490	Ann St. Clair	St. Louis Park	MN	43	115	18:30	3:42	4:54	144	1:00:10	14.5	1:05	107	27:46	9:16	1:52:23
135	523	Maria Swenson	Orono	MN	47	134	19:49	3:58	3:33	122	55:39	15.6	2:00	140	31:31	10:31	1:52:31
136	96	Julie Courtney	Excelsior	MN	60	116	18:34	3:43	5:24	102	52:51	16.5	2:17	150	34:00	11:20	1:53:04
137	426	Angela Pitan	Pequot Lakes	MN	22	162	23:44	4:45	2:49	114	54:08	16.1	1:29	138	31:03	10:21	1:53:11
138	471	Noelle Sheehan	Eden Prairie	MN	44	155	22:13	4:27	4:31	125	56:19	15.4	1:51	115	28:28	9:30	1:53:20
139	274	Natalie Kirby	Minnetonka	MN	31	160	23:36	4:44	3:43	138	58:25	14.9	1:08	86	26:39	8:53	1:53:29
140	157	Amy Freed	Excelsior	MN	42	98	17:17	3:28	6:04	157	1:04:24	13.5	1:50	59	25:18	8:26	1:54:52
141	233	Daphne Immele	Minneapolis	MN	50	145	21:03	4:13	3:35	129	57:22	15.2	2:42	137	30:50	10:17	1:55:31
142	11	Sarah Alexander	Shorewood	MN	18	36	14:29	2:54	3:12	165	1:11:01	12.3	0:40	80	26:15	8:45	1:55:35
143	123	Carol Donen	Chanhassen	MN	52	154	22:01	4:25	4:33	142	59:40	14.6	0:59	117	28:31	9:31	1:55:42
144	605	Jean Wood	Excelsior	MN	62	122	18:57	3:48	3:31	110	53:41	16.2	1:48	158	38:19	12:47	1:56:14
145	385	Jennifer Ness	Wayzata	MN	45	140	20:14	4:03	2:11	134	57:50	15.0	1:49	151	34:33	11:31	1:56:36
146	295	Kate Krejci	Deephaven	MN	31	149	21:40	4:20	3:29	146	1:00:43	14.3	1:46	135	30:30	10:10	1:58:06
147	603	Angela Woo	Minnetrista	MN	42	141	20:23	4:05	3:28	153	1:03:54	13.6	0:59	125	29:31	9:51	1:58:12
148	245	Nancy Jerdee	Excelsior	MN	38	110	18:05	3:37	3:11	132	57:31	15.1	1:30	157	38:00	12:40	1:58:15
149	423	Brie Pileggi	Minnetonka	MN	28	151	21:51	4:23	3:43	119	55:06	15.8	3:06	155	36:11	12:04	1:59:55
150	119	Janice Dimond	Excelsior	MN	52	142	20:31	4:07	6:09	131	57:30	15.1	2:17	153	35:09	11:43	2:01:34
151	298	Alex Kubitz	Wayzata	MN	13	113	18:27	3:42	5:08	162	1:06:11	13.1	1:41	133	30:22	10:08	2:01:47
152	145	Barb Falzone	St. Louis Park	MN	51	95	17:06	3:26	5:40	164	1:08:24	12.7	2:02	120	28:43	9:35	2:01:53
153	117	Jennifer Dietz	Owatonna	MN	41	163	26:11	5:15	3:15	135	57:57	15.0	2:39	143	31:59	10:40	2:01:59
154	327	Maria Loucks	Edina	MN	38	147	21:18	4:16	4:24	154	1:03:55	13.6	2:24	131	30:05	10:02	2:02:02
155	561	Allison Vos	Golden Valley	MN	21	117	18:41	3:45	4:02	150	1:02:59	13.8	2:10	154	35:26	11:49	2:03:15
156	615	Kristin Ziegler	Minneapolis	MN	39	161	23:43	4:45	4:36	141	59:15	14.7	2:39	147	33:31	11:11	2:03:42
157	283	Sarah Kneller	Minneapolis	MN	27	143	20:32	4:07	2:14	152	1:03:18	13.7	1:06	161	39:38	13:13	2:06:46
158	478	Mary Beth Simpson	Chanhassen	MN	63	159	23:05	4:37	4:42	151	1:03:01	13.8	2:18	148	33:50	11:17	2:06:54
159	533	Carrie Tietz	Excelsior	MN	62	136	19:57	4:00	5:05	149	1:02:55	13.8	4:04	160	38:21	12:47	2:10:20
160	391	Patti Oakes	Minneapolis	MN	60	138	19:59	4:00	5:08	148	1:02:51	13.8	4:05	159	38:19	12:47	2:10:21
161	516	Rachel Sutherlin	Minnetonka	MN	42	148	21:32	4:19	6:11	159	1:04:42	13.4	3:11	156	37:10	12:24	2:12:44
162	455	Laura Ryan	St Louis Park	MN	47	144	20:46	4:10	5:29	160	1:04:45	13.4	2:44	162	39:47	13:16	2:13:30
163	131	Sophie Duran	St Louis Park	MN	30	164	26:22	5:17	4:06	163	1:07:28	12.9	2:03	163	40:08	13:23	2:20:05
164	341	Johanna Marquardt	Victoria	MN	46	166	28:25	5:41	5:21	161	1:05:51	13.2	1:40	164	41:07	13:43	2:22:22
165	312	Brianna Lavelle	Chaska	MN	14	5	11:19	2:16	1:23	59	48:36	17.9	0:52				
166	598	Vicki Windfeldt	Eden Prairie	MN	59	165	27:22	5:29	6:13	166	1:22:41	10.5	2:44				

=====

MALE AGE GROUP 19 - UNDER

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	541	Nick Traxler	Deephaven	MN	17	3	13:38	2:44	1:07	1	43:39	19.9	1:06	1	19:24	6:28	1:18:52
2	114	Stephen Dennison	Maple Grove	MN	17	2	11:35	2:19	1:25	2	45:35	19.1	1:25	2	22:03	7:21	1:22:01
3	530	Justin Thunstrom	Plymouth	MN	17	4	14:48	2:58	2:12	3	49:31	17.6	0:56	3	24:09	8:03	1:31:33
4	279	Anton Knack	Prior Lake	MN	19	1	10:55	2:11	1:55								

=====

FEMALE AGE GROUP 19 - UNDER

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	167	Jordan Gill	Lakeville	MN	17	5	18:28	3:42	2:26	2	1:04:10	13.6	1:16	1	24:02	8:01	1:50:20
2	280	Ashlie Knack	Prior Lake	MN	17	3	16:24	3:17	4:29	3	1:04:12	13.6	1:15	2	24:04	8:02	1:50:22
3	11	Sarah Alexander	Shorewood	MN	18	2	14:29	2:54	3:12	5	1:11:01	12.3	0:40	3	26:15	8:45	1:55:35

4	298	Alex Kubitz	Wayzata	MN	13	4	18:27	3:42	5:08	4	1:06:11	13.1	1:41	4	30:22	10:08	2:01:47
5	312	Brianna Lavelle	Chaska	MN	14	1	11:19	2:16	1:23	1	48:36	17.9	0:52				

MALE AGE GROUP 20 - 24

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	612	Preston Youngdahl	Wayzata	MN	22	1	10:26	2:06	1:51	1	36:53	23.6	0:49	1	19:41	6:34	1:09:39

FEMALE AGE GROUP 20 - 24

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	70	Gabrielle Bunten	Forest Lake	MN	20	1	10:25	2:05	1:42	1	41:36	20.9	0:57	1	21:06	7:02	1:15:44
2	124	Heather Donen	Rochester	MN	23	3	15:28	3:06	1:47	2	50:55	17.1	0:39	2	25:11	8:24	1:33:58
3	564	Meghan Voss	Eden Prairie	MN	24	2	11:45	2:21	2:55	4	53:47	16.2	3:00	3	27:20	9:07	1:38:44
4	95	Tasha Coryell	St Paul	MN	24	4	15:30	3:06	2:28	3	52:37	16.5	1:44	5	32:06	10:42	1:44:23
5	426	Angela Pitan	Peguet Lakes	MN	22	6	23:44	4:45	2:49	5	54:08	16.1	1:29	4	31:03	10:21	1:53:11
6	561	Allison Vos	Golden Valley	MN	21	5	18:41	3:45	4:02	6	1:02:59	13.8	2:10	6	35:26	11:49	2:03:15

MALE AGE GROUP 25 - 29

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	606	Zach Wood	Hopkins	MN	27	1	9:34	1:55	2:02	3	42:01	20.7	0:46	2	20:15	6:45	1:14:36
2	184	Dan Greer	Spring Park	MN	26	5	13:54	2:47	1:34	1	38:53	22.4	0:47	5	22:07	7:23	1:17:13
3	525	Andrew Tewksbury	St Louis Park	MN	28	6	14:17	2:52	1:30	2	41:25	21.0	0:54	1	19:58	6:40	1:18:03
4	464	Tyler Schmidt	Hopkins	MN	26	2	10:30	2:06	2:01	4	42:33	20.4	1:34	7	22:32	7:31	1:19:08
5	152	Bryan Flood	Richfield	MN	25	11	15:09	3:02	1:52	6	43:16	20.1	1:05	4	20:58	7:00	1:22:18
6	449	Reid Romer	Robbinsdale	MN	28	4	13:18	2:40	1:52	12	47:33	18.3	1:25	9	23:23	7:48	1:27:29
7	63	Ryan Breisach	Robbinsdale	MN	29	13	17:13	3:27	2:21	5	42:39	20.4	1:06	12	24:29	8:10	1:27:47
8	275	Nicholas Kish	Edina	MN	27	3	13:14	2:39	3:29	14	49:02	17.7	1:45	3	20:42	6:54	1:28:11
9	128	Curt Dubbeldee	St Louis Park	MN	29	8	14:30	2:54	2:25	8	45:14	19.2	1:42	14	25:34	8:32	1:29:23
10	322	Marc Lindstrom	Excelsior	MN	26	12	17:12	3:27	2:15	10	46:47	18.6	1:13	6	22:15	7:25	1:29:40
11	43	Aaron Berdofe	Minneapolis	MN	28	14	17:30	3:30	1:56	13	48:42	17.9	2:00	8	22:36	7:32	1:32:43
12	370	John Morey	St Paul	MN	28	15	18:30	3:42	3:09	7	44:47	19.4	1:41	13	25:01	8:21	1:33:07
13	389	Joel Nielson	Eagan	MN	29	10	15:08	3:02	2:38	15	50:12	17.3	0:41	15	26:20	8:47	1:34:57
14	361	Brian Miller	New Brighton	MN	28	16	20:08	4:02	3:11	11	46:56	18.5	1:12	11	24:27	8:09	1:35:52
15	553	Jack Vander Linden	St. Louis Park	MN	29	17	20:21	4:05	4:10	9	45:41	19.0	1:27	10	24:20	8:07	1:35:58
16	219	Philip Hollway	Minneapolis	MN	25	9	14:59	3:00	2:10	16	50:15	17.3	1:08	16	27:56	9:19	1:36:26
17	60	Jean-Paul Botha	Minneapolis	MN	29	7	14:18	2:52	2:46	17	55:03	15.8	1:17	17	29:20	9:47	1:42:41

FEMALE AGE GROUP 25 - 29

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	306	Cecile Lamour	St Paul	MN	28	1	11:18	2:16	2:25	2	47:20	18.4	1:28	2	23:19	7:47	1:25:48
2	558	Sara Vine	Minneapolis	MN	27	5	13:40	2:44	2:12	5	48:38	17.9	1:18	1	22:59	7:40	1:28:46
3	49	Erika Bjorklund	St. Louis Park	MN	27	3	12:48	2:34	2:03	6	49:35	17.5	1:05	3	24:55	8:19	1:30:24
4	127	Jessie Donovan	Buffalo	MN	29	4	13:20	2:40	2:19	4	48:37	17.9	0:47	4	25:43	8:35	1:30:43
5	544	Megan Trickley	Minnetonka	MN	29	6	14:18	2:52	2:11	3	47:58	18.1	1:39	5	27:00	9:00	1:33:04

6	463	Lindsey Schmidt	Hopkins	MN	27	2	11:53	2:23	2:03	1	44:53	19.4	1:37	14	33:55	11:19	1:34:19
7	609	Jennifer Wozniczka	Minneapolis	MN	28	8	15:37	3:08	1:58	7	50:08	17.4	1:24	10	28:30	9:30	1:37:34
8	597	Stephanie Windfeldt	Minneapolis	MN	26	11	18:00	3:36	2:13	9	51:32	16.9	1:06	8	28:00	9:20	1:40:48
9	383	Shelley Nelson	Edina	MN	28	10	17:50	3:34	3:07	8	50:59	17.1	1:25	7	27:46	9:16	1:41:06
10	390	Kendra Nielson	Eagan	MN	29	9	16:28	3:18	3:02	14	56:44	15.3	1:16	6	27:33	9:11	1:45:01
11	122	Adrienne Donen	Edina	MN	25	12	19:08	3:50	2:16	13	55:42	15.6	0:34	9	28:10	9:24	1:45:49
12	32	Emili Ballweg	Minneapolis	MN	28	13	19:58	4:00	2:47	10	51:49	16.8	1:49	13	32:35	10:52	1:48:57
13	252	Katie Johnson	Minneapolis	MN	27	7	15:35	3:07	4:44	15	57:28	15.1	0:55	12	32:35	10:52	1:51:15
14	356	Courtney Meriwether	St. Louis Park	MN	26	16	21:55	4:23	3:21	11	53:33	16.2	1:17	11	31:51	10:37	1:51:56
15	423	Brie Pileggi	Minnetonka	MN	28	15	21:51	4:23	3:43	12	55:06	15.8	3:06	15	36:11	12:04	1:59:55
16	283	Sarah Kneller	Minneapolis	MN	27	14	20:32	4:07	2:14	16	1:03:18	13.7	1:06	16	39:38	13:13	2:06:46

MALE AGE GROUP 30 - 34

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	46	Josh Bertelson	Minnetonka	MN	32	1	10:34	2:07	0:57	2	37:04	23.5	1:02	2	18:42	6:14	1:08:16
2	586	Andy Wiberg	Eden Prairie	MN	33	6	12:42	2:33	1:11	1	36:22	23.9	1:09	1	17:11	5:44	1:08:34
3	396	Christian Oestreich	Minnetonka	MN	33	2	11:26	2:18	1:35	4	38:51	22.4	0:39	5	19:28	6:30	1:11:57
4	181	Nick Greb	Windsor Heights	IA	30	3	12:00	2:24	1:18	3	38:35	22.5	0:48	7	20:06	6:42	1:12:45
5	38	Scott Beesley	St. Paul	MN	34	5	12:26	2:30	1:18	5	39:15	22.2	0:53	3	18:56	6:19	1:12:47
6	492	Tim Staloch	Minneapolis	MN	31	9	13:04	2:37	1:31	6	39:42	21.9	1:00	4	19:19	6:27	1:14:34
7	574	Nicholas Ward	Golden Valley	MN	33	13	13:41	2:45	1:18	10	42:09	20.6	1:00	8	20:39	6:53	1:18:45
8	428	Stan Pohmer	St. Louis Park	MN	33	14	13:46	2:46	1:57	9	42:08	20.6	1:05	6	20:03	6:41	1:18:57
9	108	Joseph Daniski	Minnetonka	MN	34	20	15:50	3:10	2:07	8	41:28	21.0	0:59	10	22:17	7:26	1:22:39
10	45	Scott Berry	St. Louis Park	MN	34	17	14:39	2:56	2:14	11	43:14	20.1	0:54	15	24:09	8:03	1:25:07
11	39	David Behrens	Hopkins	MN	34	11	13:16	2:40	2:16	14	46:10	18.8	0:50	12	23:27	7:49	1:25:58
12	408	Ryan Palmer	Chaska	MN	33	12	13:37	2:44	1:20	12	44:37	19.5	1:10	18	25:28	8:30	1:26:10
13	205	Eric Hathaway	Minneapolis	MN	33	22	16:21	3:17	3:02	7	39:47	21.9	1:17	23	27:18	9:06	1:27:43
14	296	Chris Krieg	Shakopee	MN	34	24	20:16	4:04	1:51	13	44:40	19.5	1:41	9	21:53	7:18	1:30:19
15	351	Ryan McKesson	Chaska	MN	30	4	12:14	2:27	1:59	17	49:39	17.5	0:54	19	25:50	8:37	1:30:33
16	277	Matthew Kley	Minneapolis	MN	30	18	15:12	3:03	2:14	15	48:21	18.0	0:59	20	26:01	8:41	1:32:45
17	190	Kyle Gulbranson	Eagan	MN	32	8	13:04	2:37	2:52	20	51:16	17.0	1:15	16	24:30	8:10	1:32:55
18	601	Brent Witt	Minneapolis	MN	32	10	13:13	2:39	3:28	16	48:37	17.9	1:12	21	26:40	8:54	1:33:09
19	419	Matt Picchetti	Minneapolis	MN	33	15	13:48	2:46	2:52	23	53:30	16.3	1:02	13	23:40	7:54	1:34:50
20	583	Benjamin Wessner	Minneapolis	MN	34	7	12:48	2:34	2:48	18	49:58	17.4	2:05	22	27:16	9:06	1:34:55
21	534	Christian Tietz	Minnetonka	MN	34	21	16:04	3:13	2:44	21	51:42	16.8	2:46	11	23:11	7:44	1:36:25
22	251	Karl Johnson	Hopkins	MN	30	16	14:36	2:56	4:42	19	50:45	17.1	3:04	17	25:15	8:25	1:38:19
23	288	Charles Koch	Minneapolis	MN	32	23	17:17	3:28	3:06	22	52:30	16.6	2:08	14	23:45	7:55	1:38:44
24	459	John Scheef	Golden Valley	MN	34	19	15:40	3:08	3:14	24	53:41	16.2	1:22	24	27:38	9:13	1:41:33
25	569	Matthew Wallin	Deephaven	MN	32	26	24:44	4:57	3:08	25	1:04:30	13.5	0:59	25	34:49	11:37	2:08:09
26	502	Eric Stevenson	Hopkins	MN	31	25	23:18	4:40	11:29								

FEMALE AGE GROUP 30 - 34

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	608	Shannon Worum	Golden Valley	MN	32	5	15:02	3:01	2:54	1	43:25	20.0	1:16	1	21:08	7:03	1:23:42
2	42	Kirsten Beltz	Plymouth	MN	33	11	16:56	3:24	1:35	2	44:13	19.7	0:57	3	21:39	7:13	1:25:18
3	392	Erin O'Brien	Sioux Falls	SD	31	1	14:01	2:49	1:49	7	47:52	18.2	0:36	4	21:44	7:15	1:26:00
4	35	Maren Bauerle	Plymouth	MN	33	4	14:34	2:55	1:40	3	46:40	18.6	1:25	7	24:19	8:07	1:28:36
5	87	Casey Claypool	Deephaven	MN	33	7	15:14	3:03	2:19	4	47:07	18.5	1:50	8	24:22	8:08	1:30:50
6	579	Beth Wehrman	Maple Grove	MN	31	8	15:17	3:04	2:28	5	47:44	18.2	2:06	9	26:05	8:42	1:33:39
7	140	Christy Erickson	Plymouth	MN	31	3	14:31	2:54	3:16	6	47:46	18.2	2:02	10	26:06	8:42	1:33:39
8	577	Allison Watt	Plymouth	MN	34	12	17:08	3:26	2:59	10	48:33	17.9	1:25	6	24:06	8:02	1:34:10

9	297	Susan Krieg	Shakopee	MN	34	16	19:29	3:54	2:52	9	48:16	18.0	2:15	2	21:32	7:11	1:34:22
10	596	Jackie Windfeldt	Tacoma	WA	30	14	18:18	3:40	3:22	14	51:38	16.8	0:59	5	22:38	7:33	1:36:52
11	240	Molly Jeatran	Minneapolis	MN	32	2	14:30	2:54	2:02	8	48:04	18.1	2:00	19	30:21	10:07	1:36:55
12	85	Sarah Chillo	Minneapolis	MN	32	10	16:33	3:19	2:29	12	49:55	17.4	2:09	13	26:49	8:57	1:37:54
13	308	Sookie Landsteiner	Minneapolis	MN	30	13	18:03	3:37	2:36	11	49:13	17.7	1:17	18	29:50	9:57	1:40:58
14	439	Leah Renne	Mankato	MN	30	15	19:13	3:51	6:01	13	50:54	17.1	1:43	11	26:06	8:42	1:43:56
15	542	Debbie Trent	Shorewood	MN	34	6	15:14	3:03	3:00	17	58:04	15.0	0:59	14	26:54	8:58	1:44:10
16	380	Julie Nelson	Chicago	IL	32	17	20:07	4:02	3:18	15	53:52	16.2	1:10	15	27:34	9:12	1:45:59
17	568	Abby Wallin	Deephaven	MN	32	19	21:45	4:21	3:19	16	55:24	15.7	0:55	17	28:13	9:25	1:49:34
18	510	Elizabeth Storey	Minneapolis	MN	31	9	15:41	3:09	3:09	20	1:01:28	14.2	2:48	16	27:40	9:14	1:50:44
19	274	Natalie Kirby	Minnetonka	MN	31	20	23:36	4:44	3:43	18	58:25	14.9	1:08	12	26:39	8:53	1:53:29
20	295	Kate Krejci	Deephaven	MN	31	18	21:40	4:20	3:29	19	1:00:43	14.3	1:46	20	30:30	10:10	1:58:06
21	131	Sophie Duran	St Louis Park	MN	30	21	26:22	5:17	4:06	21	1:07:28	12.9	2:03	21	40:08	13:23	2:20:05

MALE AGE GROUP 35 - 39

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	66	Robert Brown	Hopkins	MN	37	3	11:37	2:20	1:09	4	38:04	22.9	0:41	1	18:18	6:06	1:09:46
2	592	Aaron Wilson	Eden Prairie	MN	38	5	12:05	2:25	1:10	2	37:44	23.1	0:39	3	19:20	6:27	1:10:57
3	371	Thomas Morgan	Minneapolis	MN	37	12	13:29	2:42	0:57	1	37:23	23.3	0:54	2	18:36	6:12	1:11:18
4	444	Micah Roberts	Eden Prairie	MN	37	1	10:52	2:11	1:31	3	37:56	22.9	1:00	8	21:29	7:10	1:12:46
5	527	Shawn Thomas	Eden Prairie	MN	39	15	13:45	2:45	1:49	5	40:49	21.3	0:58	4	19:52	6:38	1:17:12
6	59	Doug Bolster	Eden Prairie	MN	39	7	12:28	2:30	2:26	14	43:36	20.0	0:57	5	20:18	6:46	1:19:43
7	207	Chris Hawes	Minneapolis	MN	38	9	13:04	2:37	2:02	9	41:13	21.1	0:59	13	22:49	7:37	1:20:06
8	616	Aaron Zinter	Saint Louis Park	MN	35	24	15:13	3:03	1:44	10	41:49	20.8	0:53	9	21:32	7:11	1:21:10
9	590	Steven Williamsen	Chanhassen	MN	37	11	13:28	2:42	1:52	7	40:51	21.3	1:06	21	24:09	8:03	1:21:24
10	57	Nate Boike	St. Louis Park	MN	39	17	13:55	2:47	1:38	6	40:49	21.3	1:02	28	25:14	8:25	1:22:36
11	164	Brett Furber	Minneapolis	MN	35	4	12:00	2:24	2:08	15	43:45	19.9	1:17	18	23:30	7:50	1:22:38
12	372	Brian Morrison	Coon Rapids	MN	38	2	11:13	2:15	2:11	23	46:03	18.9	1:04	14	22:54	7:38	1:23:24
13	204	Alan Haskins	Hugo	MN	36	16	13:53	2:47	1:45	13	43:12	20.1	1:22	16	23:20	7:47	1:23:30
14	195	Daniel Hackenberg	Eden Prairie	MN	39	10	13:27	2:42	3:33	20	45:07	19.3	1:11	10	21:35	7:12	1:24:50
15	199	Jonathan Hard	Mankato	MN	39	6	12:22	2:29	3:03	18	44:11	19.7	1:25	25	24:40	8:14	1:25:40
16	451	Kyle Rooney	Tonka Bay	MN	35	13	13:32	2:43	2:22	25	46:33	18.7	0:47	11	22:40	7:34	1:25:52
17	211	Craig Hendrickson	Hopkins	MN	35	20	15:04	3:01	2:49	21	45:31	19.1	1:24	7	21:21	7:07	1:26:07
18	336	Matt Mahannah	Chanhassen	MN	39	28	15:54	3:11	2:53	22	45:47	19.0	1:15	6	20:58	7:00	1:26:46
19	365	Tommy Moe	Minnetrista	MN	37	32	16:47	3:22	3:24	12	43:11	20.1	0:39	15	22:55	7:39	1:26:56
20	547	E.J. Tso	Minneapolis	MN	39	41	20:51	4:11	1:21	8	40:58	21.2	0:33	20	23:33	7:51	1:27:14
21	349	Michael McCue	Saint Paul	MN	37	30	16:11	3:15	1:51	17	43:50	19.8	1:17	22	24:14	8:05	1:27:21
22	31	Beau Ballin	Deephaven	MN	36	18	14:03	2:49	2:03	30	47:08	18.5	1:02	19	23:31	7:51	1:27:45
23	179	Michael John Gournaris	Lakeville	MN	38	21	15:04	3:01	2:44	19	44:20	19.6	1:45	23	24:14	8:05	1:28:05
24	328	Matthew Loucks	Edina	MN	38	33	17:06	3:26	2:40	16	43:47	19.9	1:51	12	22:45	7:35	1:28:07
25	482	Jason Smith	Roseville	MN	37	8	12:41	2:33	2:34	33	48:40	17.9	0:54	24	24:38	8:13	1:29:26
26	98	Mike Craig	Shakopee	MN	37	25	15:17	3:04	2:19	28	47:01	18.5	0:51	29	25:44	8:35	1:31:10
27	232	David Imdieke	Saint Paul	MN	37	14	13:39	2:44	1:56	36	51:26	16.9	1:02	17	23:21	7:47	1:31:22
28	217	Keith Holder	Carver	MN	36	22	15:06	3:02	2:58	24	46:07	18.9	1:14	35	27:38	9:13	1:33:02
29	142	Chris Evenson	Mound	MN	38	38	20:36	4:08	3:06	11	43:05	20.2	1:29	26	24:52	8:18	1:33:06
30	19	Peter Andrada	San Jose	CA	39	35	17:54	3:35	2:43	27	46:59	18.5	0:46	27	25:05	8:22	1:33:26
31	467	Jason Sedlak	Bloomington	MN	37	19	14:59	3:00	3:15	29	47:03	18.5	1:59	33	27:15	9:05	1:34:30
32	231	Ryan Hurt	Chanhassen	MN	39	23	15:13	3:03	2:38	38	52:21	16.6	2:00	31	26:16	8:46	1:38:26
33	504	Jim Stitt	St Paul	MN	38	39	20:40	4:08	2:13	34	48:56	17.8	1:30	34	27:32	9:11	1:40:49
34	331	Dan Ludowise	Mound	MN	37	45	22:18	4:28	2:30	26	46:57	18.5	2:01	37	28:20	9:27	1:42:05
35	82	John Chapman	Eagan	MN	39	43	21:25	4:17	3:04	31	47:55	18.2	1:21	42	29:29	9:50	1:43:12
36	294	Drew Krejci	Deephaven	MN	35	27	15:46	3:10	3:32	39	52:26	16.6	2:19	41	29:28	9:50	1:43:30
37	74	Jeff Callinan	Wayzata	MN	39	31	16:18	3:16	3:06	41	53:04	16.4	2:48	38	28:36	9:32	1:43:49
38	242	Eric Jensen	Victoria	MN	38	44	21:53	4:23	4:09	35	49:30	17.6	1:59	40	29:13	9:45	1:46:42
39	559	Christopher Vogel	Chicago	IL	37	40	20:42	4:09	2:29	44	59:45	14.6	1:00	30	26:13	8:45	1:50:06

40	545	Federico Troiani	Plymouth	MN	38	37	19:25	3:53	4:27	42	55:32	15.7	2:02	39	28:52	9:38	1:50:16
41	161	Andy Frost	Eden Prairie	MN	37	34	17:36	3:32	4:41	40	52:55	16.4	1:59	43	36:03	12:01	1:53:13
42	261	Akshay Kaura	Eden Prairie	MN	38	36	19:05	3:49	4:25	37	52:02	16.7	2:00	44	36:30	12:10	1:54:00
43	450	Colin Rooney	Edina	MN	37	42	21:18	4:16	6:13	43	56:56	15.3	3:53	32	27:03	9:01	1:55:20
44	350	Justin McHugh	Wayzata	MN	39	26	15:29	3:06	18:57	32	48:13	18.0	6:37	36	27:42	9:14	1:56:56
45	6	Matthew Abroe	Edina	MN	37	29	16:08	3:14									

=====

FEMALE AGE GROUP 35 - 39

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	362	Lynne Miller	Elk River	MN	38	5	14:31	2:55	2:02	2	43:06	20.2	0:41	1	20:47	6:56	1:21:06
2	170	Christine Glaze	Eden Prairie	MN	36	3	13:43	2:45	1:48	4	44:07	19.7	0:58	3	21:06	7:02	1:21:41
3	393	Jenny O'Brien	Sioux Falls	SD	37	6	14:53	2:59	2:11	6	44:36	19.5	0:57	2	20:51	6:57	1:23:27
4	214	Deb Hess	St. Paul	MN	35	7	14:55	2:59	1:58	3	43:52	19.8	1:04	4	21:50	7:17	1:23:38
5	344	Karen McCarren	St Louis Park	MN	36	1	12:43	2:33	1:25	8	47:35	18.3	1:03	5	22:31	7:31	1:25:15
6	500	Amy Stern	Eden Prairie	MN	38	8	15:20	3:04	2:24	1	42:46	20.3	1:00	8	24:03	8:01	1:25:31
7	515	Jodi Sussner	Chaska	MN	36	10	15:40	3:08	1:41	5	44:12	19.7	0:57	7	23:44	7:55	1:26:12
8	203	Anne Hartman (garlock)	Mound	MN	36	14	16:22	3:17	2:55	9	48:00	18.1	1:09	9	24:07	8:03	1:32:31
9	243	Jen Jensen	Victoria	MN	36	15	16:33	3:19	2:13	7	47:14	18.4	1:23	10	25:10	8:24	1:32:33
10	484	Sally Smith	Corcoran	MN	39	11	15:43	3:09	2:25	10	48:20	18.0	1:03	16	26:17	8:46	1:33:46
11	249	Leanne Johansen	Wayzata	MN	36	9	15:21	3:05	2:44	11	50:12	17.3	0:36	17	26:24	8:48	1:35:15
12	293	Jessica Kottke	Saint Paul	MN	38	20	18:12	3:39	3:25	12	51:32	16.9	0:45	6	23:10	7:44	1:37:01
13	28	Janet Baker	Minnetonka	MN	37	12	15:48	3:10	2:46	13	52:06	16.7	1:16	13	25:48	8:36	1:37:41
14	259	Sara Kanavati	Mendota Heights	MN	39	13	16:07	3:14	4:18	15	53:06	16.4	0:35	11	25:43	8:35	1:39:47
15	147	Libby Ferguson	Deephaven	MN	37	2	12:53	2:35	4:32	19	55:12	15.8	1:47	19	27:28	9:10	1:41:50
16	83	Sara Chapman	Excelsior	MN	36	24	21:18	4:16	2:40	16	53:21	16.3	1:17	15	26:09	8:43	1:44:42
17	335	Katie Mahanna	Chanhassen	MN	38	22	19:01	3:49	4:01	18	54:00	16.1	0:47	20	27:36	9:12	1:45:23
18	53	Christine Boberg	Chanhassen	MN	39	16	16:46	3:22	4:23	23	58:31	14.9	1:41	14	26:00	8:40	1:47:19
19	433	Kristen Purtell	Deephaven	MN	39	26	22:16	4:28	2:27	14	52:16	16.6	1:59	22	28:51	9:37	1:47:48
20	505	Lisen Stoa	Minneapolis	MN	38	4	14:10	2:50	3:58	20	56:52	15.3	2:04	25	31:34	10:32	1:48:37
21	177	Jennifer Gorder	Bloomington	MN	39	21	18:55	3:47	4:28	17	53:29	16.3	1:26	24	30:23	10:08	1:48:39
22	13	Michelle Amelse	St. Louis Park	MN	39	18	17:57	3:36	4:07	22	58:23	14.9	2:23	18	27:00	9:00	1:49:47
23	272	Kris Kilmer	Lake Forest	IL	37	17	17:19	3:28	3:29	26	1:00:38	14.3	1:31	21	28:33	9:31	1:51:27
24	61	Ann Bradsher	Eden Prairie	MN	37	23	19:32	3:55	5:24	25	1:00:04	14.5	1:04	12	25:46	8:36	1:51:49
25	245	Nancy Jerdee	Excelsior	MN	38	19	18:05	3:37	3:11	21	57:31	15.1	1:30	27	38:00	12:40	1:58:15
26	327	Maria Loucks	Edina	MN	38	25	21:18	4:16	4:24	27	1:03:55	13.6	2:24	23	30:05	10:02	2:02:02
27	615	Kristin Ziegler	Minneapolis	MN	39	27	23:43	4:45	4:36	24	59:15	14.7	2:39	26	33:31	11:11	2:03:42

=====

MALE AGE GROUP 40 - 44

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	488	Tim Sosnowski	Eden Prairie	MN	41	2	11:09	2:14	1:40	4	38:45	22.5	1:04	2	19:44	6:35	1:12:21
2	381	Kevin Nelson	St Paul	MN	41	6	13:21	2:41	1:11	1	37:42	23.1	1:03	1	19:15	6:25	1:12:31
3	50	Mike Blair	Prior Lake	MN	42	5	13:13	2:39	1:32	2	38:01	22.9	0:47	4	20:33	6:51	1:14:04
4	26	Omar Awad	Shoreview	MN	43	1	10:30	2:06	1:37	10	41:17	21.1	1:06	3	19:48	6:36	1:14:16
5	346	Pearce McCarty	Chanhassen	MN	42	10	14:17	2:52	1:57	3	38:05	22.8	1:07	6	21:24	7:08	1:16:49
6	102	Bill Currie	Chanhassen	MN	42	3	11:11	2:15	1:46	5	39:16	22.2	0:41	26	24:05	8:02	1:16:57
7	539	Paul Traczyk	Shoreview	MN	42	8	13:37	2:44	1:46	8	40:44	21.4	0:54	10	21:53	7:18	1:18:53
8	325	David Liske	Saint Louis Park	MN	40	14	14:47	2:58	1:42	7	40:30	21.5	0:54	8	21:40	7:14	1:19:30
9	257	Marc Justinak	Excelsior	MN	43	19	15:16	3:04	1:26	6	39:29	22.0	1:05	15	22:18	7:26	1:19:31
10	121	Jason Dohm	Milaca	MN	43	4	12:30	2:30	2:28	12	42:05	20.7	1:14	30	24:24	8:08	1:22:40
11	89	Bradley Close	Orono	MN	43	17	15:13	3:03	1:44	19	43:32	20.0	0:54	7	21:37	7:13	1:22:57
12	611	Jack Youngberg	Eden Prairie	MN	41	12	14:42	2:57	2:07	17	43:15	20.1	1:06	16	22:25	7:29	1:23:33

13	22	Greg Asplund	Excelsior	MN	40	7	13:32	2:43	2:25	18	43:30	20.0	1:57	13	22:14	7:25	1:23:35
14	595	Garrett Wilson	Edina	MN	41	16	15:10	3:02	2:14	11	41:55	20.8	1:09	33	24:47	8:16	1:25:13
15	320	Mike Lesage	Chanhassen	MN	42	41	18:01	3:37	1:58	14	42:41	20.4	1:06	17	22:26	7:29	1:26:10
16	230	John Hughes	Long Lake	MN	43	11	14:28	2:54	2:34	30	45:11	19.3	1:41	22	23:24	7:48	1:27:16
17	588	Chris Wilhoit	St. Louis Park	MN	42	18	15:14	3:03	3:35	15	43:03	20.2	1:14	28	24:16	8:06	1:27:20
18	398	Erik Olson	Shakopee	MN	40	29	16:05	3:13	2:01	20	43:41	19.9	1:58	32	24:38	8:13	1:28:22
19	554	Frederic Vereecken	Minnetonka	MN	42	33	16:27	3:18	1:24	43	48:20	18.0	0:51	9	21:44	7:15	1:28:44
20	576	James Wassenberg	Falcon Heights	MN	43	20	15:17	3:04	2:02	32	45:37	19.1	1:08	34	24:55	8:19	1:28:57
21	165	James Gaul	Bloomington	MN	40	15	15:09	3:02	3:13	44	48:23	18.0	1:37	5	20:38	6:53	1:28:58
22	572	Steve Wander	Minnetonka	MN	44	26	15:51	3:11	2:03	25	44:08	19.7	1:57	36	25:04	8:22	1:29:02
23	334	Timothy Magnusson	Minnetonka	MN	40	47	19:23	3:53	2:25	22	43:51	19.8	1:14	12	22:13	7:25	1:29:05
24	514	Nick Summers	Mound	MN	44	13	14:42	2:57	1:53	34	45:39	19.1	1:20	40	25:47	8:36	1:29:19
25	180	Andy Grant	Eden Prairie	MN	41	30	16:10	3:14	2:05	26	44:13	19.7	1:22	39	25:34	8:32	1:29:23
26	301	Randy Kurth	Wayzata	MN	42	27	15:53	3:11	2:20	41	47:36	18.3	1:43	11	22:07	7:23	1:29:36
27	412	Erik Paulsen	Excelsior	MN	42	53	21:19	4:16	2:51	9	40:55	21.3	1:46	21	23:13	7:45	1:30:01
28	265	Curtis Kenkel	Saint Paul	MN	43	43	18:33	3:43	1:42	29	45:11	19.3	1:12	23	23:30	7:50	1:30:05
29	174	Jason Good	Victoria	MN	42	37	17:09	3:26	1:52	27	44:42	19.5	1:34	35	24:58	8:20	1:30:14
30	71	Michael Burica	Plymouth	MN	43	9	14:11	2:51	3:26	37	47:07	18.5	1:34	27	24:06	8:02	1:30:23
31	519	Aaron Swann	Edina	MN	42	49	19:38	3:56	2:03	21	43:50	19.8	1:11	25	23:53	7:58	1:30:33
32	429	Chad Pointer	Chanhassen	MN	44	22	15:18	3:04	3:28	23	43:55	19.8	1:47	43	26:12	8:44	1:30:38
33	266	Dj Kennedy	Chsanhassen	MN	40	34	16:40	3:20	4:11	33	45:38	19.1	2:07	14	22:18	7:26	1:30:52
34	55	Nate Boen	Minnetonka	MN	44	36	17:09	3:26	3:37	36	46:29	18.7	1:14	19	22:50	7:37	1:31:17
35	368	Rick Monro	Plymouth	MN	43	23	15:25	3:05	2:20	31	45:26	19.1	1:46	45	26:55	8:59	1:31:51
36	511	Mark Struthers	Chanhassen	MN	43	35	17:05	3:25	3:12	40	47:31	18.3	1:24	18	22:44	7:35	1:31:55
37	409	Eric Partington	Maple Grove	MN	40	31	16:13	3:15	2:46	38	47:21	18.4	2:10	24	23:41	7:54	1:32:09
38	430	Chris Potenza	Chanhassen	MN	41	50	19:48	3:58	2:33	13	42:30	20.5	1:43	41	25:50	8:37	1:32:22
39	227	Steffen Hovard	Edina	MN	44	42	18:23	3:41	2:44	28	44:46	19.4	1:57	37	25:10	8:24	1:32:58
40	158	Thomas Frerichs	Plymouth	MN	44	28	16:03	3:13	2:59	24	43:59	19.8	1:19	57	28:45	9:35	1:33:03
41	369	Mark Mooers	Edina	MN	43	39	17:25	3:29	3:08	35	46:17	18.8	1:55	42	25:57	8:39	1:34:41
42	529	Jason Thunstrom	Plymouth	MN	42	45	18:41	3:45	2:24	42	48:19	18.0	1:05	31	24:25	8:09	1:34:52
43	17	Jeff Anderson	Oakdale	MN	41	56	22:53	4:35	2:50	16	43:07	20.2	2:28	44	26:49	8:57	1:38:04
44	421	Jon Pierce	Excelsior	MN	43	40	17:29	3:30	2:13	47	50:42	17.2	1:15	49	27:29	9:10	1:39:06
45	304	Michael Lacourse	Deephaven	MN	43	52	20:45	4:09	4:10	39	47:21	18.4	4:30	20	23:02	7:41	1:39:47
46	290	Attila Konkoly	Eden Prairie	MN	40	38	17:20	3:28	4:53	51	52:58	16.4	1:02	38	25:23	8:28	1:41:34
47	317	Peter Lee	Deephaven	MN	41	44	18:35	3:43	2:47	46	49:56	17.4	2:11	56	28:36	9:32	1:42:02
48	65	James Brown	Prior Lake	MN	40	21	15:17	3:04	3:55	50	52:47	16.5	1:40	55	28:26	9:29	1:42:04
49	292	Rick Kotovic	Excelsior	MN	40	48	19:29	3:54	2:41	49	52:03	16.7	2:16	46	26:58	9:00	1:43:25
50	254	Ward Johnson	Minneapolis	MN	41	46	19:02	3:49	4:10	48	51:24	16.9	1:43	47	27:27	9:09	1:43:44
51	373	Neil Moses-Zirkes	Mendota Heights	MN	44	32	16:23	3:17	3:58	53	54:49	15.9	1:18	52	28:02	9:21	1:44:28
52	67	Staven Bruce	Minneapolis	MN	42	24	15:36	3:08	2:43	57	57:45	15.1	1:11	53	28:08	9:23	1:45:21
53	422	Mike Pietrowski	Hopkins	MN	40	25	15:42	3:09	3:48	45	49:39	17.5	7:05	58	32:22	10:48	1:48:34
54	159	Brad Fritz	Eagan	MN	44	51	20:32	4:07	5:01	58	59:26	14.6	1:39	29	24:18	8:06	1:50:55
55	604	Anton Woo	Minnetrista	MN	40	54	22:37	4:32	4:26	56	55:44	15.6	2:12	48	27:28	9:10	1:52:24
56	234	Todd Jackson	Chanhassen	MN	42	58	26:36	5:20	3:56	52	53:39	16.2	1:05	50	27:42	9:14	1:52:55
57	602	Alex Woo	Lexington	KY	43	57	23:30	4:42	3:39	54	55:28	15.7	2:24	59	34:09	11:23	1:59:08
58	84	Stephen Charbonnet	Shorewood	MN	43	59	27:47	5:34	5:16	55	55:30	15.7	3:01	54	28:23	9:28	1:59:56
59	416	Jeff Peters	Excelsior	MN	44	55	22:41	4:33	4:31	59	1:05:45	13.2	1:13	51	27:43	9:15	2:01:51

=====

FEMALE AGE GROUP 40 - 44

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	222	Angie Hop-Mracek	Rosemount	MN	41	2	11:57	2:24	1:53	1	41:00	21.2	0:49	5	21:54	7:18	1:17:31
2	103	Juli Currie	Chanhassen	MN	40	4	13:00	2:36	1:41	2	42:14	20.6	0:44	1	20:57	6:59	1:18:34
3	153	Sarah Foley	Cologne	MN	41	7	13:21	2:41	1:29	4	43:02	20.2	0:58	3	21:12	7:04	1:20:01
4	404	Nicole Osmundson	Sioux Falls	SD	41	14	14:47	2:58	1:53	5	43:35	20.0	0:44	8	22:50	7:37	1:23:47
5	640	Sara Ahlquist	Minnetonka	MN	42	9	14:16	2:52	1:42	6	44:24	19.6	0:55	10	23:26	7:49	1:24:41

6	76	Patty Campbell	Plymouth	MN	43	3	12:34	2:31	1:09	10	46:11	18.8	0:54	15	24:14	8:05	1:25:00
7	282	Alison Knapp	Saint Paul	MN	41	23	16:20	3:16	3:11	3	42:51	20.3	1:02	7	22:22	7:28	1:25:44
8	58	Jill Bollettieri	Saint Louis Park	MN	42	1	11:39	2:20	2:03	19	48:29	17.9	0:49	9	23:08	7:43	1:26:07
9	186	Sarah Grobel	Victoria	MN	41	8	13:53	2:47	2:30	7	44:53	19.4	1:20	17	24:44	8:15	1:27:18
10	431	Liz Promer	Roseville	MN	41	22	16:02	3:13	1:59	12	46:32	18.7	1:39	6	22:15	7:25	1:28:24
11	228	Therese Hovard	Edina	MN	43	18	15:11	3:03	1:56	15	46:53	18.6	1:19	11	23:37	7:53	1:28:54
12	263	Amy Kelly	Saint Paul	MN	42	28	16:52	3:23	2:45	20	48:37	17.9	1:17	2	21:08	7:03	1:30:36
13	236	Rea James	Long Lake	MN	41	6	13:07	2:38	2:01	25	50:05	17.4	1:14	18	24:54	8:18	1:31:20
14	386	Julie Nessly	Chanhassen	MN	44	13	14:44	2:57	3:12	13	46:46	18.6	1:16	25	25:35	8:32	1:31:31
15	536	Stephanie Tollefson	Chanhassen	MN	41	19	15:14	3:03	1:42	17	48:14	18.0	1:31	21	25:20	8:27	1:31:58
16	271	Erin Kieleley	Orono	MN	40	32	17:23	3:29	3:03	21	48:44	17.9	1:38	4	21:41	7:14	1:32:28
17	166	Lori Gengler	Plymouth	MN	40	34	17:58	3:36	2:03	9	45:55	18.9	1:13	24	25:30	8:30	1:32:35
18	394	Cheryl O'Connell	Eden Prairie	MN	41	21	15:59	3:12	2:25	11	46:23	18.8	1:40	30	26:54	8:58	1:33:19
19	644	Christie McCarthy	Eden Prairie	MN	42	29	16:59	3:24	2:12	14	46:49	18.6	1:23	31	27:00	9:00	1:34:20
20	91	Tara Collins	Minnetrista	MN	40	11	14:29	2:54	2:58	27	51:08	17.0	1:44	14	24:13	8:05	1:34:30
21	403	Marissa Onheiber	Golden Valley	MN	44	20	15:29	3:06	2:34	18	48:22	18.0	1:09	33	27:08	9:03	1:34:40
22	420	Gloria Piche	Duluth	MN	41	26	16:36	3:20	2:13	8	45:49	19.0	1:24	39	29:08	9:43	1:35:08
23	224	Melissa Horner	Tonka Bay	MN	42	27	16:43	3:21	3:00	24	50:03	17.4	2:13	12	23:48	7:56	1:35:44
24	395	Pam O'Connor	Chanhassen	MN	42	12	14:34	2:55	2:14	22	48:45	17.8	1:29	43	29:50	9:57	1:36:50
25	448	Kathleen Roller	Orono	MN	43	40	19:00	3:48	1:59	16	47:50	18.2	1:36	29	26:49	8:57	1:37:11
26	69	Melissa Bunde	Madison Lake	MN	42	36	18:05	3:37	2:49	23	48:50	17.8	1:38	28	26:38	8:53	1:37:58
27	155	Nicole Fox	Eagan	MN	43	17	15:01	3:01	5:22	31	52:17	16.6	1:12	16	24:29	8:10	1:38:19
28	23	Wendy Asplund	Excelsior	MN	40	5	13:05	2:37	3:15	30	52:03	16.7	1:47	37	28:39	9:33	1:38:48
29	291	Nancy Kotovic	Excelsior	MN	40	39	18:49	3:46	1:59	26	50:11	17.3	1:45	27	26:30	8:50	1:39:12
30	501	Heather Sterner	Minnetonka	MN	41	10	14:23	2:53	3:26	28	51:24	16.9	1:14	38	29:05	9:42	1:39:30
31	200	Kari Harrison	Farmington	MN	40	24	16:24	3:17	3:02	29	51:45	16.8	1:30	35	28:02	9:21	1:40:42
32	134	Anne Eichelman	Greenwood	MN	41	15	14:48	2:58	4:32	39	54:59	15.8	2:21	23	25:26	8:29	1:42:05
33	112	Wendy Dellis	Richfield	MN	44	38	18:46	3:46	3:11	35	53:32	16.3	2:00	22	25:25	8:29	1:42:53
34	319	Cindy Lesage	Chanhassen	MN	43	43	21:57	4:24	2:46	34	53:30	16.3	0:58	13	23:49	7:57	1:42:58
35	354	Jennifer Meles	Chanhassen	MN	43	30	17:09	3:26	2:41	36	54:19	16.0	0:57	44	30:00	10:00	1:45:04
36	286	Krista Knudsen	Minnetonka	MN	43	35	18:03	3:37	3:40	40	56:00	15.5	1:45	26	25:40	8:34	1:45:06
37	241	Jodie Jennings	Saint Louis Park	MN	44	16	14:55	2:59	4:43	42	57:16	15.2	2:25	32	27:00	9:00	1:46:18
38	546	Ernestina Troielli	Maple Grove	MN	41	33	17:33	3:31	3:19	37	54:19	16.0	2:36	40	29:09	9:43	1:46:55
39	303	Christy Lacourse	Deephaven	MN	41	46	22:55	4:35	5:06	38	54:25	16.0	2:25	19	25:00	8:20	1:49:50
40	51	Colene Blank	Saint Paul	MN	40	25	16:32	3:19	3:39	33	53:17	16.3	2:36	46	34:39	11:33	1:50:41
41	548	Michelle Tucker	Saint Paul	MN	43	45	22:26	4:30	5:30	32	52:38	16.5	1:54	42	29:45	9:55	1:52:11
42	490	Ann St. Clair	St. Louis Park	MN	43	37	18:30	3:42	4:54	44	1:00:10	14.5	1:05	34	27:46	9:16	1:52:23
43	471	Noelle Sheehan	Eden Prairie	MN	44	44	22:13	4:27	4:31	41	56:19	15.4	1:51	36	28:28	9:30	1:53:20
44	157	Amy Freed	Excelsior	MN	42	31	17:17	3:28	6:04	46	1:04:24	13.5	1:50	20	25:18	8:26	1:54:52
45	603	Angela Woo	Minnetrista	MN	42	41	20:23	4:05	3:28	45	1:03:54	13.6	0:59	41	29:31	9:51	1:58:12
46	117	Jennifer Dietz	Owatonna	MN	41	47	26:11	5:15	3:15	43	57:57	15.0	2:39	45	31:59	10:40	2:01:59
47	516	Rachel Sutherlin	Minnetonka	MN	42	42	21:32	4:19	6:11	47	1:04:42	13.4	3:11	47	37:10	12:24	2:12:44

=====

MALE AGE GROUP 45 - 49

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	37	Kurt Becker	Afton	MN	45	1	10:10	2:02	1:17	2	38:06	22.8	0:42	2	20:21	6:47	1:10:35
2	54	Douglas Boehme	Woodbury	MN	46	4	11:43	2:21	1:37	3	38:11	22.8	0:45	3	20:31	6:51	1:12:45
3	281	David Knack	Prior Lake	MN	49	5	12:16	2:28	1:44	5	39:47	21.9	0:41	1	20:12	6:44	1:14:38
4	497	Gregg Steiger	Minnetonka	MN	46	18	14:16	2:52	1:29	1	37:52	23.0	1:25	7	21:20	7:07	1:16:21
5	473	Eric Showers	Minnetonka	MN	49	8	13:01	2:37	1:39	6	40:19	21.6	0:46	9	21:46	7:16	1:17:28
6	550	Thorn Turner	Shorewood	MN	49	2	11:19	2:16	1:56	18	43:31	20.0	0:59	6	21:02	7:01	1:18:46
7	567	Tim J Walker	Minnetonka	MN	45	13	13:49	2:46	2:00	4	39:22	22.1	0:45	15	23:33	7:51	1:19:27
8	264	Edward Kelly	Saint Paul	MN	47	7	12:57	2:36	3:03	7	40:22	21.6	0:44	13	23:04	7:42	1:20:08
9	24	Mark Augdahl	Chaska	MN	46	9	13:21	2:41	2:02	14	42:58	20.2	1:06	5	20:53	6:58	1:20:19
10	318	Andy Leier	Shakopee	MN	46	21	15:04	3:01	2:09	10	41:57	20.7	1:05	4	20:50	6:57	1:21:04

11	440	Bob Revoir	Plymouth	MN	48	22	15:06	3:02	2:08	11	42:17	20.6	1:01	8	21:30	7:10	1:22:01
12	358	Troy Meyer	Victoria	MN	46	19	14:27	2:54	2:12	9	41:49	20.8	1:07	12	22:54	7:38	1:22:26
13	324	Dave Link	Eden Prairie	MN	45	11	13:33	2:43	2:06	12	42:57	20.3	0:55	18	24:07	8:03	1:23:35
14	315	David (morse Leavenwort	Orono	MN	45	17	14:12	2:51	1:29	24	44:32	19.5	0:56	14	23:05	7:42	1:24:11
15	489	Robert Spencer	Minneapolis	MN	46	3	11:32	2:19	2:07	22	44:11	19.7	0:52	32	26:08	8:43	1:24:46
16	384	Lawrence Nemecek	Minnetrista	MN	45	16	14:10	2:50	2:00	21	43:56	19.8	1:54	11	22:50	7:37	1:24:48
17	457	Ken Saddler	Chanhassen	MN	47	14	13:57	2:48	2:28	13	42:57	20.3	1:23	24	24:47	8:16	1:25:29
18	139	Jay Erb	Chanhassen	MN	45	15	14:00	2:48	2:37	23	44:29	19.6	0:59	26	25:05	8:22	1:27:08
19	465	Kurt Schultz	Lakeville	MN	49	24	16:00	3:12	2:00	15	43:05	20.2	1:37	21	24:32	8:11	1:27:12
20	472	Scott Shepard	Minnetonka	MN	47	27	16:11	3:15	2:32	25	45:07	19.3	1:36	16	23:48	7:56	1:29:12
21	494	Scott Stanek	Prior Lake	MN	47	33	17:53	3:35	3:16	29	46:11	18.8	1:32	10	21:52	7:18	1:30:42
22	185	Tom Griffin	Bloomington	MN	49	25	16:02	3:13	2:06	27	45:43	19.0	0:46	33	26:13	8:45	1:30:49
23	62	Neal Bradsher	Eden Prairie	MN	45	12	13:39	2:44	3:32	37	48:25	18.0	0:55	23	24:38	8:13	1:31:07
24	397	Bryan Olson	Victoria	MN	45	32	17:53	3:35	2:07	26	45:21	19.2	0:58	25	24:58	8:20	1:31:15
25	443	Donald Rix	Chanhassen	MN	46	23	15:41	3:09	2:02	19	43:33	20.0	1:30	39	28:33	9:31	1:31:17
26	446	Mike Rogers	Minnetonka	MN	47	29	16:40	3:20	2:41	30	46:47	18.6	1:43	29	25:29	8:30	1:33:18
27	168	Kevin Gilligan	Saint Paul	MN	46	35	18:29	3:42	3:18	28	45:45	19.0	1:26	20	24:28	8:10	1:33:23
28	111	Jay Dellis	Richfield	MN	45	42	23:21	4:41	2:59	8	41:44	20.8	2:01	17	23:51	7:57	1:33:53
29	176	Tim Goodyear	Minnetonka	MN	45	10	13:31	2:43	3:55	39	50:11	17.3	2:09	19	24:25	8:09	1:34:08
30	338	Dan Maras	Shakopee	MN	46	20	14:31	2:55	3:14	35	47:34	18.3	2:03	38	27:26	9:09	1:34:47
31	332	Dan Lund	Chanhassen	MN	47	31	17:38	3:32	3:44	16	43:08	20.2	1:27	40	28:59	9:40	1:34:56
32	244	Ken Jensen	Minnetonka	MN	47	43	23:33	4:43	1:52	20	43:47	19.9	0:55	28	25:25	8:29	1:35:31
33	557	Nick Vetter	Minneapolis	MN	47	28	16:17	3:16	4:01	36	48:07	18.1	1:06	35	26:22	8:48	1:35:51
34	77	Jr Campuzano	Shorewood	MN	47	36	19:16	3:52	4:28	31	46:55	18.5	2:06	22	24:36	8:12	1:37:18
35	411	Paul Pasko	Minnetonka	MN	47	39	22:03	4:25	3:42	17	43:22	20.1	2:07	36	26:25	8:49	1:37:37
36	216	Greg Holcomb	Chaska	MN	46	37	20:36	4:08	4:40	32	47:07	18.5	1:43	30	26:03	8:41	1:40:08
37	437	Tim Regan	Deephaven	MN	46	44	24:18	4:52	3:10	38	48:32	17.9	0:46	27	25:15	8:25	1:41:59
38	388	Jeff Newhouse	Minnetonka	MN	47	38	21:27	4:18	3:16	40	51:44	16.8	2:04	31	26:08	8:43	1:44:37
39	270	Daniel Kessler	Chaska	MN	47	26	16:08	3:14	3:05	41	52:32	16.6	1:54	46	33:56	11:19	1:47:33
40	436	Mark Rabogliatti	Eden Prairie	MN	47	34	17:57	3:36	2:25	45	59:46	14.6	1:17	34	26:13	8:45	1:47:36
41	191	Kevin Gust	Burnsville	MN	48	45	27:21	5:29	3:43	33	47:12	18.4	1:25	41	29:13	9:45	1:48:52
42	613	John Zattoni	Eden Prairie	MN	46	47	27:30	5:30	2:31	34	47:33	18.3	1:25	42	30:22	10:08	1:49:19
43	113	Jim Denn	Edina	MN	47	30	16:50	3:22	4:30	44	57:54	15.0	1:06	43	30:26	10:09	1:50:44
44	208	Ken Hawkinson	Lakeville	MN	47	46	27:22	5:29	2:42	42	54:07	16.1	2:14	37	26:53	8:58	1:53:14
45	29	Pete Baker	Chanhassen	MN	47	41	22:47	4:34	3:48	43	54:41	15.9	1:49	45	32:44	10:55	1:55:48
46	503	Martin Stillman	St. Louis Park	MN	46	40	22:42	4:33	6:17	46	1:02:12	14.0	1:57	44	32:21	10:47	2:05:27
47	562	James Vos	Golden Valley	MN	49	6	12:52	2:35	17:45	47	1:02:57	13.8	2:12	47	35:25	11:49	2:11:09

=====

FEMALE AGE GROUP 45 - 49

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	138	Leslie Englert	Maple Grove	MN	45	6	13:15	2:39	1:31	2	42:49	20.3	1:07	1	22:42	7:34	1:21:23
2	531	Millicent Thweatt	Lakeville	MN	49	4	12:21	2:29	2:21	4	44:32	19.5	1:02	3	23:12	7:44	1:23:25
3	540	Beth Trautman	Medina	MN	45	12	16:28	3:18	1:35	1	42:11	20.6	1:00	5	23:34	7:52	1:24:46
4	508	Carrie Stolar	Chanhassen	MN	45	1	10:22	2:05	2:18	11	47:22	18.4	1:21	9	24:41	8:14	1:26:01
5	136	Karen Eklin	Plymouth	MN	48	7	14:09	2:50	1:26	6	45:46	19.0	1:18	4	23:27	7:49	1:26:03
6	479	Caroline Skaar-Page	Eden Prairie	MN	45	11	15:37	3:08	2:22	3	43:18	20.1	1:20	7	24:38	8:13	1:27:13
7	466	Barbara Scouler	Excelsior	MN	49	2	10:43	2:09	2:05	10	47:14	18.4	1:31	15	25:58	8:40	1:27:29
8	302	Dawn Labiosa	Apple Valley	MN	47	5	13:04	2:37	1:44	8	46:35	18.7	1:13	12	25:28	8:30	1:28:01
9	172	Lisa Goepfert	Blaine	MN	49	9	15:05	3:01	1:57	7	46:15	18.8	0:50	8	24:40	8:14	1:28:45
10	493	Laurie Stanek	Prior Lake	MN	48	14	16:47	3:22	1:54	5	45:37	19.1	1:26	6	24:10	8:04	1:29:52
11	79	Joan Casey	St Louis Park	MN	47	3	12:16	2:28	1:44	13	49:12	17.7	1:38	16	26:01	8:41	1:30:49
12	239	Colleen Jason	Eden Prairie	MN	47	8	14:34	2:55	3:21	19	52:31	16.6	1:35	2	22:48	7:36	1:34:46
13	357	Marcie Meyer	Victoria	MN	46	15	16:54	3:23	2:17	12	48:53	17.8	1:03	17	27:04	9:02	1:36:09
14	299	Tracey Kubitz	Wayzata	MN	46	18	19:36	3:56	3:20	9	46:59	18.5	1:39	10	24:53	8:18	1:36:26
15	571	Katherine Walz	Plymouth	MN	49	17	18:58	3:48	1:49	18	52:16	16.6	1:21	14	25:53	8:38	1:40:14

16	137	Missy Elder	Chanhassen	MN	48	23	19:49	3:58	3:15	14	49:50	17.5	2:16	18	27:51	9:17	1:42:59
17	202	Colleen Harristhal	Chanhassen	MN	46	21	19:46	3:58	4:04	17	52:15	16.7	1:29	13	25:35	8:32	1:43:08
18	435	Denise Rabogliatti	Eden Prairie	MN	48	10	15:09	3:02	2:35	23	58:45	14.8	1:05	19	27:59	9:20	1:45:30
19	476	Melissa Sigel	Minnetonka	MN	45	16	17:32	3:31	3:34	16	51:58	16.7	1:44	22	31:24	10:28	1:46:11
20	410	Michele Pasko	Minnetonka	MN	46	20	19:42	3:57	4:13	15	51:05	17.0	3:11	21	30:36	10:12	1:48:44
21	360	Carol Miles	Hartford	SD	47	13	16:43	3:21	3:22	24	1:04:26	13.5	1:47	11	25:18	8:26	1:51:34
22	343	Tiffani McCallon	St. Louis Park	MN	45	19	19:39	3:56	3:46	21	57:39	15.1	1:06	20	29:37	9:53	1:51:46
23	523	Maria Swenson	Orono	MN	47	22	19:49	3:58	3:33	20	55:39	15.6	2:00	23	31:31	10:31	1:52:31
24	385	Jennifer Ness	Wayzata	MN	45	24	20:14	4:03	2:11	22	57:50	15.0	1:49	24	34:33	11:31	1:56:36
25	455	Laura Ryan	St Louis Park	MN	47	25	20:46	4:10	5:29	25	1:04:45	13.4	2:44	25	39:47	13:16	2:13:30
26	341	Johanna Marquardt	Victoria	MN	46	26	28:25	5:41	5:21	26	1:05:51	13.2	1:40	26	41:07	13:43	2:22:22

MALE AGE GROUP 50 - 54

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	399	Kevin Olson	Orono	MN	53	2	11:13	2:15	1:06	2	37:28	23.2	0:41	8	21:46	7:16	1:12:14
2	556	Kirk Vesterstein	Duluth	MN	50	8	13:31	2:43	1:58	1	37:25	23.3	0:48	1	18:58	6:20	1:12:38
3	173	Dave Goldberg	Excelsior	MN	51	3	11:14	2:15	1:22	6	40:19	21.6	0:44	3	20:03	6:41	1:13:41
4	311	Brian Lavelle	Chaska	MN	50	5	11:39	2:20	1:21	5	39:52	21.8	0:46	4	20:27	6:49	1:14:03
5	543	John Trettel	Excelsior	MN	53	12	13:52	2:47	2:05	13	42:10	20.6	0:45	2	19:03	6:21	1:17:53
6	376	Paul Mullaney	Chanhassen	MN	51	4	11:25	2:17	2:03	8	41:14	21.1	1:03	9	22:22	7:28	1:18:05
7	48	John Bird	Chanhassen	MN	50	6	12:13	2:27	2:01	12	42:05	20.7	1:10	12	22:42	7:34	1:20:09
8	34	Patrick Baskfield	Madelia	MN	54	17	14:59	3:00	1:41	3	39:35	22.0	2:50	6	21:11	7:04	1:20:13
9	509	Dan Stone	Maple Grove	MN	54	16	14:56	3:00	1:46	4	39:35	22.0	3:26	7	21:38	7:13	1:21:18
10	585	John Weum	Eden Prairie	MN	51	1	11:08	2:14	1:34	14	43:12	20.1	1:17	19	24:12	8:04	1:21:21
11	474	Wayne Siegel	St. Louis Park	MN	50	19	15:47	3:10	3:16	7	40:54	21.3	0:44	5	20:57	6:59	1:21:36
12	90	Thomas Coles	Apple Valley	MN	51	7	13:20	2:40	2:28	11	41:54	20.8	1:19	14	23:10	7:44	1:22:09
13	97	Darrell Coyle	Prior Lake	MN	50	11	13:47	2:46	2:12	10	41:49	20.8	2:17	17	23:52	7:58	1:23:55
14	526	Steve Theis	Deephaven	MN	52	10	13:45	2:45	2:09	17	43:54	19.8	1:22	16	23:49	7:57	1:24:56
15	201	Chris Harristhal	Minneapolis	MN	50	13	14:03	2:49	2:39	19	44:36	19.5	1:50	10	22:31	7:31	1:25:37
16	258	Vince Justinak	Blaine	MN	54	22	16:18	3:16	2:45	9	41:37	20.9	1:27	25	26:16	8:46	1:28:20
17	151	John Flaa	Plymouth	MN	50	15	14:10	2:50	2:14	30	48:15	18.0	1:28	15	23:18	7:46	1:29:24
18	212	Randy Herman	Excelsior	MN	53	23	16:26	3:18	2:53	24	46:30	18.7	1:22	11	22:36	7:32	1:29:45
19	340	Bob Marchetti	Champlin	MN	54	14	14:04	2:49	2:34	18	44:32	19.5	2:12	26	26:27	8:49	1:29:48
20	427	Thomas Pohlrad	Shorewood	MN	52	18	15:21	3:05	2:30	26	47:17	18.4	1:27	18	24:06	8:02	1:30:39
21	105	Jeff Daly	Lakeville	MN	52	28	17:09	3:26	2:12	20	45:00	19.3	1:36	21	25:34	8:32	1:31:29
22	374	Dave Mulcrone	Shakopee	MN	52	25	16:57	3:24	2:51	27	47:32	18.3	1:06	13	23:09	7:43	1:31:32
23	36	Terry Beachey	Excelsior	MN	50	33	19:40	3:56	2:29	16	43:33	20.0	1:11	22	25:43	8:35	1:32:33
24	363	Peter Miller	Zimmerman	MN	54	30	17:42	3:33	2:19	21	45:43	19.0	1:14	24	26:02	8:41	1:32:59
25	314	Tim Leach	Minneapolis	MN	54	9	13:35	2:43	3:22	28	47:38	18.3	2:11	27	26:29	8:50	1:33:14
26	41	Jim Bell	Victoria	MN	54	29	17:16	3:28	2:11	23	46:12	18.8	1:25	29	27:06	9:02	1:34:08
27	120	Michael Dimond	Excelsior	MN	53	34	19:57	4:00	3:18	15	43:29	20.0	1:15	28	26:38	8:53	1:34:36
28	210	Dave Heine	Eden Prairie	MN	51	21	15:55	3:11	5:19	29	47:41	18.2	1:33	31	27:49	9:17	1:38:15
29	483	Phillip Smith	Shorewood	MN	51	26	17:00	3:24	2:44	32	53:31	16.3	1:26	20	25:34	8:32	1:40:13
30	378	Richard Nazarian	Excelsior	MN	50	35	22:49	4:34	4:01	22	46:08	18.9	2:26	23	25:43	8:35	1:41:06
31	578	Rich Weeks	Eden Prairie	MN	51	24	16:53	3:23	2:48	25	46:56	18.5	2:35	34	33:32	11:11	1:42:42
32	563	David Voss	Minneapolis	MN	50	20	15:51	3:11	2:55	34	53:49	16.2	2:59	30	27:18	9:06	1:42:50
33	580	Tom Wentz	Burnsville	MN	54	32	18:24	3:41	3:10	31	52:47	16.5	1:56	35	34:27	11:29	1:50:41
34	196	Dan Halpern	St. Louis Park	MN	51	31	17:49	3:34	6:08	36	1:00:01	14.5	2:06	32	27:58	9:20	1:54:01
35	27	Bill Baker	Minnetonka	MN	53	36	23:20	4:40	5:00	33	53:42	16.2	3:52	33	28:18	9:26	1:54:10
36	106	Kevin Dana	Chaska	MN	50	27	17:05	3:25	7:36	35	56:16	15.5	2:48	36	34:58	11:40	1:58:41

FEMALE AGE GROUP 50 - 54

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	348	Colleen McCormick	Isanti	MN	50	2	14:02	2:49	1:49	1	43:55	19.8	1:34	1	21:28	7:10	1:22:47
2	278	Amy Klosterman	White Bear Lake	MN	50	1	12:51	2:35	1:42	2	44:08	19.7	0:37	2	24:14	8:05	1:23:30
3	415	Mary Perlich	Minnetonka	MN	50	3	15:54	3:11	2:33	3	47:14	18.4	1:14	4	27:53	9:18	1:34:45
4	418	Janene Phillips	Eden Prairie	MN	52	4	17:00	3:24	3:15	4	52:30	16.6	1:42	3	26:32	8:51	1:40:58
5	233	Daphne Immele	Minneapolis	MN	50	7	21:03	4:13	3:35	5	57:22	15.2	2:42	7	30:50	10:17	1:55:31
6	123	Carol Donne	Chanhassen	MN	52	8	22:01	4:25	4:33	7	59:40	14.6	0:59	5	28:31	9:31	1:55:42
7	119	Janice Dimond	Excelsior	MN	52	6	20:31	4:07	6:09	6	57:30	15.1	2:17	8	35:09	11:43	2:01:34
8	145	Barb Falzone	St. Louis Park	MN	51	5	17:06	3:26	5:40	8	1:08:24	12.7	2:02	6	28:43	9:35	2:01:53

MALE AGE GROUP 55 - 59

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	10	Jack Alexander	San Antonio	TX	57	1	12:10	2:26	1:00	1	38:09	22.8	0:50	1	19:41	6:34	1:11:48
2	150	Skip Fitting	Buffalo	MN	57	4	13:54	2:47	1:24	2	39:43	21.9	0:53	2	20:20	6:47	1:16:13
3	156	Greg Franzen	Plymouth	MN	57	2	12:31	2:31	1:46	6	42:08	20.6	1:05	4	21:51	7:17	1:19:20
4	169	Paul Glade	Cedar Falls	IA	57	8	15:01	3:01	1:11	3	41:33	20.9	1:04	3	21:12	7:04	1:20:00
5	12	Mark Ambrosen	Excelsior	MN	58	5	14:00	2:48	2:07	4	41:34	20.9	1:07	5	22:38	7:33	1:21:23
6	307	Peter Lancaster	Minneapolis	MN	57	3	13:25	2:41	2:32	5	41:58	20.7	1:33	7	22:53	7:38	1:22:20
7	326	Frank Lombardo	Lakeville	MN	58	9	15:18	3:04	1:39	7	42:36	20.4	1:27	6	22:47	7:36	1:23:45
8	94	Scott Coryell	St Paul	MN	58	10	15:33	3:07	2:38	8	42:37	20.4	2:20	8	24:02	8:01	1:27:08
9	330	Dick Lowry	North Mankato	MN	55	6	14:07	2:50	1:58	9	45:54	19.0	1:32	11	26:42	8:54	1:30:10
10	347	Thomas McConville	Osseo	MN	59	17	20:59	4:12	3:02	10	46:00	18.9	1:12	13	28:22	9:28	1:39:33
11	333	Tom Lyons	Excelsior	MN	59	7	14:29	2:54	3:15	11	49:26	17.6	2:20	14	30:08	10:03	1:39:35
12	406	Bob Oxborough	Plymouth	MN	56	13	17:07	3:26	3:23	12	51:18	17.0	2:31	9	26:01	8:41	1:40:17
13	238	Gary Jarrett	Shorewood	MN	57	11	15:49	3:10	3:28	13	52:25	16.6	2:11	10	26:33	8:51	1:40:25
14	424	Steve Pinick	Chanhassen	MN	55	12	16:00	3:12	5:07	14	53:07	16.4	2:05	15	32:19	10:47	1:48:35
15	425	David Piper	Minneapolis	MN	58	14	18:39	3:44	4:43	16	58:13	14.9	1:10	12	26:58	9:00	1:49:42
16	551	Carl Tuura	Plymouth	MN	57	15	19:20	3:52	3:47	15	57:27	15.1	2:26	16	32:24	10:48	1:55:22
17	130	Philip Dunlay	Minnetonka	MN	55	18	22:17	4:28	4:16	18	59:45	14.6	3:24	17	32:51	10:57	2:02:32
18	218	Bob Holloway	St Louis Park	MN	55	19	24:50	4:58	3:40	17	58:39	14.8	2:08	18	37:26	12:29	2:06:42
19	18	Mark Anderson	Excelsior	MN	56	16	20:07	4:02	5:57	19	1:04:15	13.5	4:04	19	38:57	12:59	2:13:18
20	116	Ted Dickey	Chaska	MN	56	20	33:54	6:47									

FEMALE AGE GROUP 55 - 59

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	487	Peg Sorensen	Chaska	MN	55	1	13:23	2:41	2:39	1	46:32	18.7	1:10	4	27:15	9:05	1:30:57
2	220	Susan Holt	Plymouth	MN	56	2	13:58	2:48	2:48	3	49:35	17.5	1:28	2	26:56	8:59	1:34:42
3	456	Mary Ryan	Minnetrista	MN	56	4	18:48	3:46	2:36	2	49:29	17.6	1:42	1	23:18	7:46	1:35:51
4	438	Pady Regnier	Bloomington	MN	56	3	16:47	3:22	3:02	4	49:35	17.5	1:36	3	27:09	9:03	1:38:08
5	598	Vicki Windfeldt	Eden Prairie	MN	59	5	27:22	5:29	6:13	5	1:22:41	10.5	2:44				

MALE AGE GROUP 60 - UP

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	192	Marcus Gustafson	Edina	MN	60	2	14:20	2:52	1:42	1	41:43	20.9	1:58	8	27:49	9:17	1:27:30
2	14	Tom Amundson	Minneapolis	MN	61	5	15:01	3:01	1:53	4	44:50	19.4	1:13	4	24:37	8:13	1:27:32
3	532	William Thweatt	Lakeville	MN	61	1	14:01	2:49	2:27	2	44:17	19.6	1:51	5	25:54	8:38	1:28:29

4	178	Eric Goullaud	Plymouth	MN	67	3	14:26	2:54	2:00	3	44:33	19.5	1:30	6	26:08	8:43	1:28:36
5	268	Ian Kerr	Shorewood	MN	62	6	16:09	3:14	4:05	5	47:51	18.2	1:28	2	23:06	7:42	1:32:38
6	101	Mark Cryderman	Howell	MI	65	12	18:12	3:39	5:12	6	48:43	17.9	2:26	1	22:39	7:33	1:37:11
7	226	Jerry House	Woodbury	MN	64	15	20:23	4:05	2:33	9	50:01	17.4	2:13	3	23:54	7:58	1:39:02
8	188	Joe Gryskiewicz	Edina	MN	63	7	16:32	3:19	5:11	8	49:17	17.7	2:09	9	28:46	9:36	1:41:54
9	109	Jeff Day	Plymouth	MN	63	14	19:18	3:52	4:02	12	52:34	16.6	1:11	7	26:33	8:51	1:43:36
10	163	Thomas Fulton	Saint Louis Park	MN	65	10	17:37	3:32	2:55	7	49:14	17.7	2:07	13	31:46	10:36	1:43:38
11	477	J. Richard Simpson	Chanhassen	MN	63	11	18:05	3:37	4:44	10	50:36	17.2	2:27	10	28:50	9:37	1:44:41
12	33	James Barthel	Dellwood	MN	65	13	18:35	3:43	3:49	11	51:39	16.8	2:42	11	30:44	10:15	1:47:27
13	260	Joe Kandiko	Excelsior	MN	62	4	15:00	3:00	2:56	14	54:11	16.1	3:26	14	34:12	11:24	1:49:43
14	524	Mike Tenney	Excelsior	MN	67	8	16:56	3:24	4:50	13	53:51	16.2	3:02	16	37:42	12:34	1:56:20
15	570	Peter Walman	Minneapolis	MN	70	9	17:12	3:27	4:12	15	57:47	15.1	1:51	15	36:02	12:01	1:57:02
16	100	Lyle Crider	Shakopee	MN	69	16	23:55	4:47	5:22	16	1:03:06	13.8	1:11	12	30:56	10:19	2:04:29

=====

FEMALE AGE GROUP 60 - UP

=====

Place	Bib	Name	City	St	Age	Rank	Swim	100yd	Trn.1	Rank	Bike	Rate	Trn.2	Rank	Run	Pace	Finish
1	96	Julie Courtney	Excelsior	MN	60	1	18:34	3:43	5:24	1	52:51	16.5	2:17	2	34:00	11:20	1:53:04
2	605	Jean Wood	Excelsior	MN	62	2	18:57	3:48	3:31	2	53:41	16.2	1:48	3	38:19	12:47	1:56:14
3	478	Mary Beth Simpson	Chanhassen	MN	63	5	23:05	4:37	4:42	5	1:03:01	13.8	2:18	1	33:50	11:17	2:06:54
4	533	Carrie Tietz	Excelsior	MN	62	3	19:57	4:00	5:05	4	1:02:55	13.8	4:04	5	38:21	12:47	2:10:20
5	391	Patti Oakes	Minneapolis	MN	60	4	19:59	4:00	5:08	3	1:02:51	13.8	4:05	4	38:19	12:47	2:10:21

Total Registered: 626
 Total Number of Team Finishers: 12
 Total Number of Individual Finishers: 466
 Number of Male Finishers: 293
 Number of Female Finishers: 173
 Did not Finish Race or Did Not Start: 147